# 55+ Club Schedule

April 1 - June 28, 2024

1

Occasional cancellations may occur due to special events and holidays. Schedule subject to change. Please check the website for cancellations.

#### **Q** 6240 Main Street

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A.M. PROGRAMS						
Chinese Public Square Dancing 9:30am - 11:00am	<b>Tap Dancing</b> ( <b>Seated</b> )* 11:00am – 11:30am	Chinese Public Square Dancing 9:30am – 11:00am	Practice Bridge* 10:00am - 11:30am	Chinese Public Square Dancing 9:30am – 11:00am		<b>Open Lounge</b> 11:00am – 1:00pm
Billiards, Snooker and Table Tennis 9:30am – 3:30pm	Tap Dancing (Standing)* 11:30am - 12:00pm	Billiards, Snooker and Table Tennis 9:30am – 11:00am		Billiards and Table Tennis 9:30am – 11:00am		
		P	.M. PROGRAM	S		
Art – Painting, Colouring Circle 1:00pm – 4:00pm BYO Materials	Canasta/Hand & Foot 1:00pm - 4:00pm	<b>Contract Bridge</b> 1:00pm – 4:00pm	<b>CHATS Program (\$5)</b> 1:30pm – 4:00pm	Contract Bridge and Euchre 1:00pm - 4:00pm		
	<b>Duplicate Bridge</b> 1:00pm – 4:00pm	Knitting/Crochet/ Needlework Circle 1:00pm – 4:00pm BYO Materials	<b>Cribbage</b> 1:00pm – 4:00pm	Evening Bid Euchre 6:30pm – 10:00pm		
			<b>Mahjong</b> 1:00pm – 4:00pm			

\*Program requires registration. Please call 905-642-7529 ext. 5332 or email 55plus@townofws.ca to register.

Please see the other side of this page for important information.

# **Important Information**

# **Membership**

55+ Club Membership supports and is required for drop-in activities. Become a member online, at the Leisure Centre (2 Park Drive) or at 6240 Main Street.

- Residents FREE
- Non-Residents \$26.00 annually

Programs requiring registration can be found in our seasonal Playbook and are open to adults over 55 years. 55+ Club members receive discounts on some registered programs.



### **Questions?**

Email us at 55plus@townofws.ca or give us a call at 905–642–PLAY (7529) ext. 5332.

# **Monthly Clinics**

#### **Monthly Hearing Clinic\***

First Thursday of every month, 9:30am – 12:00pm.

Register for a free appointment with an audiologist from HEAR Canada for hearing loss screening, hearing aid battery change and ear wax removal.

Free for 55+ Club Members.

#### **Monthly Foot Care Clinic\***

First Thursday of every month, 9:00am – 11:00am.

Facilitated by Memories Plus Group Home Healthcare Services, this clinic provides diabetic foot care, and treatment for dry, cracked heels, calluses, corns, ingrown, or fungal toenails.

Please note there is a fee for this Clinic.

# **Monthly Book Clubs**

There's nothing better than a good book to engage conversation and meet new friends. Book of the month will be determined by the group prior to meeting in person at 6240. Please see our seasonal Play Book for meeting dates. *Free for 55+ Club Members*.

#### Afternoon Book Club 1, 2 & 3\*

Friday, 1:30pm – 3:30pm.

#### **Evening Book Club\***

Wednesday, 7:00pm - 10:00pm.

Note

\*Program requires registration.

Please call 905-642-7529 ext. 5332 or
email 55plus@townofws.ca to register.