

Fifty-Five Plus News

September 1, 2021

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BREAKING NEWS

CONTACTS:

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Summer Hours:

Closed
until
further
notice.

Well, here we are in September! Who, on March 13, 2020, when we shut down “for two weeks”, would have thought that we would still be in a holding pattern 18 months later! Some members have moved away—or even passed away. Many members have found new hobbies to fill in time. Definitely all of us have aged! We may need name tags to recognize people when we return!

The Whitchurch-Stouffville Public Library, in partnership with Well Plus Compounding Pharmacy & Medical Clinic, is offering a free Diabetes Awareness and Management seminar for adults. It will be hosted by Mina Twfic, B.Sc., Registered Pharmacist and the owner/manager of Well Plus Compounding Pharmacy. This seminar will provide adults with information on diabetes and how to manage it. Mina, who has additional courses in diabetes education, will also take questions at the end of the seminar about diabetes and living a healthy life. The seminar will be held at Well Plus Compounding Pharmacy & Medical Clinic, located at 5402 Main Street, Unit 5. Registration for this program opened on August 24 in WS Play Online. Search for barcode 18938 or contact Kate Scheiers, Coordinator of Community Engagement, at kate.scheiers@wsplibrary.ca or at 905-642-7323 ext. 5237 for more information.

FROM THE 55+ STAFF WORKING GROUP

The 55+ Club Staff Working Group met on July 26. They discussed issues regarding re-opening, including masking, contact tracing and social distancing. It is difficult to provide specifics about re-opening until the situation clarifies, particularly with the delta variant. At this time, we are waiting for provincial guidance regarding proof of vaccination.



APPLE PICKING

If your family goes apple-picking, you might try Applewood Farm (12416 McCowan). It opens on Saturday September 4. They don't take reservations and masks are mandatory. Their website offers a schedule of which apples are available at which time. They offer Ginger, Gala, Macintosh, Royal Gala, Cortland, Honey Crisp, Red Delicious, Spartan, Empire and Ambrosia. Admission is \$12 per person. Cost is \$25 for a 20 pound bag and \$15 for a 10 pound bag

You may also want to look at Nature's Gift at 14847 Warden Avenue.



ORGANIC APPLES

Organics Farm (7550 19th Avenue) offers certified organic products. They opened August 26 and do not take reservations. They offer Pristine, Ginger Gold, Red Free, Sunrise, Lobo, Prima, Sweet Sixteen, Ambrosia, Honey Crisp, Empire, Spencer, Honey Gold, Crimson Crisp, Spartan and Liberty. Admission is \$14 per person which includes a 5 pound bag. Cost is \$24 for a 10 pound bag and \$48 for a 20 pound bag.

SMILES



An elderly Florida lady did her shopping and, upon returning to her car, found four males in the act of leaving with her vehicle. She dropped her shopping bags and drew her handgun, proceeding to scream at the top of her lungs, "I have a gun, and I know how to use it! Get out of the car! The four men didn't wait for a second threat. They got out and ran like mad.

The lady, somewhat shaken, then proceeded to load her shopping bags into the back of the car and got into the driver's seat. She was so shaken that she could not get her key into the ignition. She tried and tried, and then realized why. It was for the same reason she had wondered why there was a football, a Frisbee and two 12-packs of beer in the front seat. A few minutes later, she found her own car parked four or five spaces farther down.

She loaded her bags into the car and drove to the police station to report her mistake. The sergeant to whom she told the story couldn't stop laughing. He pointed to the other end of the counter, where four pale men were reporting a carjacking by a mad, elderly woman described as white, less than five feet tall, glasses, curly white hair and carrying a large handgun. No charges were filed.

The moral of the story? If you're going to have a senior moment ...make it memorable.



BIRTHDAY PEOPLE

Maureen Irwin, Sandra Iwasiw, Mary Brauer, Sheilah Kilroy, M. Dianne MacKay, Rhonda Milos, Sheila Pope, David Bastiampillai, David Brooks, Nella Cassano, Wan Feng Chen, Lori Cliff, Keith Corbin, Heather Darroch, Rose Dykstra, Reene Eliadis, Jeanette Fernandez, Eckard Glockmann, Carol Grensted, Allen Hodgson, Margaret Ristich, Eleanor Rudge, Linda Taylor, Doug Todd, John Carlo Tomasi, Elaine Upper, Nick Vatistas, Cullan Yang, Renata Zathureczky. Celebrate!



LABOUR DAY

For most countries, Labour Day is synonymous, or linked with International Workers' Day, which occurs on May 1st. In some countries, it is known as May Day. The actual date varies by country and is celebrated on different dates, often one with special significance for the labour movement in that country.

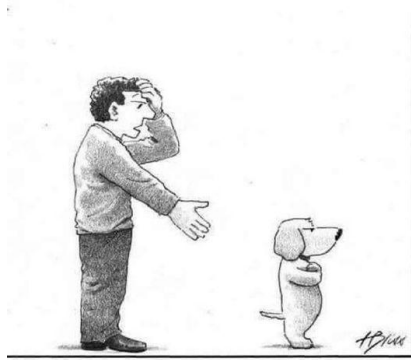
The origins of Labour Day in Canada can be traced back to a printer's revolt in 1872 in Toronto, when labourers tried to establish a maximum 54-hour work week.

At that time, any union activity as considered illegal and the organizers were jailed. Protest marches of over 10,000 formed in response. This eventually led to the Prime Minister Sir John A. Macdonald repealing the anti-union laws and arranging the release of the organizers as well.

The parades held in support of the Nine-Hour Movement and the printers' strike led to an annual celebration. This date was officially declared as a national holiday in Canada on July 23rd 1894 by the government of Prime Minister John Thompson.

Fall programs include Virtual Chair Yoga, Stretch 'n' Core, Ultra Beginner Line Dance, Mat Yoga, Historic Walk through the Jean-Baptiste Laine site, as well as Virtual Workshops on Financial Literacy, Downsizing & Decluttering, Estate Planning and Hearing Care. Details to come.

FOR DOG LOVERS



"Look, I'm sorry – I didn't mean to refer to you as 'the dog.'"

