

Fifty-Five Plus News

July 1, 2021

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BREAKING NEWS

CONTACTS:

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Summer

Hours:
Closed
until
further
notice.

Happy Canada Day! This year, we have to be particularly grateful that we live in Canada where so many have already been vaccinated against the pandemic. We have a beautiful country and we may be able to get outdoors to enjoy it this summer!

In recognition of the recent discovery of unmarked graves of indigenous children in Saskatchewan and in Kamloops, B.C., the Town is currently flying its flags at half-mast. We honour and acknowledge this wonderful land and its people and join other Canadian communities in offering our deepest condolences to all indigenous communities.

Thanks to a grant, the Club has purchased a **Cricut machine**. It's capable of cutting balsa wood as well as various papers. We have also purchased some Cricut supplies and idea books. We have a volunteer who would love to do a workshop on card-making using the Cricut, once we can have indoor workshops. Something to look forward to!

Please let your friends know that **membership** in the 55+ Club is FREE until October! They'll receive all the communications that go out to the registered membership.

FROM THE 55+ STAFF WORKING GROUP

There was a meeting of the 55+ Club Staff Working Group on June 7, 2021. Barb Armstrong presented an update on virtual activities and mentioned the staged reopening plan, with outdoor activities first. She also informed us of changes in fees for 2021 and suggested a proposal for 2022 regarding the membership fees and drop-in fees.



VOLUNTEERS NEEDED

There have been some changes to our list of volunteers over the past year and a half. People move, people get involved with alternate activities, things happen health-wise. Indoor activities are still some months away but we're getting there! Even at this point, we need volunteers to suggest activities. Perhaps something new? We will be looking to re-establish our body of volunteers and we're hoping to add some new ones. If you can help to make things more fun at the Club, if there's something you'd like to see happening, please contact Jen. We plan to come back bigger and better than ever!



PICK YOUR OWN STRAWBERRIES

You can "pick your own strawberries" at Reesor's Market on Elgin Mills. Pre-paid reservations are required. Cost is \$13.25 for adults for a 3-litre basket (basket included). You can also go to Applewood Farm where \$12 gets you one two-litre basket. You might want to try Organics Farm at \$14 per person for a 2-litre basket (basket included). Our locally grown berries knock the socks off the imported ones! 'Tis the season!

SMILES



A man and his wife walked quickly into a dentist's office.

The man says, "Doc, I'm in one hell of a hurry. I have two buddies sitting out in my car waiting for us to go play golf, so forget about the anesthetic. I don't have time for the gums to get numb. I just want you to pull the tooth and be done with it! We have a 10:00am tee time and it's 9:30 already! I don't have time for the anesthetic to work!"

The dentist thought to himself, "Well, how 'bout that? At last ... a golfer with real guts!"

The dentist then asks, "Which tooth is it, sir?"

The man turned to his wife and said, "Open your mouth, honey, and show him!"



BIRTHDAY PEOPLE

Glenda Dunkeld, Jenet Abbott, Linda Wawryk, Sharon Doner, Virginia Gould, Lee Didier, Richard Hughes, Kay Marshall, Carolyn McLachlan, Elisabeth Schon, Betty Skinner, Susan Winn, Dianne Wiseman, Millie Amos, Bala Balasubramanian, Kevin Chisholm, Leon De Souza, Bonnie Gribbon, Barb Malcolm, Jill McWhinnie, Sue Parsons, Christine Piper, Susan Shaver, Marilyn Surti, Connie Walker, Alice Whelton. Celebrate!



CANADA DAY

Are you old enough to remember Dominion Day?

The enactment of the British North America Act was celebrated on July 1, 1867, was celebrated with the ringing of bells, fireworks and illuminations, excursions, military displays and musical and other entertainments, as described in contemporary accounts.

On June 20 of the following year, Governor General the Viscount Monck issued a royal proclamation asking for Canadians to celebrate the anniversary of Confederation. However, the holiday was not established statutorily until May 15, 1879, when it was designated as Dominion Day, alluding to the reference in the British North American Act to the country as a dominion.

In 1946, Phileas Cote, a Quebec member from the House of Commons, introduced a private member's bill to rename Dominion Day as Canada Day. The bill was quickly passed by the lower chamber but was stalled by the Senate, which effectively killed it.

Beginning in 1958, the Canadian government began to orchestrate Dominion Day celebrations, with a budget of \$14,000. Canada's centennial in 1967 is often seen as an important milestone in the history of Canadian nationalism, after which Dominion Day became more popular with average Canadians. After 1980, the Canadian government began to promote celebrating Canada Day beyond the national capital, giving grants and aid to cities across the country to help fund local activities.

Some Canadians were, by the early 1980's, informally referring to the holiday as Canada Day, a practice that caused some controversy. Proponents argued that the name Dominion Day was a holdover from the colonial era. Some maintained that it was an illegitimate and unnecessary break with tradition.

The holiday was officially renamed as a result of a private member's bill that was passed through the House of Commons on July 9, 1982. Only 12 Members of Parliament were present when the bill was taken up again, eight fewer than the necessary quorum; however, according to parliamentary rules, the quorum is enforceable only at the start of a sitting or when a member calls attention to it. The group passed the bill in five minutes, without debate, inspiring grumblings about the underhandedness of the process.

It met with stronger resistance in the Senate which urged the government to proceed in a more "dignified way." However, the Senate did eventually pass the bill. With the granting of Royal Assent, the holiday's name was officially changed to Canada Day on October 27, 1982.





STRAWBERRY CRISP RECIPE

Ingredients, Filling: 5 heaping cups fresh strawberries, hulled and quartered; ¼ cup granulated sugar, 1 tsp vanilla extract, 3 tablespoons cornstarch.

Ingredients, Topping: 1 cup all-purpose flour, ¾ cup old fashioned oats, 2/3 cup granulated sugar, 2/3 cup packed brown sugar, ½ tsp salt, ¾ tsp cinnamon, ½ cup butter, melted.

Preheat oven to 350 degrees. Grease a deep dish pie plate or large baking dish with butter or cooking spray and set aside.

Combine the chopped strawberries and sugar in a large bowl and mix until the strawberries fully absorb the sugar. Add in the cornstarch and vanilla extract and stir until all of the strawberries are evenly coated. Pour into the prepared baking dish.

In a separate medium bowl, combine the flour, oats, brown sugar, granulated sugar, salt, and cinnamon. Pour in the melted butter and stir well until well coated and crumbly. Sprinkle the crumb mixture evenly over the top of the strawberries.

Bake in the preheated oven for 35-40 minutes until fruit is bubbly and topping is golden brown. Allow to cool slightly before serving. Serve warm with vanilla ice cream on top. Enjoy!