



FITNESS SCHEDULE

Effective: October 13, 2020

Facility CLOSED – Thanksgiving Monday Oct. 12

Schedule subject to change. Contact Leisure Centre at 905-642-PLAY (7529) or www.townofws.ca for most current schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness Reservation	6:00 – 7:30 am	6:00 – 7:30 am	6:00 – 7:30 am	6:00 – 7:30 am	6:00 – 7:30 am		
	8:00- 9:30 am	8:00- 9:30 am	8:00- 9:30 am	8:00- 9:30 am	8:00- 9:30 am	7:30-9:00 am	7:30-9:00 am
	10:00am -11:30am	10:00am -11:30am	10:00am -11:30am	10:00am -11:30am	10:00am -11:30am	9:30 – 11:00 am	9:30 – 11:00 am
	12:00 - 1:30 pm	12:00 - 1:30 pm	12:00 - 1:30 pm	12:00 - 1:30 pm	12:00 - 1:30 pm	11:30am - 1:00pm	11:30am - 1:00pm
	2:00 – 3:30 pm	2:00 – 3:30 pm	2:00 – 3:30 pm	2:00 – 3:30 pm	2:00 – 3:30 pm	1:30 – 3:00 pm	1:30 – 3:00 pm
	4:00 – 5:30 pm	4:00 – 5:30 pm	4:00 – 5:30 pm	4:00 – 5:30 pm	4:00 – 5:30 pm		
	6:00 – 7:30 pm	6:00 – 7:30 pm	6:00 – 7:30 pm	6:00 – 7:30 pm	6:00 – 7:30 pm		
	8:00 – 9:30 pm	8:00 – 9:30 pm	8:00 – 9:30 pm	8:00 – 9:30 pm	8:00 – 9:30 pm		

*** ALL TIME SLOTS WILL BE ONLINE REGISTRATION ONLY, bring your membership card to scan in.**

In order to meet the physical distancing requirements and provide a safe environment, registration is limited to 18 participants

Register early to avoid disappointment. Previous fitness memberships will be activated, new memberships or renewals may be purchased at Leisure Centre Reception (East entrance of building)

FITNESS MEMBERSHIP Includes use of fitness training area *Subject to HST	Membership		Short Term per month	Per Visit
	Monthly Auto-Renew	12 Month		
Adult (18+)	\$40.92	\$450.12	\$46.04	\$10.65
Student* (full-time; 14+) Seniors (60+)	\$30.69	\$337.60	\$35.80	
Aquatics Buy-Up	\$5.00	\$55.00	\$5.00	

Covid-19 Procedures

- **ONLINE** registration is required
- **If you feel unwell do not attend your reservation**
- Arrive dressed to exercise
- Bring only essential personal belongings with you, belongings will be stored in a plastic tote
- Bring a water bottle, fill stations are available however fountains are not operational
- Check in at south entrance **MAXIMUM** 10 minutes before your reservation
- Don mask upon entering facility, **masks are required except while exercising, MASK must be worn during cool down and while transitioning between exercises.**
- Locker areas and changerooms will **NOT BE AVAILABLE**
- Maintain social distancing and respect the space of others

Cleaning Process

We have adjusted our cleaning practices to adhere to government guidance, making sure it is safe and effective putting the safety of our customers and employees at the forefront of what we do.

Patrons should use wipes to clean touch points during their visit.

Facility cleaning occurs during a 30 minute time frame between reservation slots. You are required to finish your routine and leave the fitness area on time to facilitate this process.

