

55+ CLUB NEWSLETTER

LOOKING AHEAD

Summer time, and the livin's easy. 🎵 July is heating up.

The summer 55+ Club Drop-In schedule is available at the end of the newsletter for reference, with minor changes in July. Tap dancing will be on hold until September. While we will still be running our usual drop-in programming through the months of July and August, we anticipate a few schedule updates for the holiday, long weekends. Stay tuned.



Registered programs for the Summer session (July - August) are filling up. Summer classes will run as one, two-month session, rather than in four-week blocks. Register soon to ensure you get a spot in your favourite class. If you have questions about programs, please email Nora Jones or visit the front desk of 6240 Main Street. New summer PLAYBOOKs are available in the lounge.



Our **free, monthly hearing clinic** sponsored by HEAR Canada has spaces available for Thursday, August 3rd. The clinic operates from 9:30am-12:00pm the first Thursday of each month and provides battery checks and help with replacement, cleaning, initial hearing screening, wax removal, and the opportunity to ask questions of an audiologist. Register at the front desk of 6240 Main Street.



There is no 55+ Club **Town Hall** in the month of July. Our next monthly meeting will be held Wednesday, August 9th at 10:30am in the lounge of 6240 Main Street. Monthly Town Hall meetings are open to all members and people over 55 interested in hearing upcoming plans for programs, discussing ideas for events and sharing feedback on activities and membership experience.

55+ Club

Summer Concert Event

CLASSICAL VOCAL STANDARDS AND
SHOW TUNES PRESENTED BY
SARAH AMELARD AND SARAH'S
SINGING STUDIO

**LIGHT
REFRESHMENTS,
TEA & COFFEE
TO BE SERVED**

**WEDNESDAY
JULY 15
1:30PM AT 6240
MAIN STREET**

Free tickets will be available for registration on July 4th. Register online through Activenet, in person at 6240 Main Street or by emailing nora.jones@townofws.ca or 55plus@townws.ca. Priority will go to Activenet and in-person registrations.



AND THE WINNERS ARE...

June 2023 Scores

DUPLICATE BRIDGE

June 6: N/S, George & Sandra; E/W, Jeanette & Mary. June 20: N/S, Georgina & Jane; E/W, Trevor & Janet.
June 27: N/S, Gail and Linda; E/W, Cathi & Sue.

CONTRACT BRIDGE

June 3: Barry, 4,490. June 7: Norma, 5,570. June 9: Nelda, 5,330. June 14: Donna, 4,920. June 16: Bev, 3,490 edging out Barry (3,390). June 21: Barry, 4,960 edging out Jane (4,780). June 23: Mary, 2,690.

MAH JONG

June 1: Helen, 2,048. June 8: Donna, 6,936. June 15: Maureen, 2,388. June 22: Carol, 1,906.

BID EUCHRE

June 3: 1st, Jean, 306; 2nd, Wayne, 277; 3rd, Vic, 273; 4th Mary Lou, 263; moonshots, Wayne (3!) and Vic. June 10: 1st, Audrey, 252; 2nd, Marie, 240; 3rd, Bev, 237; 4th, Alvin, 230. June 17: 1st, Jane, 290; 2nd, George, 287; 3rd, Dorothy & Denise, 282; moonshots, Linda (2). June 24: 1st, Adam & Bernice, 280; 3rd, Mike, 279; 4th, Merlin, 229; moonshot, Mary Lou.

For information about our Drop-In card games, visit the front desk of 6240 Main Street or email Nora Jones at nora.jones@townofws.ca Thanks to Carol Morin for collecting and organizing our score information so our winners can be celebrated

THANKS TO OUR OPERATIONS & FACILITIES STAFF



Much thanks to the Town Operations and Facilities staff for the work done to install our new sign. We have already welcomed new members to the 55+ Club as they were drawn to the building by the sign's proud declaration: "55+ Club."

Additional thanks goes to our Facilities and Operations staff for re-doing the floor of our multipurpose rooms. We are grateful for the care they are showing for the building.

BOOK CLUB INFORMATION

Afternoon Book Club 1 is full. Expect to see this group meeting on 4th Friday of the month in the lounge.

Afternoon Book Club 2 and **Evening Book Club** are growing. You are invited to join Afternoon Book Club 2 on the 3rd Friday of the month. You are invited to join **Evening Book Club** monthly on the 4th Wednesday of each month at 7:00pm. Both clubs meet in the lounge of 6240 Main Street.

Registration is required and can be completed online or by visiting the front desk of 6240 Main Street. Information on the book of the month can be obtained upon registration.

SMILES





There was an old man who lived by a forest. As he grew older and older, he started losing his hair, until one day, on his deathbed, he was completely bald. That day, he called his children to a meeting...

He said, "Look at my hair. It used to be so magnificent, but it's completely gone now. My hair can't be saved. Now, look outside at the forest. It's such a lovely forest with so many trees, but sooner or later they'll all be cut down and this forest will look as bald as my head."

"What I want you to do..." the man continued. "Is, every time a tree is cut down or dies, plant a new one in my memory. Tell your descendants to do the same. It shall be our family's duty to keep this forest strong." So they did.

Each time the forest lost a tree, the children replanted one, and so did their children, and their children after them. And for centuries, the forest remained as lush and pretty as it once was, all because of one man and his re-seeding heir line.

House Rules for the 55+ Kitchen

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1. If you aren't sure how something works, please ask the front desk. We are happy to give tutorials.
 2. The kitchen will not be available for use 24-48 hours prior to Club lunches. Notices will be put up to indicate the closure. 
 3. If you use something, please clean it and put it back.
 4. Large groups **MUST** clean up the kitchen after use. *If someone has set out coffee, tea and cookies for break time, the group is responsible for cleaning it up at the end of the program or activity.



Large groups who repeatedly leave the kitchen untidy will lose open access use.

**55+ CLUB****6240 Main Street****SUMMER DROP-IN ACTIVITY SCHEDULE**July 1, 2023 – September 1st, 2023

1:00PM - 4:00PM (Unless noted otherwise)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Lounge 11AM-1PM	Chinese Public Square Dancing 9:30AM-11AM	Canasta/Hand & Foot	Chinese Public Square Dancing 9:30AM-11AM	HEAR Canada Monthly Free Hearing Clinic 10AM-12PM *Contact Nora to register	Billiards/Table Tennis 9:30AM-11AM Chinese Public Square Dancing 9:30AM-11AM	
	1:00 - 4:00PM Billiards, Snooker & Table Tennis	Duplicate Bridge *You must attend with a regular partner	Billiards, Snooker & Table Tennis 9:30AM-11AM	Practice Bridge 10:00AM-11:30AM *Contact Nora for registration	Afternoon Book Club 1 & 2 *Contact Nora for registration	
	Art – Painting BYO Materials		Contract Bridge Knitting/Crochet or needlework Circle BYO Materials	Cribbage	CONTRACT Bridge & Euchre	
	Colouring Circle BYO Materials		Evening Book Club 7pm *Contact Nora for registration	Mahjong	Evening Bid Euchre 6:30PM-10:00PM	

Programs requiring registration can be found in our Seasonal Program Guide and are open to all adults over 55.
55+ Club members receive discounts on some registered programs.

55+ Club Membership supports and is required for drop-in activities.
Sign-up for 55+ Club Membership online, at the Leisure Center (2 Park Drive) or at 6240 Main Street.
Residents - FREE / NON-Residents - \$26.00

*To contact Nora Jones for membership or registration information, please email nora.jones@townofws.ca