

FITNESS SCHEDULE

Effective Sept. 7 – Oct. 31, 2021



Schedule subject to change. Contact Leisure Centre at 905-642-PLAY (7529) or [WS Play Online / calendars](#) for most current schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 – 7:15 am	6:00 – 7:15 am	6:00 – 7:15 am	6:00 – 7:15 am	6:00 – 7:15 am		
7:30 – 8:45 am	7:30 – 8:45 am	7:30 – 8:45 am	7:30 – 8:45 am	7:30 – 8:45 am	7:30 – 8:45 am	7:30 – 8:45 am
9:15 – 10:30 am	9:15 – 10:30 am	9:15 – 10:30 am	9:15 – 10:30 am	9:15 – 10:30 am	9:00 – 10:15 am	9:00 – 10:15 am
10:45 – 12:00 pm	10:45 – 12:00 pm	10:45 – 12:00 pm	10:45 – 12:00 pm	10:45 – 12:00 pm	10:45 – 12:00 pm	10:45 – 12:00 pm
12:30 – 1:45 pm	12:30 – 1:45 pm	12:30 – 1:45 pm	12:30 – 1:45 pm	12:30 – 1:45 pm	12:15 – 1:30 pm	12:15 – 1:30 pm
2:00 – 3:15 pm	2:00 – 3:15 pm	2:00 – 3:15 pm	2:00 – 3:15 pm	2:00 – 3:15 pm	1:45 – 3:00 pm	1:45 – 3:00 pm
3:45 – 5:00 pm	3:45 – 5:00 pm	3:45 – 5:00 pm	3:45 – 5:00 pm	3:45 – 5:00 pm		
5:15 – 6:30 pm	5:15 – 6:30 pm	5:15 – 6:30 pm	5:15 – 6:30 pm	5:15 – 6:30 pm		
7:00 – 8:15 pm	7:00 – 8:15 pm	7:00 – 8:15 pm	7:00 – 8:15 pm	7:00 – 8:15 pm		
8:30 – 9:45 pm	8:30 – 9:45 pm	8:30 – 9:45 pm	8:30 – 9:45 pm			

**Reservations should be booked in advance, bring your membership card to scan in.
Capacity is 20 participants to accommodate 2-meter social distancing**

FIT TOGETHER MEMBERSHIP Includes aquafit and group fitness classes and training room	Membership		Per Visit
	Monthly Auto-Renew	12 Month	
Adult (18 – 59 years)	\$41.90	\$460.92	\$11.06 (\$12.50 with tax)
Youth (14 – 17 years)	\$31.43	\$345.70	
Senior (60+ years)			

HST applies to all fees

Covid-19 Procedures

- Registration is required, current capacity is 20 patrons
- **If you feel unwell do not attend your reservation, onsite screening will occur prior to admittance**
- Daily screening is done with each visit. Verification of screening is presented prior to entering the gym
- Arrive dressed to exercise
- Bring only essential personal belongings with you, belongings will be stored in a plastic tote
- Bring a water bottle, fill stations are available however fountains are not operational
- Enter by south entrance **MAXIMUM** 5 minutes before your reservation
- Don mask upon entering facility, **masks are required except while exercising, MASK must be worn during cool down and while transitioning between exercises.**
- **Locker room is available for showering and changing. Lockers are NOT available. Locker area must be vacated 10 minutes beyond reservation time slot to allow for cleaning.**
- Maintain social distancing of 2 meters and respect the space of others

Cleaning Process

We have adjusted our cleaning practices to adhere to government guidance, making sure it is safe and effective putting the safety of our customers and employees at the forefront of what we do.

Patrons should use wipes to clean touch points during their visit.

Facility cleaning occurs between reservation slots. You are required to finish your routine and leave the fitness area on time to facilitate this process.

