



FITNESS SCHEDULE

Effective: August 24, 2020 – October 11, 2020

Schedule subject to change. Contact Leisure Centre at 905-642-PLAY (7529) or www.townofws.ca for most current schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness Reservation	6:30-8:00 am	7:30-9:00 am	7:30-9:00 am				
	9:00-10:30 am						
	11:30am-1:00pm	11:30am-1:00pm	11:30am-1:00pm	11:30am-1:00pm	11:30am-1:00pm	10:00-11:30 am	10:00-11:30 am
	2:00-3:30 pm	12:30 -2:00 pm	12:30 -2:00 pm				
	4:30-6:00 pm						
	7:00-8:30 pm						

*** ALL TIME SLOTS WILL BE ONLINE REGISTRATION ONLY**

***In order to meet the physical distancing requirements and provide a safe environment, registration is limited to 18 participants
Register early to avoid disappointment***

Fitness Fee*	Per Visit	Monthly Adult (18+ yrs.)	Monthly Senior (60+ yrs.)	Monthly Youth (14 - 17 yrs.)
	\$12.03	\$45.98	\$34.68	\$34.68

***NON-REFUNDABLE, includes HST**

Covid-19 Procedures

- **ONLINE** registration is required
- **If you feel unwell do not attend your reservation**
- Arrive dressed to exercise
- Bring only essential personal belongings with you, belongings will be stored in a plastic tote and carried with you throughout your workout
- Bring a water bottle, fill stations are available however fountains are not operational
- Check in at south entrance **MAXIMUM** 5 minutes before your reservation
- Don mask upon entering facility, **masks are required except while exercising**
- Locker areas and changerooms will **NOT BE AVAILABLE**
- Maintain social distancing and respect the space of others

Cleaning Process

We have adjusted our cleaning practices to adhere to government guidance, making sure it is safe and effective putting the safety of our customers and employees at the forefront of what we do.

Patrons should use wipes to clean touch points during their visit.

Facility cleaning occurs during a one-hour time frame between reservation slots. You are required to finish your routine and leave the fitness area on time to facilitate this process.

