



August 28, 2020

**FOR IMMEDIATE RELEASE**

## **TOWN FITNESS FACILITIES ARE NOW OPEN**

### **Provincial Phase 3 Allows for Town Fitness Centre to Open With Safety Precautions**

**WHITCHURCH-STOUFFVILLE, ON** – As of Monday, August 24, the Town of Whitchurch-Stouffville Fitness Centre in the Leisure Centre has re-opened with new procedures and protocols in place to maintain a safe exercise environment.

Due to COVID-19, the fitness centre has been closed as of March 15. Due to the province's Phase Three regulations, the fitness centre is permitted to open.

"We are excited to safely welcome the community back into our facilities," said Marilou Murray, Director of Leisure and Community Services. "We have taken this opening very seriously and are committed to ensuring we're doing whatever we can so that residents feel comfortable and are excited to return to our fitness facilities."

The fitness centre has undertaken several changes to enhance physical distancing and increase cleaning. The facility removed some cardio equipment, ensuring that there is always 2 meters between patrons. Weight equipment has been appropriately spaced, and the overall square footage has increased by turning the spin studio into a light exercise space. In addition, all equipment with porous surfaces has been removed from the fitness floor and to ensure that we can clean everything thoroughly, many small pieces have been removed.

For group fitness programs will now use the gymnasium, which allows us to give each patron a 2-meter box that they can move in with another 2 meters between all boxes. The cleaning of the fitness centre has greatly increased. The fitness centre will close on a frequent basis for regular cleaning to ensure a safe environment. They have also switched to using disinfecting wipes that have a Canadian Drug Identification Number (DIN).

If you are registering for the fitness centre, you have the option to pay a single visit fee or purchase a temporary membership. Reservation slots are released two weeks at a time, and there are no restrictions on how many spots you can sign-up for. However, please note that repeated

no show reservations may result in the cancellation of your membership. To cancel your reservation, please contact the fitness centre at 905-642-7529 ext. 5319 as soon as possible.

The Town of Whitchurch-Stouffville is excited to continue to find innovative ways to serve the community while taking all the regulated safety precautions outlined by the Provincial Government

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**Media Contact:** Glenn Jackson | Corporate Communications

**Telephone:** 905-640-1910 or 1-855-642 8697 Ext. 2451

**Email:** [glenn.jackson@townofws.ca](mailto:glenn.jackson@townofws.ca)