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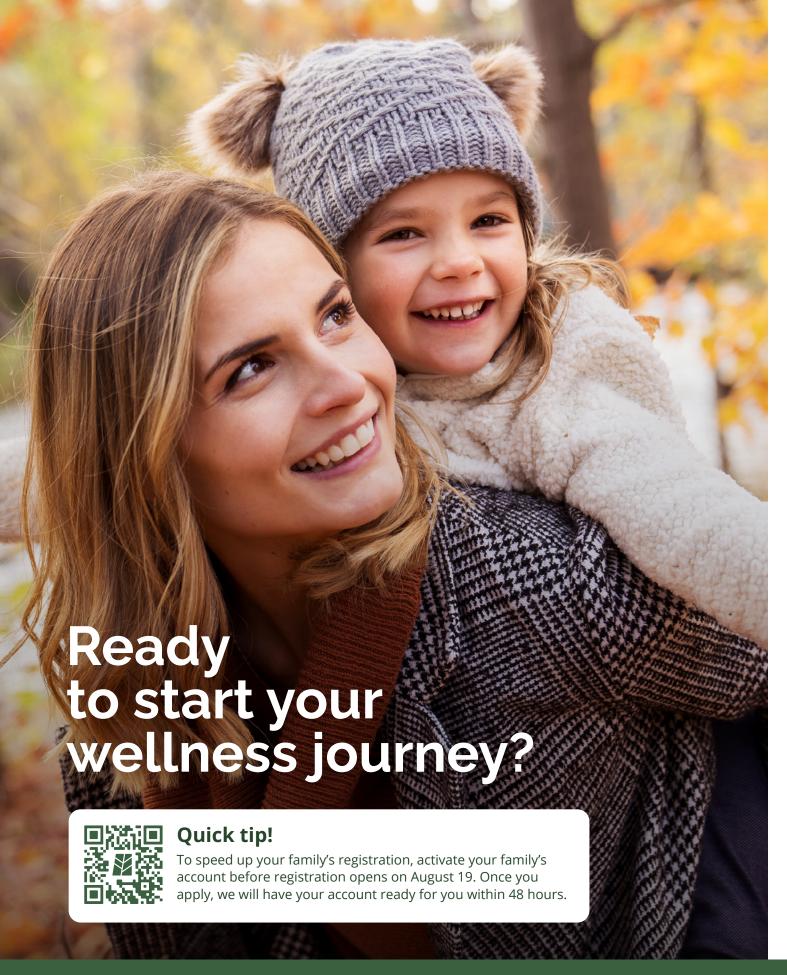
#### Fall 2025 Registration

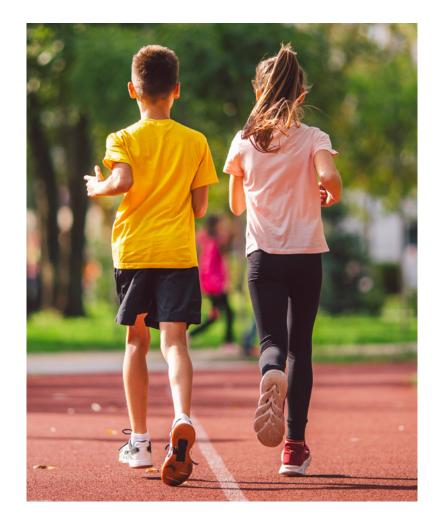
#### Residents:

Tuesday, August 19 at 12:00 noon

Flip to page 3 for more information.

Most programs begin September 22, 2025





#### Register at townofws.ca/active

- Have questions or need help with registrations?
   Call 905-642-PLAY (7529).
- Looking for fee subsidies? Visit townofws.ca/register for help in supporting your family's active lifestyle.
- Everyone needs a login for access to register. Create a login by completing the Online Account Form at townofws.ca/register, and emailing it to leisure.services@townofws.ca along with proof of Stouffville residency.



#### **Subscribe to Leisure Notices**

Distributed as-needed for unexpected program and facility interruptions.

#### Fall 2025 Registration dates

#### **Residents:**

Tuesday, August 19, 2025 at 12:00 PM, noon

Online and in–person registration open at 12:00 noon

#### Non-residents:

Tuesday, August 26, 2025 at 12:00 PM, noon

Non-residents are subject to a 20% surcharge to register in Town programs

Most programs begin September 22, 2025

#### Something catch your eye?

If you or your family members spot a program that you'd like to take part in, we recommend registering sooner rather than later.

Not only will this secure your spot, but it will also help ensure that there are enough participants for the sessions to operate as planned. Any classes, times, costs or locations may change without notice as required due to low enrollment, change of policy, or availability of facilities or instructors.



## Town facilities



#### Looking to book a facility?

Plan your next event at one of Stouffville's facilities, such as the museum, theatre or a community centre. Hold your outdoor sporting event or social gathering at one of our many parks, baseball diamonds, soccer fields, tennis courts, arenas, or pavilions.

Drop us an email at **facilitybooking@townofws.ca** for general inquiries or call the facility number listed to the right.

- Whitchurch-Stouffville Leisure Centre
  2 Park Dr
  905-642-PLAY (7529)
- Whitchurch-Stouffville
  Museum & Community Centre
  14732 Woodbine Ave
  (905) 727-8954
- 9 19 on the Park 19 Civic Ave (905) 640-2322
- Stouffville Arena
  12483 Ninth Line
  (905) 640-1900 ex. 2287
- Stouffville Clippers
  Sports Complex

  120 Weldon Rd

  (905) 640-1900 ex. 2287
- Q Latcham Hall 8 Park Dr (905) 640-1900 ex. 2290
- Lemonville Community Centre 13453 McCowan Rd (905) 640-1900 ex. 2290
- Ballantrae Community Centre
   Ballantrae Field House
   5592 Aurora Sideroad
   (905) 640-1900 ex. 2290

# Opportunities are available in aquatics, recreation, museum, 19 on the Park, and events!

The Town of Stouffville offers a variety of volunteer and employment opportunities for individuals of all ages and backgrounds.

Whether you're interested in parks, recreation, local theatre, or museum and heritage services, there's a place for you here. With a strong focus on teamwork, innovation, and customer service, Stouffville is a great place to build skills and make a difference in your community.



2 Park Drive, Stouffville, L4A 4K1 905-642-PLAY (7529)

# 

#### **Hours of Operation**

Monday – Thursday Friday Saturday & Sunday 6:00 AM - 10:00 PM 6:00 AM - 9:00 PM 7:30 AM - 8:00 PM

leisure.services@townofws.ca



#### Drop in to sports, games, and activities!

View drop-in schedules at townofws.ca/dropin or by scanning the QR code. Schedules may change, and cancellations may occur due to holidays or special events. For more details, visit our website or call 905-642-PLAY (7529).

# **Drop-In Programs**

# In addition to many fun registered programs, the Town also offers a variety of drop-in activities



#### Skating

We offer a variety of skating and shinny drop-in programs at our two indoor arenas, the Stouffville Arena and the Clippers Complex, both located in the community of Stouffville.



#### **Swimming**

At the W-S Leisure Centre, we offer drop-in lane swims, leisure swims, family swims and aquafit classes.

Consider one of our membership options for unlimited access to drop-in swim programs.



#### Gymnasium

We offer a variety of drop-in recreational sports and activities for all ages and abilities, year-round, at the W-S Leisure Centre.



#### **Group Fitness**

Let us help you meet your health and fitness goals! Browse through our wide range of group fitness classes to find the right one for you. Consider one of our membership options for unlimited access to our Group Fitness classes.



#### **Stouffville 55+ Club**

Become a member and join us at 6240 Main Street for a variety of drop-in activities that suit your interests and lifestyle. New members are always welcome!

## adapted

#### Flavour Fusion: Cooking in the Chef's Corner

Ages 18+ Ballantrae CC \$172.50

Get cooking in this adapted program where participants will prepare a delicious meal each class with the help of experienced staff. Participants will learn how to prepare and cook food safely and learn table etiquette in an environment that encourages a healthy independent lifestyle. These new chefs will find they quickly make new friends and socialize as they prepare a meal together and enjoy the meal they have prepared.

Dates	Day	Time	Code
Sep 25 - Nov 27	Thu	5:00 PM - 7:00 PM	37548



Would your child benefit from the assistance of a volunteer to participate in any of our other recreational programs?



Please visit our website to find out how we can help support your child.



NEW

#### **Learn to Play**

Leisure Centre \$130

Each week, participants will dive into the fundamentals of a new sport, ranging from basketball and soccer to tennis and volleyball. Participants will engage in friendly scrimmages at the end of each class to practice learning the rules of each sport. 18+ program offered in partnership with Community Living York South.

#### Ages 6-12

Dates	Day	Time	Code
Sep 28 - Nov 30	Sun	8:45 AM - 9:30 AM	37699

#### Ages 12-17

Dates	Day	Time	Code
Sept 28 - Nov 30	Sun	9:30 AM - 10:15 AM	37934

#### Ages 18+

Dates	Day	Time	Code
Sep 28 - Nov 30	Sun	10:15 AM - 11:00 AM	37641

NEW

#### **Music Exploration: Adapted**

Ages 4-8 Leisure Centre \$200

With the support of a caregiver, participants will get the chance to explore the world of music, instruments and rhythm. Participants will engage with a variety of instruments including guitars, ukuleles, keyboard, percussion and hand drums, while jamming along with original songs in French and English. Open ended songs inspire participation and help your child develop socially, cognitively, creatively, physically and emotionally. This program is in partnership with Shari Tallon.

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	11:45 AM - 12:15 PM	37610

NEW

#### Playball: Adapted

Ages 3-6 Stouffville Arena \$220

With the support of a caregiver, participants will get a chance to work on their fundamental movement skills. Participants will be introduced to the basics of sports including but not limited to basketball, soccer and hockey. By creating a solid foundation of sport's knowledge, this program will encourage participants to be active for life. This program is offered in partnership with Playball.

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	12:15 PM - 1:00 PM	37586



#### **Skating: Adapted**

**Ages 5-12** Stouffville Clippers Sports Complex

Make friends on the ice! Designed for individuals with intellectual exceptionalities, participants will learn the basics of skating in a safe and encouraging environment with our experienced staff. We will work with each child to help them learn how to skate forwards, backwards, and stop while they learn the etiquette of the skating arena so that they feel confident joining in other on-ice activities. Please see the information box below to learn more about equipment requirements.

Dates	Day	Time	Code
Sep 22 - Dec 1	Mon	4:00 PM - 4:45 PM	37552

#### **Social Club**

Ages 18+ Ballantrae CC \$170

Each week features themed recreational group activities in an informal setting. Activities include functional fitness, memory games, art and life skills. Everyone will improve their social, mental, emotional and physical talents while working towards achieving personal goals.

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	1:00 PM - 3:00 PM	37555

# Please come prepared for your Skating Lessons

Participants must have their own skates.

Children should be able to work independently (free from caregivers) in a group setting.

Children MUST wear a CSA approved hockey helmet with a face mask. Helmets are required for adults participating in all ages lessons as well. (Bicycle and ski helmets are not permitted.)

Gloves/mitts and warm clothing are also required. Failure to arrive with the proper safety equipment will result in non-participation.

# preschool

ុំហ៊ី : Caregiver Attendance Required

: Drop-off Program Participants must be potty-trained.

Cooking Up Fun		
Ages 3-5	Latcham Hall	

Join your mini chefs as they learn basic cooking skills such as stirring, measuring ingredients, food decoration and kitchen safety. Along with getting their start in the kitchen environment, participants will also participate in games and activities that reinforce the skills learned in the kitchen. Caregiver participation is required in this program. Participants should wear clothes that they don't mind getting messy! Items created in this program may include egg, milk, nut and flour products.

Dates	Day	Time	Code
Sep 25 - Nov 27	Thu	6:00 PM - 6:45 PM	37561
Sep 27 - Nov 29	Sat	10:30 AM - 11:15 AM	37560



Programs will not run on the following days:



Monday, October 13 for Thanksgiving Friday, October 31 after 4:00 pm for Halloween (preschool, child & adult programs only)



NEW

\$150

#### **Dance & Tumble**

\$140

Combine your love of dance and love of tumbling! This movement program will introduce participants to the basics of dance and engage with tumbling equipment as part of the development of their dance foundation. Watch your child combine their new skills into a short dance routine presented at the end of the session.

#### Ages 3-4

Dates	Day	Time	Code
Sep 25 - Nov 27	Thu	5:30 PM - 6:15 PM	37608

#### Ages 5-6

Dates	Day	Time	Code
Sep 25 - Nov 27	Thu	6:30 PM - 7:15 PM	37609

#### **Dino Explorers**



Ages 3-5 Leisure Centre

\$130

For your aspiring paleontologist! Join us for this interactive program where we'll learn about all things dinosaur through crafts, stories and co-operative play.

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	9:00 AM - 10:00 AM	37562

#### **Get Ready for School**



Stouffville Arena Ages 3-5

\$200

In a fun and supportive environment, your little one will discover what school is all about by exploring art, letters, numbers, and science through engaging activity stations, songs, stories, and games. To encourage independence and help prepare them for school, this is a drop-off program.

Dates	Day	Time	Code
Sep 23 - Dec 9	Tues	9:30 AM - 11:30 AM	37565
Sep 24 - Dec 10	Wed	9:30 AM - 11:30 AM	37563
Sep 25 - Dec 11	Thu	9:30 AM - 11:30 AM	37564



#### **Junior Scientists**

Stouffville Arena \$140 Ages 3-5

Do your child's eyes light up at the mention of slime, or an erupting volcano? Do they ask curious questions all the time? If so, this interactive program is made for them - each week, children learn a fun new science concept through games, crafts, and experiments.

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	6:00 PM - 6:45 PM	37570



Stouffville Arena \$130 Ages 6 mos - 6 yrs

Get your little one out to meet others their own age and burn off some energy! This program introduces a weekly theme and offers opportunities for free play and peer-topeer social interaction, as well as structured activities that promote learning and encourage independence. Infants under 6 months do not need to register.

Dates	Day	Time	Code
Sep 22 - Dec 1	Mon	9:30 AM - 11:30 AM	37571

#### **Mini Masterpieces**



Ages 2-4

**Various Locations** 

Your little Picasso will get to spend time creating artwork that you will proudly want to display on your fridge! Participants will work with a variety of different mediums and materials to create a different art project each week.

#### **Leisure Centre**

\$130

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	6:00 PM - 6:45 PM	37572

#### **Stouffville Arena**

Dates	Day	Time	Code
Sep 28 -Nov 2	Sun	9:00 AM - 9:45 AM	37573
Nov 9 - Dec 7*	Sun	9:00 AM - 9:45 AM	37574

<sup>\*</sup> shorter session | \$55



\$120

#### Playball: 2's Can Play Too

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Age 2 Stouffville Arena \$200

Playball is a gentle, safe, and fun introduction to sports while developing gross motor skills. Children will be introduced to a variety of sports including, but not limited to soccer, hockey, basketball, volleyball and tennis. With a wide range of activities to stimulate and improve your child's overall development, 2's Can Play Too builds a positive foundation for your child's future success in sports.. This program is offered in partnerhsip with Playball.

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	8:50 AM - 9:20 AM	37578
Sep 27 - Nov 29	Sat	9:30 AM - 10:00 AM	37577



**Drop into fun!**View the full drop-in schedule at townofws.ca/dropin



#### Playball for 3's

Age 3 Various Locations \$200

This is a comprehensive program of games carefully devised and structured to teach a wide range of sports and social skills. Continue your sports education by learning the fundamentals of sports like soccer, basketball, tennis and more! With an emphasis on having fun while playing with a ball, your child's introduction to sport will be a positive one. This program is offered in partnership with Playball.

#### **Glad Park PS**

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	6:00 PM - 6:45 PM	37580

#### **Stouffville Arena**

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	10:10 AM - 10:55 AM	37579

#### Playball for 4's and 5's

Ages 4-5	Various Locations	\$200
0		

This program continues to provide "Playballers" with a solid foundation of fundamental movement skills. Children are given the opportunity to practice their newly acquired skills which will improve their confidence, encouraging them to continue their journey in sports and embrace the challenge of learning more advanced skills such as soccer, basketball, volleyball and more. This program is offered in partnership with Playball.

#### **Glad Park PS**

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	6:55 PM - 7:55 PM	37582

#### Stouffville Arena

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	11:05 AM - 12:05 PM	37581



#### **Powerplay Hockey**

Ages 3-6 Stouffville Clippers Sports Complex \$120

This entry level program will offer participants the opportunity to experience the sport of hockey in a fun, safe, and engaging environment. Participants are introduced to a variety of basic hockey skills and techniques through activities that focus on the fundamentals of hockey. PREREQUISITE: Participants must have previously participated in 1-2 sessions of learn to skate lessons. Children MUST wear: a CSA approved hockey helmet with a face mask, shin and elbow pads, gloves, a neck guard, hockey skates, and a hockey stick. Failure to arrive with proper safety equipment will result in non-participation.

Dates	Day	Time	Code
Sep 23 - Nov 25	Tue	8:45 AM - 9:30 AM	37587

# Please come prepared for your Skating Lessons

Participants must have their own skates.
Children should be able to work independently (free from caregivers) in a group setting.

Children MUST wear a CSA approved hockey helmet with a face mask. Helmets are required for adults participating in all ages lessons as well. (Bicycle and ski helmets are not permitted.)

Gloves/mitts and warm clothing are also required. Failure to arrive with the proper safety equipment will result in non-participation.

#### **Skating Lessons: Preschool**

**Ages 3-5** Stouffville Clippers Sports Complex

#### Skater 1:

For individuals who have never skated before or for skaters who may have been on the ice only a few times. Skaters in this level will work on being able to stand independently on the ice and move without assistance.

Dates	Day	Time	Code
Sep 23 - Nov 25	Tue	8:45 AM - 9:15 AM	37588
Sep 24 - Nov 26	Wed	9:00 AM - 9:30 AM	37589

#### Skater 2:

For skaters who can stand and move independently on the ice and are able to fall and get up on their own. Skaters will work on skating forward, backwards and stopping.

Dates	Day	Time	Code
Sep 23 - Nov 25	Tue	9:15 AM - 9:45 AM	37590
Sep 24 - Nov 26	Wed	9:30 AM - 10:00 AM	37591

Please see the information box to learn more about equipment requirements.



13



#### **Rainbow Rockers** Ages 2-3 Leisure Centre \$200

Children ages 2–3 will jump, dance, spin, and move to both new songs and fun favourites in English and French. They'll explore music by playing ukuleles, guitars, keyboards, percussion, and hand drums. With plenty of participation, singing, and rhythmic patterns, this program supports the development of cognitive functions, creativity, motor skills, social interaction, and speech. Offered in partnership with Shari Tallon.

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	9:25 AM - 9:55 AM	37592

Sound Explorers		ំរាំ
Ages 4-5	Leisure Centre	\$200

Children will play a variety of instruments including guitars, ukuleles, keyboard, percussion and hand drums, while jamming along with original songs in French and English. They will explore tempos, dynamics and learn rhythmic patterns. Open ended songs inspire participation and help your child develop socially, cognitively, creatively, physically and emotionally. Offered in partnership with Shari Tallon.

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	10:05 AM - 10:35 AM	37593

#### **Sportball: Multi-sport**

ges 3-5	Stouffville Arena	\$225

In this fun, stress-free, and non-competitive setting, children learn the fundamentals of 8 different sports. This class keeps children moving and engaged and send them home with a new skill each week. If you're looking for a way to give your child a well-rounded sports foundation that promotes their independence and leaves room for specialization later, look no further. This program is offered in partnership with Sportball.

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	5:30 PM - 6:30 PM	37597
Sep 28 - Dec 7	Sun	9:45 AM - 10:45 AM	37599
Sep 28 -Dec 7	Sun	11:45 AM - 12:45 PM	37602



Sportball: Parent & Child		ំរាំ
Ages 2-3	Stouffville Arena	\$225

Children are introduced to fundamental skills in 8 different sports. With a play-based curriculum, these classes are a fantastic kick start for an active life. This program is offered in partnership with Sportball.

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	4:45 PM - 5:30 PM	37596
Sep 28 - Dec 7	Sun	9:00 AM - 9:45 AM	37598

#### **STEAM Creators: Design & Build Mini**

Ages 4-6 Leisure Centre

Explore. Discover. Play. Does your little one love to build things and tear them down? Do they show an interest in science, technology, engineering, arts and mathematics? This introductory STEAM program is a fun and exciting way to learn about basic science and technology concepts and to apply them to make imaginative creations. Turn your imagination into reality through hands-on activities using building blocks, K'nex, Makedo and more.

Dates	Day	Time	Code
Sep 22 - Dec 8	Mon	5:30 PM - 6:15 PM	37605

#### **Taekwon-Do: Little Dragons**

Ages 4-6	Harry Bowes PS	\$304
Ages 4-0	Tidity Dowes 13	4304

Kids have fun getting fit and learning focus and self-control with Taekwondo training. Participants will work on exercise routines, kicking drills and self-defence techniques. This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International Chang-Hon Taekwon-Do Federation. Uniforms are required for this program and are purchased from the instructors during the first two weeks of class. The cost of the uniform is \$87. Testing fees for level completion are an additional charge.

Dates	Day	Time	Code
Sep 23 - Nov 27	Tue & Thu	6:00 PM - 6:45 PM	37606





#### **Tiny Dancers**

Stouffville Arena \$120

Does your little one dance around the house all day? This dance program is the perfect place for them to learn the fundamentals of dance and how to move creatively to different types of music. Watch your child combine their new skills into a short dance routine presented at the end of the session.

#### Ages 3-4

Dates	Day	Time	Code
Sep 22 - Dec 1	Mon	5:30 PM - 6:15 PM	37857

#### Ages 5-6

Dates	Day	Time	Code
Sep 22 - Dec 1	Mon	6:15 PM - 7:00 PM	37858

#### **Tiny Tumblers: Caregiver & Me**



Ages 2-4 Leisure Centre

Tumble, jump and balance! This program introduces children to basic body movement using basic gymnastics equipment. Participants will work on balance, coordination, flexibility and more!

Dates	Day	Time	Code
Sep 28 - Nov 30	Sun	8:45 AM - 9:15 AM	37566
		9:15 AM - 9:45 AM	37567

### Join us for PA Day fun this fall!

We offer a variety of day camps and drop in activities for children of all ages and interests. Come for a swim or a skate, or register for a full-day PA Camp.

See page 26 for a list of our seasonal day camps!



#### **Tiny Tumblers**

\$165
\$

Tumble, jump and balance! This program introduces children to basic body movement using basic gymnastics equipment. Participants will work on balance, coordination, flexibility and more!

Dates	Day	Time	Code
Sep 28 - Nov 30 Sun	9:50 AM-10:20 AM	37569	
	10:20 AM -10:50 AM	37568	



Toddler Tunes		ំរាំ
Ages 6 mon - 2 yrs	Leisure Centre	\$200

Little ones move to music and play along with egg shakers, tambourines, hand drums, ukuleles, guitars and keyboards. Lots of easy action songs, favourites and originals will stimulate both sides of your child's brain and help them develop cognitively, socially, physically and creatively and assist with language development. Offered in partnership with Shari Tallon.

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	8:45 AM - 9:15 AM	37607



#### NEW

#### 3D Modelling & Printing Workshop

Ages 8-12

Leisure Centre

In this 3D printing and modelling workshop, participants will be introduced into the basics of 3D Design. Children will create a key tag with their initials to take home. A 3D printer will also be on location for children to learn how it works. This program is offered in partnership with Kid's Great Minds.

Dates	Day	Time	Code
Oct 26	Sun	9:30 AM - 12:30 PM	37681





#### **Badminton: Instructional**

Leisure Centre

If you want your child to learn some new tricks, polish their skills, or get their start in the game, this is the program for them. Children will be introduced to badminton basics in a non-competitive and fun learning environment. Classes will focus on proper footwork, racquet handling and serving, through drills and games.

#### Ages 6-8

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	6:00 PM - 7:00 PM	37612

#### Ages 9-12

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	7:00 PM - 8:00 PM	37611

Programs will not run on the following days:

Monday, October 13 for Thanksgiving

Friday, October 31 after 4:00 pm for Halloween (preschool, child & adult programs only)

#### Basketball: Level 1

Leisure Centre \$125

Using age appropriate equipment to enhance your child's progression and learning, this entry level program focuses on fundamental basketball skills including dribbling, passing, and shooting. It is the perfect starting point for beginner and novice players.

#### Ages 5-6

Dates	Day	Time	Code
Sep 23 - Nov 25	Tue	5:30 PM - 6:30 PM	37615
	6:30 PM - 7:30 PM	37613	

#### Ages 7-10

Dates	Day	Time	Code
Sep 23 - Nov 25	Tue	7:30 PM - 8:30 PM	37614
Sep 25 - Nov 27	Thu	5:30 PM - 6:30 PM	37616





#### Basketball: Level 2

Ages 7-10	Leisure Centre	\$125
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This program is designed for children who want to improve their defense, shooting, dribbling, footwork, speed, agility, and teamwork. Strategic play is introduced for children ready to bring their game to the next level.

Prerequisites: Previous basketball experience or having previously completed Basketball Level 1 for two seasons.

Dates	Day	Time	Code
Sep 28 - Nov 30	Sun	11:00 AM - 12:00 PM	37617

Indoor running shoes and active wear are required.

#### NEW

#### **Computer Animation Workshop**

Ages 6-11	Leisure Centre	\$5

Introducing the easiest animation program, designed to have your drawings up and moving in minutes! This program is designed to encourage the artist in everyone by using simple to-use tools. At the end of the workshop, children have experienced first-hand the potential for what great animators they could become! This program is offered in partnership with Kid's Great Minds.

Dates	Day	Time	Code
Nov 16	Sun	9:30 AM - 12:30 PM	37680

#### **Curtain Call Kids**

**Ages 7-11** 19 on the Park **\$110** 

Calling all future stars! Whether this is your first time at Curtain Call or you're back for another round, this class is for kids aged 7-11 who love the dramatic arts! Kids will learn the basics from running lines to set production and putting on a performance of their very own at the end for family to enjoy.

Dates	Day	Time	Code
Sep 21 - Nov 9	Sun	11:00 AM - 12:30 AM	37861



#### **Cookies & Cakes**

Ages 7-10	Latcham Hall	\$90
Ages / To	Laccitatiiiiaii	450

Measure, stir and bake! Participants will get a chance to bake a different confection every week.

Dates	Day	Time	Code
Sep 24 - Oct 29	Wed	6:45 PM - 8:15 PM	37618
Nov 5 - Dec 3	Wed	6:45 PM - 8:15 PM	37619

#### **Dance: Hip Hop**

Ages 6-9 Stouffville Arena \$125

Designed to get kids dancing and moving in their own way, children will develop the basic skills of hip hop dance. Your child will learn balance and coordination while developing their teamwork skills as they prepare a group dance routine to be presented for families and guests at the end of the session.

Dates	Day	Time	Code
Sep 22 - Dec 1	Mon	7:00 PM - 8:00 PM	37620

#### **DIY: Arts & Crafts**

#### Ages 6-9

Various Locations

If your child is crafty by nature, this is the go-to program to get their creative juices flowing. Children will create DIY projects using a variety of mediums including household objects, fabric paint, and wood. Each week will feature a new project as a participants learn unique ways to create masterpieces.

#### **Leisure Centre**

\$150

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	7:00 PM - 8:00 PM	37621

#### **Stouffville Arena**

\$/0

Dates	Day	Time	Code
Sep 28 - Nov 2	Sun	10:00 AM - 11:00 AM	37622
Nov 9 - Dec 7*	Sun	10:00 AM - 11:00 AM	37623

<sup>\*</sup> shorter session | \$60



#### **Dodgeball**

Wendat Village PS \$125

Dodge, dip, and dive and learn the inner workings of the schoolyard favourite: dodgeball. Kids will have the opportunity to play a variety of different dodgeball games, while working on fundamental movement skills such as throwing, catching, and strategy in a safe and positive environment.

#### Ages 6-8

Dates	Day	Time	Code
Sep 22 - Dec 1	Mon	6:00 PM - 7:00 PM	37624

#### Ages 9-11

Dates	Day	Time	Code
Sep 22 - Dec 1	Mon	7:00 PM - 8:00 PM	37625



**Drop into fun!**View the full drop-in schedule at townofws.ca/dropin





#### **Girls Sport**

Ages 8-12 Wendat Village PS \$90

This program is for female-identifying participants who want to learn more about different sports and physical activities. Special guests will come teach participants the basics of sport and physical fitness to help inspire an active lifestyle.

Dates	Day	Time	Code
Sep 25 - Nov 6	Thu	6:30PM - 8:00 PM	37626

#### **Junior Scientists**

Ages 6-8 Stouffville Arena \$140

Do your child's eyes light up at the mention of slime, or an erupting volcano? Do they ask curious questions all the time? Then this interactive program is made for them – each week, children learn a fun new science concept through games, crafts, and experiments.

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	7:00 PM - 8:00 PM	37632

#### Kids' Kitchen!

Ages 7-10 Latcham Hall \$145

Children will learn the basics of navigating the kitchen, explore new and interesting flavours, and enjoy the aroma of this exciting program. They'll need to bring their appetite so they can enjoy the fruits of their labour!

Dates	Day	Time	Code
Sep 25 - Nov 27	Thu	7:15 PM - 8:15 PM	37633
Sep 27 - Nov 29	Sat	11:30 AM - 12:30 PM	37634



#### NEW

#### **Masterchef Museum**

Ages 6-12 Whitchurch-Stouffville Museum \$135

Ring the dinner bell! Kids will step back in time and discover the flavors of history in this new immersive cooking program. Using traditional recipes, tools, and techniques participants will gain hands-on experience while learning sustainable practices that have stood the test of time. The best part? Each class ends with a tasty treat to take home!

Dates	Day	Time	Code
Oct 1 - Nov 5	Wed	6:00 PM - 8:00 PM	37771

#### **Musical Marvels**

Ages 6-9 Leisure Centre \$215

Children will have fun playing a variety of keyboards, ukuleles, guitars, hand drums and percussion. They will learn to read music, charts, improvise, explore rhythmic patterns and compose original works. They will learn how to play in groups and individually. The session culminates in a concert for family and friends. Offered in partnership with Shari Tallon.

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	10:45 AM - 11:30 AM	37635

#### **Ringette: Learn to Play**

Ages 5-10 Stouffville Clippers Sports Complex \$13

Learn to Play Ringette is designed to teach 5 -10 years old with little or no skating skills how to skate, while developing ringette skills at their own pace. As skating skills improve children will learn some of the fundamentals of ringette, with an emphasis on fun and games that promote balance, agility and strengthening. Ringette promotes teamwork, fun, fitness and friendship! This program is offered in partnership with Markham Stouffville Ringette Association. Prerequisite: Children must be able to participate in a group setting without assistance from caregivers.

Participants are required to have their own hockey skates. All children must wear a Canadian Standard Association (CSA) approved hockey helmet with a cage and face mask. Warm clothing like snowpants, including mitts or gloves, is

Dates	Day	Time	Code
Oct 4 - Dec 13	Sat	8:00 AM - 9:00 AM	37636

recommended. Ringette sticks will be supplied.



#### Rugby: Learn to Play

Ages 8-10 Leisure Centre \$100

This program offers a fun and dynamic way to build teamwork and fitness while learning a new sport. The sessions are designed to engage kids with exciting, fast-paced action that keeps them actively involved. By participating, they gain new skills and experience the thrill of a sport that combines strategy, athleticism, respect and teamwork. This program is offered in partnership with Markham Irish Rugby Club.

Dates	Day	Time	Code
Sep 27 - Nov 29	Sat	10:30 AM - 11:30 AM	37630



# Please come prepared for your Skating Lessons

Participants must have their own skates.
Children should be able to work independently
(free from caregivers) in a group setting.

Children MUST wear a CSA approved hockey helmet with a face mask. Helmets are required for adults participating in all ages lessons as well. (Bicycle and ski helmets are not permitted.)

Gloves/mitts and warm clothing are also required. Failure to arrive with the proper safety equipment will result in non-participation.



#### **Skating Lessons: Child**

**Ages 6-12** Stouffville Clippers Sports Complex **\$120** 

#### Skater 1:

For individuals who have never skated before or for skaters who may have been on the ice only a few times. Skaters in this level will work on being able to stand independently on the ice and move without assistance.

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	4:15 PM - 5:05 PM	37642

#### Skater 2:

For skaters who can stand and move independently on the ice and are able to fall and get up on their own. Skaters will work on skating forward, backwards and stopping.

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	4:15 PM - 5:05 PM	37643

#### Skater 3:

For individuals who are comfortable skating forwards, backwards and stopping on the ice without assistance. Participants will work on more advanced skating skills.

Dates	Day	Time	Code
Sep 24-Nov 26	Wed	4:15 PM - 5:05 PM	37644

#### **Soccer: Learn to Play**

Ages 6-8 Leisure Centre \$125

Does your child want to be the next Ronaldo or Messi? Kids will build their skills and confidence, develop a love for the most popular sport on the planet and making new friends at the same time.

Dates	Day	Time	Code
Sep 28 - Nov 30	Sun	12:15 PM - 1:15 PM	37627

#### Sportball: Multi-sport

Ages 5-8 Stouffville Arena \$225

In this fun, stress-free, and non-competitive setting, children learn the fundamentals of 8 different sports. This class keeps children moving and engaged with a new skill highlighted every week. If you're looking for a way to give your child a well-rounded sports foundation that promotes their independence and leaves rooms for specialization later, look no further. This program is offered in partnership with Sportball.

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	6:30 PM - 7:30 PM	37601
Sep 28 - Dec 7	Sun	10:45 AM - 11:45 AM	37600





#### **STEAM Creators: Design & Build**

Ages 7-10 Leisure Centre \$185

Explore. Discover. Play. Does your little one love to build things and tear them down? Do they show an interest in science, technology, engineering, arts and mathematics? This introductory STEAM program is a fun and exciting way to learn about basic science and technology concepts and to apply them to make imaginative creations. Turn your imagination into reality through hands-on activities using building blocks, K'nex, Makedo and more.

Dates	Day	Time	Code
Sep 22 - Dec 1	Mon	6:15 PM - 7:00 PM	37639

Programs will not run on the following days:

Monday, October 13 for Thanksgiving

**Friday, October 31 after 4:00 pm** for Halloween (preschool, child & adult programs only)

#### Taekwon-Do

Ages 7-12 Harry Bowes PS \$304

Kids have a lot of energy! This training gives them a healthy outlet while having fun, staying fit and learning focus, integrity, and confidence. This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International ChangHon Taekwon-Do Federation. Uniforms are required for this program and are purchased from the instructors during the first two weeks of class. The cost of the uniform is \$87. Testing fees for level completion are an additional charge.

#### **White Belt**

Pre-requisite: None.

Dates	Day	Time	Code	
Sep 23 - Nov 27	Tue & Thu	7:00 PM - 8:00 PM	37676	

#### **Belt levels Yellow Stripe and above**

**Pre-requisite:** Pre-requisite: Successful completion of the white belt level or higher.

Dates	Day	Time	Code
Sep 23 - Nov 27	Tue & Thu	7:00 PM - 8:00 PM	37677





#### **Tennis: Beginner**

Various Locations \$125

Serve, volley, rally! Participants will learn the basics of tennis in a fun and supportive environment. This program is in partnership with Lander Management Group.

Ages 7-9		Stouffville Arena Tennis Courts		
Dates	Day	Time	Code	
Sep 11 - Oct 9	Thu	6:00 PM - 7:00 PM	37671	
Ages 7-9		Memorial Park Te	ennis Courts	
Dates	Day	Time	Code	
Sep 13 - Oct 11	Sat	9:00 am - 10:00 AM	37673	
Ages 10-12		Stouffville Arena Te	ennis Courts	
Dates	Day	Time	Code	
Sep 9 - Oct 7	Tue	6:00 PM - 7:00 PM	37670	
Ages 10-12		Memorial Park Te	ennis Courts	
Dates	Day	Time	Code	
Sep 13 - Oct 11	Sat	10:00 AM - 11:00 AM	37672	

#### **Tennis: Beginner PLUS**

Ages 7-12 Stouffville Arena Tennis Courts \$230

Serve, volley, rally! This extended tennis beginners program will introduce participants to foundational skills in a supportive learning environment. If you're interested in accelerating your tennis skills and knowledge then this program is for you. This program is in partnership with Lander Management Group.

Dates	Day	Time	Code
Sep 9 - Oct 9	Tue & Thu	5:00 PM - 6:00 PM	37674



#### **Tennis: Intermediate**

Stouffyille Arona Toppis Courts	¢42E
Stouffville Arena Tennis Courts	\$125

This program is designed to help participants who want to improve their game and strategic play. Participants will use drills and game play to take their tennis game to the next level. This program is in partnership with Lander Management Group.

#### Ages 7-9

Dates	Day	Time	Code	
Sep 11 - Oct 9	Thu	7:00 PM - 8:00 PM	37675	

#### Ages 10-12

Dates	Day	Time	Code
Sep 9 - Oct 7	Tue	7:00 PM - 8:00 PM	37669

NEW

#### **Video Game Creation Workshop**

Ages 7-11 Leisure Centre \$55

to explore coding with a playful and visual programming language designed just for young learners.

Team up with new friends to build an amazing game and earn the fundamentals of game development, including

This fun-filled workshop is perfect for kids who are eager

Team up with new friends to build an amazing game and earn the fundamentals of game development, including characters, worlds, and gameplay mechanics. This program is offered in partnership with Kid's Great Minds.

Dates	Day	Time	Code
Oct 26	Sun	12:45 PM - 3:45 PM	37683

NEW

# Voxel Character Design & VR Workshop

Ages 8-12 Leisure Centre \$5

We will create a popular character, add personal touches, and create an incredible virtual world. Get ready for an immersive experience as we explore the finished masterpiece using Virtual Reality (VR) goggles. This program is offered in partnership with Kid's Great Minds.

Dates	Day	Time	Code
Oct 26	Sun	12:45 PM - 3:45 PM	37682



# STOUFFVILLE DAY CAMPS



#### **PA Day Camps**

#### **PA Day: Camp Classics**

Ages 4-12 Leisure Centre \$74	Ages 4-12	Leisure Centre	\$74
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Take a trip back to summer and relive the magic of camp! Participants can enjoy a variety of favourite camp activities, including games and sports, LEGO building, creative crafts, and even a hands-on science experiment for some messy fun. With something for everyone, it's sure to be a day full of fun and creativity.

Dates	Day	Time	Code
Sep 26	Fri	8:00 AM - 5:00 PM	37706
Oct 24	Fri	8:00 AM - 5:00 PM	37707
Nov 21	Fri	8:00 AM - 5:00 PM	37708

#### **Extended Camp Hours**

For your convenience, select PA-Day and Winter Break camp hours have been extended to offer earlier drop-offs and later pick-up times.

#### PA Day: Hungry Heroes

Ages 6-12 Whitchurch-Stouffville Museum

Join us for this exciting superhero-themed cooking PA Day camp! Whether it's Spider-Man's cravings for New York Style Pizza or Wonder Woman's love of sweets, participants will learn the basics of kitchen safety and skills as they cook and bake their way through a number of their favourite superheroes.

Dates	Day	Time	Code
Sep 26	Fri	9:00 AM - 4:00 PM	37752



#### PA Day: Into the Enchanted Theatre

Ages 6-12	19 on the Park	\$72
Ages 0-12	19 Off the Fark	412

This PA Day workshop promises to be a day full of magic, creativity, and learning opportunities! Participants will use their imaginations to create their own original fairy tale character and use them throughout the day. Participants will create stories, improvise magical scenes and immerse themselves in a mystical world of their own making.

Dates	Day	Time	Code
Sep 26	Fri	8:30 AM - 4:30 PM	37862



#### **PA Day: Positively Prehistoric**

Ages 6-12	Whitchurch-Stouffville Museum	\$72

Get ready to step back in time! The prehistoric era spanned millions of years — explorers will journey through it all.

Through hands-on science experiments and exciting activities, campers will learn more about dinosaurs, giant plants, and ancient reptiles. It's the perfect mix of learning, imagination, and prehistoric fun!

Dates	Day	Time	Code
Oct 24	Fri	9:00 AM - 4:00 PM	37753



#### **Winter Break Camps**

#### Winter Break: Camp Stouffville

Ages 4-12 Leisure Centre \$74

Arts, sports, science experiments and more! We are excited to welcome your camper for an unforgettable camp session this holiday season, enjoying a variety of amazing camp experiences. Campers will participate in activities with their camp teams, arranged by age, and geared to their skill level and abilities

Dates	Day	Time	Code
Dec 22	Mon	8:00 AM - 5:00 PM	37782
Dec 23	Tue	8:00 AM - 5:00 PM	37783
Dec 29	Mon	8:00 AM - 5:00 PM	37784
Dec 30	Tue	8:00 AM - 5:00 PM	37785
Jan 2	Fri	8:00 AM - 5:00 PM	37786



# youth

#### **Basketball**

**Ages 11-17** Leisure Centre **\$142.50** 

#### **Get in the Game**

Does your child dream of shooting like an NBA star? Perhaps they want to make the team at school or join a league? Whatever their goal, this program is designed to help them improve and develop their skills as a beginner, expand their abilities, build confidence on the court, and have fun!

Dates	Day	Time	Code
Sep 25 - Nov 27	Thu	6:30 PM - 7:30 PM	37546

#### **Skill Development Clinic**

Focus on advanced skill development through intense training sessions. Our coaches provide opportunities in one-to-one and small group settings to improve your youth's game. Perfect for the intermediate or advanced player intending to level up their basketball game.

Dates	Day	Time	Code	
Sep 25 - Nov 27	Thu	7:30 PM - 8:30 PM	37547	



#### **Intro to Rugby**

Ages 11-17 Leisure Centre \$100

This program offers a fun and dynamic way to build teamwork and fitness while learning a new sport.

Partnering with The Markham Irish Rugby Club, the sessions are designed to engage kids with exciting, fast-paced action that keeps them actively involved. By participating, they gain new skills and experience the thrill of a sport that combines strategy, athleticism, respect and teamwork. Indoor running shoes and active wear are required.

Dates	Day	Time	Code	
Sep 27 - Nov 29	Sat	11:30 AM - 12:30 PM	37549	



#### **Masterchef Junior**

**Ages 11-17** Latcham Hall **\$126.25** 

Take your culinary skills to the next level in our new cooking program. Youth will explore new techniques, experience new flavours and work toward developing a dish of their own!

Dates	Day	Time	Code
Oct 28 - Nov 25	Tue	6:00 PM - 8:00 PM	37550



#### **Rising Bakers**

**Ages 11-17** Latcham Hall **\$126.25** 

Welcome to Rising Bakers Academy, where the sweet journey of baking begins for our budding chefs! Our youth baking classes are specially designed to ignite the passion for creating delectable treats among aspiring young bakers.

Dates	Day	Time	Code
Sep 23 - Oct 21	Tue	6:00 PM - 8:00 PM	37551



# Programs will not run on the following days:

(preschool, child & adult programs only)

Monday, October 13 for Thanksgiving

Friday, October 31 after 4:00 pm for Halloween

#### The Confident Speaker

**Ages 11-17** Latcham Hall **\$130** 

This course is designed to boost confidence and communication skills. The goals of the program are to teach teens to overcome their anxiety, make a good impression, and successfully deliver large or small presentations in front of any audience. Expert skills, pointers and tips can make giving a speech a breeze.

Dates	Day	Time	Code
Sep 23 - Oct 28	Tue	7:00 PM – 8:00 PM	37553
Nov 4 - Dec 2	Tue	7:00 PM – 8:00 PM	37554



NEW

#### **Youth Trivia Night**

**Grades 7-12** 19 on the Park

Join us for an action-packed Youth Trivia Night just for grades 7–12, presented in partnership with the Youth Advisory Working Group! Team up with your friends and compete for prizes, bragging rights, and surprise raffle draws throughout the evening. Snacks and drinks will be available for purchase. Team play is encouraged—bring your best crew and get ready to test your knowledge!

Dates	Day	Time	Registration
Oct 24	Fri	7:00 PM - 9:00 PM	Eventbrite

#### Taekwon-Do

Ages 13-18 Harry Bowes PS \$304

Kids have a lot of energy! This training gives them a healthy outlet while having fun, staying fit and learning focus, integrity, and confidence. This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International ChangHon Taekwon-Do Federation. Uniforms are required for this program and are purchased from the instructors during the first two weeks of class. The cost of the uniform is \$87. Testing fees for level completion are an additional charge.

#### **White Belt**

Pre-requisite: None.

Dates	Day	Time	Code
Sep 23 - Nov 27	Tue & Thu	7:00 PM - 8:00 PM	37678

#### **Belt levels Yellow Stripe and above**

**Pre-requisite:** Pre-requisite: Successful completion of the white belt level or higher.

Dates	Day	Time	Code
Sep 23 - Nov 27	Tue & Thu	7:00 PM - 8:00 PM	37679



**Drop into fun!**View the full drop-in schedule at townofws.ca/dropin





#### Volleyball

Ages 11-17	Leisure Centre	\$142.50

#### **Get in the Game**

Learn and brush up on your basic skills, rules, and strategies for game play. Players will learn to bump, serve, volley, and spike as we teach the foundations of the game.

Dates	Day	Time	Code
Sep 29 - Dec 8	Mon	6:00 PM - 7:00 PM	37556

#### **Skill Development Clinic**

Dominate the court with this next-level program that focuses on advanced skill development through intense training sessions. Coaches provide one-to-one and small group coaching to improve your youth's volleyball game. Designed for the intermediate or advanced player who wants to land that spot on the team or become their team's MVP!

Dates	Day	Time	Code
Sep 29 - Dec 8	Mon	7:00 PM - 8:00 PM	37557

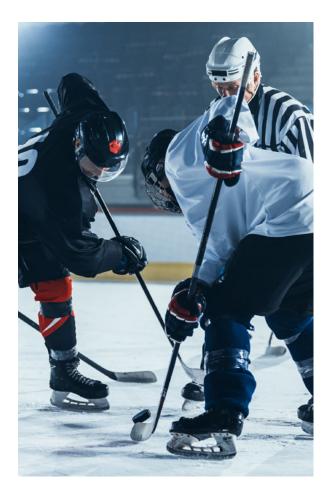
# adult

#### Adult Hockey: Get in the Game

Ages 18+ Stouffville Clippers Sports Complex \$152

Want to learn to play hockey, or brush up your skills? This program will help you improve your skating, stickhandling, passing and shooting while you have fun and get fit. All adult beginners are welcome.

Dates	Day	Time	Code
Sep 24 - Nov 26	Wed	9:00 AM - 10:00 AM	37470



Note

Please note that HST applies to all adult and family programs.



#### Adult Indoor Volleyball League

Ages 18+ \$123

Calling all volleyball enthusiasts! Get your kneepads and dive into the action with our Indoor Volleyball League. Join us for social and active fun with exhilarating 6-on-6 matches.

<b>Recreational</b> Lei	isure Centre
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Dates	Day	Time	Code
Sep 22 - Dec 15	Mon	8:05 PM - 10:00 PM	37472

Competitive		Stouffvil	le District SS
Dates	Day	Time	Code
Sep 23 - Dec 9	Tue	6:30 PM - 10:00 PM	37471



#### **Line Dancing**

**Ages 18+** 6240 Main Street **\$60** 

#### Step 1

Designed for beginners, this program offers a fun and energetic atmosphere where participants can learn a variety of line dance styles. Whether you're looking to learn new moves, stay active, or simply enjoy the joy of dancing, our Line Dancing program promises a lively and enjoyable experience for all ages.

Dates	Day	Time	Code
Sep 8 - Oct 6	Mon	7:00 PM - 8:00 PM	37466
Oct 20 - Nov 17	Mon	7:00 PM - 8:00 PM	37468

#### Step 2

For dancers with some experience, this session combines choreographed sequences with upbeat tunes, fostering a sense of community and camaraderie among dancers. Whether you're looking to learn new moves, stay active, or simply enjoy the joy of dancing, our Line Dancing: Step 2 program promises a lively and enjoyable experience for adults.

Dates	Day	Time	Code
Sep 8 - Oct 6	Mon	8:00 PM - 9:00 PM	37467
Oct 20 - Nov 17	Mon	8:00 PM - 9:00 PM	37469

#### **Line Dancing Social**

**Ages 19+** 19 on the Park \$2

Looking for a lively night of country music and dancing for any level of experience? Country Nights at 19 on the Park welcomes dancers of all skill levels! Whether you're new to line dancing or a seasoned pro, instructor Tara Acton (@ stepintimecountry) will guide beginners through easy-to-learn dances throughout the evening, while experienced dancers can jump right in for open floor and requests.

Bring your friends for an unforgettable evening of fun – you'll be hooked! This licensed event is open to ages 19+.

Dates	Day	Time	Registration
Oct 9	Thu	7:00 PM - 10:30 PM	Eventbrite
Nov 6	Thu	7:00 PM - 10:30 PM	Eventbrite



# Programs will not run on the following days:

Monday, October 13 for Thanksgiving

Friday, October 31 after 4:00 pm for Halloween (preschool, child & adult programs only)

#### **Pickleball**

Ages 18+ Leisure Centre \$85.50

#### **Learn to Play**

Are you interested in learning to play pickleball, but aren't sure where to start? If you've ever wondered what this fast-growing sport is all about, our "Learn to Play" sessions are for you. You will learn the rules of play and game etiquette while having fun with other beginners. Paddles will be provided.

Dates	Day	Time	Code
Sep 21 - Oct 26	Sun	1:45 PM - 3:00 PM	37473
Sep 26 - Oct 31	Fri	11:00 AM - 12:15 PM	37475
Nov 2 - Dec 7	Sun	1:45 PM - 3:00 PM	37474
Nov 7 - Dec 12	Fri	11:00 AM - 12:15 PM	37476

#### **Level 2 Drills**

Led by experienced instructors, this class offers technical guidance, strategic tips, and plenty of time to practice.

Join a supportive group of players at your skill level and improve your game in a fun and engaging environment.

Paddles will be provided.

Dates	Day	Time	Code
Sep 24 - Oct 29	Wed	12:00 PM - 1:15 PM	37477
Nov 5 - Dec 10	Wed	12:00 PM - 1:15 PM	37478

#### **Level 3 Drills**

Take your game to new heights with our Level 3 program where seasoned players can refine their skills and reach their full potential. Each session is dedicated to advanced techniques and strategies, ensuring you elevate your game with every play.

Dates	Day	Time	Code
Sep 24 - Oct 29	Wed	1:15 PM - 2:30 PM	37479
Nov 5 - Dec 10	Wed	1:15 PM - 2:30 PM	37480



#### **Trivia Night**

**Ages 18+** 19 on the Park **\$10** 

Let the games begin! Back by popular demand, you don't miss this exciting full-service event at 19 on the Park. Gather your closest friends for some friendly competiton, prizes for trivia champions and doors prizes throught for added excitement. Cash bar available onsite.

Dates	Day	Time	Registration
Nov 27	Thu	7:00 PM - 9:00 PM	Eventbrite



# S 1 1 1 1 1 1 1 1

#### **Stouffville 55+ Club** 6240 Main Street, Stouffville, L4A 1E2

905-642-7529 ext. 5332

**FREE Stouffville 55+ Club memberships** give Stouffville's older adult residents discounts on registered programs at 6240 Main Street and access to free drop-in programs.



Our FREE Drop-In Programs are the perfect way to stay active, boost your well-being, and make lasting friendships.



Dive into a world of fitness, laughter, and connection as you explore our tailored activities, from gentle yoga to engaging card games and social gatherings.



Unleash the power of community as you meet likeminded individuals and enjoy a vibrant atmosphere filled with shared experiences.

#### **Hours of Operation**

Monday	9:30 AM – 4:00 PM 6:00 PM – 9:00 PM
Tuesday	9:30 AM - 4:00 PM
	6:00 PM – 9:00 PM 9:30 AM – 4:00 PM
Wednesday  Thursday	9:30 AM - 4:00 PM
	9:30 AM – 4:00 PM
Friday	6:00 PM – 10:00 PM
Saturday	Closed
Sunday	9:30 AM – 1:00 PM

Visit **townofws.ca/55plus** or email **55plus@townofws.ca** for more details.

# older adults

#### **Book Club**

Ages 55+ 6240 Main Street Free for members

There's nothing better than a good book to help engage in conversation and meet new friends. Activity is supported by 55+ Club Membership. Registration is required by emailing **55plus@townofws.ca** or visiting the front desk of 6240 Main Street.

#### **Afternoon Book Club 1**

Dates	Day	Time	Code
Sep 26	Fri	1:30 PM - 3:00 PM	37448
Oct 24	Fri	1:30 PM - 3:00 PM	37449
Nov 28	Fri	1:30 PM - 3:00 PM	37450

#### **Afternoon Book Club 2**

Dates	Day	Time	Code
Sep 19	Fri	1:30 PM - 3:00 PM	37451
Oct 17	Fri	1:30 PM - 3:00 PM	37452
Nov 21	Fri	1:30 PM - 3:00 PM	37453





#### **Afternoon Book Club 3**

Dates	Day	Time	Code
Sep 12	Fri	1:30 PM - 3:00 PM	37454
Oct 10	Fri	1:30 PM - 3:00 PM	37455
Nov 14	Fri	1:30 PM - 3:00 PM	37456

#### **Afternoon Book Club 4**

Dates	Day	Time	Code
Sep 5	Fri	1:30 PM - 3:00 PM	37457
Oct 3	Fri	1:30 PM - 3:00 PM	37458
Nov 7	Fri	1:30 PM - 3:00 PM	37459

#### **Evening Book Club 1**

Dates	Day	Time	Code
Sep 24	Wed	7:00 PM - 9:30 PM	37460
Oct 22	Wed	7:00 PM - 9:30 PM	37461
Nov 26	Wed	7:00 PM - 9:30 PM	37462

#### **Evening Book Club 2**

Dates	Day	Time	Code
Sep 17	Wed	7:00 PM - 9:30 PM	37463
Oct 15	Wed	7:00 PM - 9:30 PM	37464
Nov 19	Wed	7:00 PM - 9:30 PM	37465

#### **Line Dancing**

Ages 55+ \$54 members 6240 Main Street \$62 non-members

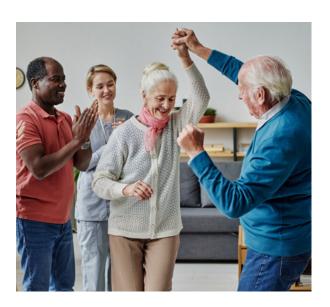
Join in for a toe-tapping, boot-scootin' good time as you learn classic line dances set to country music you love. Whether you're new to the floor for our beginner class or ready for the next level in intermediate, our welcoming atmosphere and easy-to-follow instruction will have you dancing in no time.

#### **Beginner**

Dates	Day	Time	Code
Sep 10 - Oct 15	Wed	12:00 PM - 1:00 PM	37444
Oct 22 - Nov 26	Wed	12:00 PM - 1:00 PM	37445

#### Intermediate

Dates	Day	Time	Code
Sep 10 - Oct 15	Wed	1:00 PM - 2:00 PM	37446
Oct 22 - Nov 26	Wed	1:00 PM - 2:00 PM	37447



Programs will not run on Monday, October 13 for Thanksgiving





#### **Practice Bridge**

Ages 55+	6240 Main Street	Free for members

This program is suitable for those who know some basics of contract bridge but want to brush up on bidding and playing skills and learn what is new in bridge. Participants may join at any time and are encouraged to register to aid in class planning. Activity fee is supported by Stouffville 55+ Club membership.

Dates	Day	Time	Code
Sep 11 - Nov 27	Thu	10:00 AM - 11:30 AM	37530

#### **Writing Club**

**Ages 55+** 6240 Main Street **Free for members** 

Enjoy discussion, learning and sharing around topics of literary interest to help inspire and create written work. Activity is supported by 55+ Club Membership. Registration is required by emailing **55plus@townofws.ca** or visiting the front desk of 6240 Main Street.

Dates	Day	Time	Code
Sep 23	Tue	7:00 PM - 9:30 PM	37531
Oct 21	Tue	7:00 PM - 9:30 PM	37532
Nov 25	Tue	7:00 PM - 9:30 PM	37533

#### Music

#### NEW

#### **Acoustic Jam**

Ages 55+ \$54 members 6240 Main Street \$62 non-members

Bring your acoustic instrument and voice and join in on your favourite classic tunes. Program facilitator will aid with some instrumentation and curate chord sheets for musicians to use.

Dates	Day	Time	Code
Sep 9 - Oct 14	Tue	8:00 PM - 9:00 PM	37575
Oct 21 - Nov 25	Tue	8:00 PM - 9:00 PM	37576



#### NEW

#### **Ukulele: Beginner**

Ages 55+ \$54 members 6240 Main Street \$62 non-members

Learn the beginner ukulele techniques and musical foundations needed to play simple scales and songs. Become the life of the party at your next campfire! Participants must bring their own ukulele.

Dates	Day	Time	Code
Sep 9 - Oct 14	Tue	7:00 PM - 8:00 PM	37558
Oct 21 - Nov 25	Tue	7:00 PM - 8:00 PM	37559



#### NEW

#### Karaoke

Ages 55+	\$5 member
Latcham Hall	\$8 non-member

Enjoy an afternoon of singing, laughing and time together singing favourite songs.

#### **Chinese Language**

Dates	Day	Time	Code
Sep 16	Tue	1:00 PM - 3:00 PM	37628
Oct 21	Tue	1:00 PM - 3:00 PM	37629
Nov 18	Tue	1:00 PM - 3:00 PM	37631

#### **English Language**

Dates	Day	Time	Code
Sep 23	Tue	1:00 PM - 3:00 PM	37637
Oct 28	Tue	1:00 PM - 3:00 PM	37638
Nov 25	Tue	1:00 PM - 3:00 PM	37640



#### **Arts & Crafts**

NEW

#### **Art Workshops**

Ages 55+	\$35 members
6240 Main Street	\$40 non-members

#### **Andy Warhol**

This beginner friendly workshop introduces the vibrant world of pop art, drawing inspiration from the iconic style of Andy Warhol. Create a Warhol-style mixed media portrait using photo transfer techniques, acrylic paints, and color-blocking methods. All supplies will be provided.

Dates	Day	Time	Code
Sep 12	Fri	1:00 PM - 3:30 PM	37583

#### Georgia O'Keeffe

Make stunning flowers based on the work of Georgia O'Keeffe. All supplies will be provided.

Dates	Day	Time	Code
Sep 19	Fri	1:00 PM - 3:30 PM	37584





#### **Group of Seven Inspiration**

Get inspired to create your own Canadian landscape with a nod to the work of the Group of Seven. All supplies will be provided.

Dates	Day	Time	Code
Oct 24	Fri	1:00 PM - 3:30 PM	37594

#### J.M.W. Turner

Explore watercolor techniques inspired by the luminous works of J.M.W. Turner. Recreating one of Turner's simpler atmospheric landscape studies, with a focus on embracing the fluid, intuitive qualities of watercolor.

Dates	Day	Time	Code
Oct 31	Fri	1:00 PM - 3:30 PM	37595

# Save big by signing up for a FREE membership!

Members receive exclusive discounts on many 55+ programs. By joining, you also gain complimentary access to our Stouffville 55+ Club drop-in programs where you can try something new or come and make new friends.

Visit us at **townofws.ca/55plus** for more details.

#### NEW

#### **Holiday Art Workshops**

<b>Ages 55+</b> 6240 Main Street <b>\$20</b>
--

#### **Celestial Wood Ornaments**

Bring a little starlight to your home! Transfer dreamy celestial images — stars, moons, and winter skies — onto wood slices, adding metallic touches for ornaments that shimmer with holiday magic. All supplies will be provided.

Dates	Day	Time	Code
Dec 5	Fri	1:00 PM - 3:30 PM	37585

#### **Nature Inspired Wood Ornaments**

Celebrate the beauty of the winter season by transferring gorgeous natural images onto wood slice ornaments, creating rustic, heartfelt decorations. Featuring images of snowy forests, woodland animals, and winter botanicals — perfect for bringing a touch of nature indoors. All supplies will be provided.

Dates	Day	Time	Code
Dec 12	Fri	1:00 PM - 3:30 PM	37603

#### **Vintage Christmas Wood Ornaments**

Capture the magic of holidays past by creating nostalgic photo-transfer ornaments on wood slices. Students can use vintage Christmas images adding a warm, timeless touch to holiday décor. All supplies will be provided.

Dates	Day	Time	Code
Dec 19	Fri	1:00 PM - 3:30 PM	37604



#### Note

# There's more to discover at the Stouffville 55+ Club!

From engaging drop-in activities like table tennis, painting, and card games, to specialized clinics for hearing, foot care, and tech support, there's something for everyone.

With free membership for residents aged 55+, it's the perfect opportunity to stay active, learn new skills, and connect with others in a welcoming space.

For the full schedule and to register for select programs, visit **townofws.ca/dropin**. Join us at 6240 Main Street and make the most of this dynamic community!

#### **Introduction to Painting**

Ages 55+	\$72 members
6240 Main Street	\$86 non-members

Explore the basics of painting in this beginner-friendly class with no experience needed. Choose between two sessions: bold, versatile acrylics or delicate, flowing watercolours.

#### Acrylic

Dates	Day	Time	Code
Nov 7 - Nov 28	Fri	1:00 PM - 3:30 PM	37529
Watercolour			
Dates	Day	Time	Code
Sep 26 - Oct 17	Fri	1:00 PM - 3:30 PM	37528
-			

#### **Cooking & Baking**

NEW

#### **Kitchen Workshops**

Ages 55+ \$35 members
Various Locations \$40 non-members

**Rise & Shine Breakfast Cooking** 

6240 Main Street

Join us for a deliciously fun breakfast where we'll explore easy, exciting recipes to elevate your mornings. You'll learn how to make Baked German Pancakes, Blueberry Quesadillas, Granola Breakfast Pizza and more!

Dates	Day	Time	Code
Sep 14	Sun	1:00 PM - 4:00 PM	37534
Sep 15	Mon	9:30 AM - 12:30 PM	37535

#### **Bite-Sized Appetizers**

6240 Main Street

Small bites, big flavour! You will learn to create a variety of crowd-pleasing starters, from elegant bites to quick craveable snacks like Dill Pickle Dip and Black bean and Corn salsa!

Dates	Day	Time	Code
Oct 5	Sun	1:00 PM - 4:00 PM	37536
Oct 6	Mon	9:30 AM - 12:30 PM	37537





#### **Veggie Vibes**

6240 Main Street

Discover how exciting vegetables can be in this vibrant, hands-on cooking class! We'll be making Zucchini noodles, Balsamic Glazed Broccoli, and perfectly roasted vegetables. If you want to get creative with your side dishes, then this class is for you!

Dates	Day	Time	Code
Oct 26	Sun	1:00 PM - 4:00 PM	37538
Oct 27	Mon	9:30 AM - 12:30 PM	37539

#### **Sweet Tooth Desserts**

6240 Main Street

Join us for a dessert cooking class packed with lots of twists on classic favorites! We'll start with Maple Glazed Donut Cake, White Chocolate Gingersnap Cookies, and finish off with Krispy Cookie Squares!

Dates	Day	Time	Code
Nov 9	Sun	1:00 PM - 4:00 PM	37540
Nov 10	Mon	9:30 AM - 12:30 PM	37541

#### Soup's On

Latcham Hall

Warm up with a comforting cooking class all about soul-soothing soups. Rustic Garlic Bread Soup, Creamy Tuscan White Bean Soup and Sweet Potato Soup are on the menu today! Whether you're cooking for comfort, health of just because soup is always a good idea, you'll leave inspired and full!

Dates	Day	Time	Code
Nov 23	Sun	1:00 PM - 4:00 PM	37542
Nov 24	Mon	9:30 AM - 12:30 PM	37543

#### **Dinner Made Simple**

6240 Main Street

Take the stress out of mealtime with this hands-on class packed with fresh, flavourful dinner ideas! Delicious Quinoa Bowls loaded with customizable toppings, tender Lemon Chicken and Wild Rice with Roasted Vegetables! These recipes are simple enough for a busy weeknight but satisfying to keep on repeat!

Dates	Day	Time	Code
Dec 7	Sun	1:00 PM - 4:00 PM	37544
Dec 8	Mon	9:30 AM - 12:30 PM	37545



#### **Fitness**

#### **Forever Fit**

Ages 55+ \$66.50 members
6240 Main Street \$79.80 non-members

Cardio components will enhance heart and lung function while strengthening components improve balance, flexibility, bone density and coordination. Great for those that wish to improve and maintain health and wellness.

Dates	Day	Time	Code
Sep 9 - Oct 21	Tue	6:00 PM - 7:00 PM	37645
Sep 12 - Oct 24	Fri	9:30 AM - 10:30 AM	37647
Oct 28 - Dec 9	Tue	6:00 PM - 7:00 PM	37646
Oct 31 - Dec 12	Fri	9:30 AM - 10:30 AM	37648

#### **Osteo Fit**

Ages 55+ \$66.50 members
6240 Main Street \$79.80 non-members

If you have been diagnosed with bone degeneration, this class has been developed with your needs in mind. This low impact cardio class includes weight bearing exercises and resistance conditioning to help support your bone mass and density.

Dates	Day	Time	Code
Sep 8 - Oct 20*	Mon	11:00 AM - 12:00 PM	37649
Sep 9 - Oct 21	Tue	9:30 AM - 10:30 AM	37651
Oct 27 - Dec 8	Mon	11:00 AM – 12:00 PM	37650
Oct 28 - Dec 9	Tue	9:30 AM - 10:30 AM	37652

\*shorter session | \$57 members, \$68.40 non-members



Please note that HST applies to all adult and family programs.

#### Pilates: Gentle

Ages 55+\$66.50 members6240 Main Street\$79.80 non-members

This beginners Pilates class focuses on core strength to establish balance and create mobility.

Dates	Day	Time	Code
Sep 12 - Oct 24	Fri	10:45 AM - 11:45 AM	37653
Oct 31 - Dec 12	Fri	10:45 AM - 11:45 AM	37654

# **Seated Fitness: Strength & Balance**

Ages 55+	\$66.50 members
6240 Main Street	\$79.80 non-members

Build strength and muscle tone while also working towards improving balance and stability, all from a seated position. This class is appropriate for individuals who may require assistive devices for mobility.

Dates	Day	Time	Code
Sep 11 - Oct 23	Thu	11:00 AM - 12:00 PM	37655
Oct 30 - Dec 11	Thu	11:00 AM – 12:00 PM	37656

#### Stretch 'n' Core

Ages 55+	\$66.50 members
6240 Main Street	\$79.80 non-members

This gentle class offers weight bearing and resistance exercises that stretch and strengthen the whole body. Participants will see improvements in their balance, efficiency of movement, and mobility while building strong, lean muscles.

Dates	Day	Time	Code
Sep 10 - Oct 22	Wed	11:00 AM - 12:00 PM	37657
Oct 29 - Dec 10	Wed	11:00 AM – 12:00 PM	37658

#### Yoga

#### Yoga: Gentle

Ages 55+	\$66.50 members
6240 Main Street	\$79.80 non-members

A gentle class for those who can get up and down from the floor. All are welcome - beginners through to intermediate. Modifications are offered for each posture, based on your level of yoga experience, mobility and flexibility. Participants should bring a mat with them to each class.

Dates	Day	Time	Code
Sep 11 - Oct 23	Thu	8:30 AM - 9:30 AM	37659
Oct 30 - Dec 11	Thu	8:30 AM - 9:30 AM	37660



#### 55+ Drop-in Programs



Become a member for free and join us for a variety of drop-in activities that suit your interests and lifestyle.

View the full drop-in schedule by scanning the QR code provided or **townofws.ca/dropin** 



#### Yoga: Relaxation

Ages 55+	\$66.50 members
6240 Main Street	\$79.80 non-members

A restorative class with a focus slow movement.

Emphasis will be placed on relaxation and stress relief.

All are welcome - beginners through to intermediate.

Modifications are offered for each posture, based on your level of yoga experience, mobility and flexibility.

Dates	Day	Time	Code
Sep 9 - Oct 21	Tue	7:00 PM – 8:00 PM	37661
Oct 28 - Dec 9	Tue	7:00 PM – 8:00 PM	37662

#### Yoga: Seated

Ages 55+	\$66.50 members
6240 Main Street	\$79.80 non-members

Gentle yoga adapted to be done while seated. Chair yoga can improve flexibility, circulation, strength, and concentration while boosting your mood, reducing stress, joint strain and chronic pain. Everyone is welcome and modifications are offered for individual levels of flexibility and mobility.

Dates	Day	Time	Code
Sep 11 - Oct 23	Thu	9:45 AM - 10:45 AM	37663
Oct 30 - Dec 11	Thu	9:45 AM – 10:45 AM	37664

#### **Yoga: Seated, Strength & Stretch**

Ages 55+	\$66.50 members
6240 Main Street	\$79.80 non-members

Use your breath to work towards a sense of calm.

Participants will engage in a variety of seated and standing postures that improve stability, strength and length of muscles. Stay steady on your feet, strengthen your core and improve balance. This class will use breath-work to enhance mobility and strength for improved mental, physical and spiritual well-being.

Dates	Day	Time	Code
Sep 10 - Oct 22	Wed	9:30 AM - 10:30 AM	37665
Oct 29 - Dec 10	Wed	9:30 AM - 10:30 AM	37666

#### Yoga: Tamil Language Supported

Ages 55+	\$38.50 members
6240 Main Street	\$45.50 non-members

All are welcome for this traditional yoga class - beginners through to intermediate. Modifications are offered for each posture based on your level of yoga experience, mobility and flexibility. Instructor will provide teaching support in Tamil and English.

Dates	Day	Time	Code
Sep 7 - Oct 19*	Sun	9:45 AM - 10:45 AM	37667
Oct 26 - Dec 7	Sun	9:45 AM – 10:45 AM	37668

\*shorter session | \$33 members, \$39 non-members



# fitness club

Whitchurch-Stouffville Leisure Centre 2 Park Drive, Stouffville, L4A 4K1 905-642-PLAY (7529)

# 

#### **Hours of Operation**

Monday – Thursday Friday Saturday & Sunday 6:00 AM - 10:00 PM 6:00 AM - 9:00 PM 7:30 AM - 5:00 PM

**leisure.services**@**townofws.ca**Quality programming by certified fitness professionals

# A membership lets you customize a wellness plan that best meets your needs.

Drop in for a day, sign up for a month, or commit to fit for the year! Our plans include access to all fitness classes, the training area and all swim drop-in classes.

Membership	Single Visit	10 Visits	Monthly	3 Month	1 Year
Youth (12-17 years) / F-T Student (valid ID required)	\$8.50	\$76.50	\$42.50	\$119.00	\$446.25
Adult (18+)	\$11.00	\$99.00	\$55.50	\$155.40	\$582.75
Senior (60+)	\$8.50	\$76.50	\$42.50	\$119.00	\$446.25

\*Prices include tax

#### **Certified Personal Training**

- Enhances the quality and effectiveness of workouts
- Increases motivation and streamlines time efficiency
- Appointments scheduled at your convenience
- Group training available, contact fitness centre for rate details

# of sessions	30 Minute	60 Minute
1	\$40.50	\$64.00
5	\$192.40	\$304.00
10	\$343.50	\$576.00

\*Prices include tax





# Group Fitness, Cycle Fit & Aquafit Classes

- Classes for all levels, led by certified instructors
- Monthly, 3-month, annual, and pay-as-you-go options are available
- Seasonal schedule with no pre-booking required
- Discounts on fitness programs



# Calling All Moms with Little Ones!

# Stay Active, Connect, and Bond with Baby!

Looking for a way to stay fit while bonding with your baby? Join our Mom & Babies Fitness Programs, designed just for you!



#### Why join?



Get moving with exercises tailored for postpartum bodies, with your baby right by your side.

2 Make Connections

Meet and connect with other moms who understand the joys and challenges of motherhood.

#### 3 Bond with Baby

Strengthen that special connection as you engage in activities designed to include your little one.

Join us today and make memories that last a lifetime!

# fitness programs

#### **Child & Family**

#### **Boot Camp: Moms & Babies**

Ages 18+ Leisure Centre \$

This is an active program for Mom and baby. For Mom, the class includes a cardiovascular aerobic workout and muscle conditioning segment that can use the baby as resistance; for baby, the class is followed by an interactive play program.

Dates	Day	Time	Code
Sep 23 - Oct 21	Tue	11:30 AM - 12:20 PM	37481
Sep 25 - Oct 23	Thu	11:30 AM - 12:20 PM	37483
Oct 28 - Nov 25	Tue	11:30 AM - 12:20 PM	37482
Oct 30 - Nov 27	Thu	11:30 AM - 12:20 PM	37484



#### Are you a new parent?

New parents should check with their physician to get permission to resume activity post pregnancy.



#### Stroller Fit

Ages 18+ Leisure Centre \$55

Classes led by an instructor will include brisk walking or jogging with your stroller as well as muscle conditioning activities using tubing or your body weight. Class is for all fitness levels.

Dates	Day	Time	Code
Sep 5 - Oct 3	Fri	10:30 AM - 11:20 AM	37487
Oct 10 - Nov 7	Fri	10:30 AM - 11:20 AM	37488

#### **Yoga: Moms & Babies**

Ages 18+ Leisure Centre \$5

This active program is designed to strengthen your postnatal body by using classic movements from Yoga. Baby can be incorporated into the movements of the workout or can sleep/lay beside mom.

Dates	Day	Time	Code
Sep 24 - Oct 22	Wed	11:30 AM - 12:20 PM	37494
Oct 29 - Nov 26	Wed	11:30 AM - 12:20 PM	37495

#### Yoga: Prenatal

Ages 18+ Leisure Centre \$55

This Yoga is a form of exercise and mediation where breath and specific body positions are used to help connect the mind and body. In addition to modifying positions for pregnancy, prenatal yoga also emphasizes breathing stretches and strengthening moves that help your body prepare for labour. *Participants should check with their physician before enrolling*.

Dates	Day	Time	Code
Sep 24 - Oct 22	Wed	12:30 PM - 1:20 PM	37526
Oct 29 - Nov 26	Wed	12:30 PM - 1:20 PM	37527

#### Youth

#### **TeenFit for Life**

Ages 10-15 Leisure Centre \$55

This program is designed as an introduction to fitness in a non-competitive environment. Led by qualified exercise professionals, participants will learn how to work out safely and effectively inspiring body awareness and self-confidence. Each week there will be a short lesson followed by exercise instruction and free workout time where participants can work on what they have been taught.

Dates	Day	Time	Code
Sep 25 - Oct 23	Thurs	5:20 PM - 6:20 PM	37491
Sep 27 - Oct 25	Sat	10:30 AM - 11:30 AM	37489
Oct 30 - Nov 27	Thurs	5:20 PM - 6:20 PM	37492
Nov 1 - Nov 29	Sat	10:30 AM - 11:30 AM	37490



# Programs will not run on the following days:

(i)

Monday, October 13 for Thanksgiving

**Friday, October 31 after 4:00 pm** for Halloween (preschool, child & adult programs only)



#### **Youth Fitness Drop-in**

Ages 12-15 Leisure Centre \$65

This program is a great way to get off the couch and start being active. Available Friday 6:00pm - 9:00pm,
Saturday and Sunday 1:00pm - 5:00pm, you choose the day you want to come. Our CSEP certified fitness staff will oversee the program and be on hand to help you set goals and create your own personal work out routine. For those wanting to take part in the program, who have not completed a session of the Youth Fitness Orientation, 3 orientation visits will be scheduled at the beginning of the program prior to drop-in. Whether you have a specific goal, like training for a sport, or are just looking to get out and get active, this program is for you.

Dates	Day	Time	Code
Sep 26 - Dec 20	Fri	6:00 PM - 9:00 PM	37498
	Sat	1:00 PM - 5:00 PM	
	Sun	1:00 PM - 5:00 PM	

#### **Youth Fitness Orientation**

Day

**Dates** 

Ages 12-15 Leisure Centre \$32

Whether your goal is to increase fitness, increase energy, lessen stress or train for sport, this provides a foundation for success. Certified exercise professionals will provide support in a small, group training atmosphere.

Time

Code

Dates	Day	Time	Code
Sep 11 & 18	Thu	7:00 PM - 8:30 PM	37517
Sep 13 & 20	Sat	1:30 PM - 3:00 PM	37518
Sep 14 & 21	Sun	1:30 PM - 3:00 PM	37519
Sep 25 & Oct 2	Thu	7:00 PM - 8:30 PM	37499
Sep 27 & Oct 4	Sat	1:30 PM - 3:00 PM	37502
Sep 28 & Oct 5	Sun	1:30 PM - 3:00 PM	37505
Oct 7 & 16	Thu	7:00 PM - 8:30 PM	37500
Oct 11 & 18	Sat	1:30 PM - 3:00 PM	37503
Oct 12 & 19	Sun	1:30 PM - 3:00 PM	37506
Oct 23 & 30	Thu	7:00 PM - 8:30 PM	37501
Oct 25 & Nov 1	Sat	1:30 PM - 3:00 PM	37504
Oct 26 & Nov 2	Sun	1:30 PM - 3:00 PM	37507
Nov 6 & 13	Thu	7:00 PM - 8:30 PM	37508
Nov 8 & 15	Sat	1:30 PM - 3:00 PM	37511
Nov 9 & 16	Sun	1:30 PM - 3:00 PM	37514
Nov 20 & 27	Thu	7:00 PM - 8:30 PM	37512
Nov 22 & 29	Sat	1:30 PM - 3:00 PM	37515
Nov 23 & 30	Sun	1:30 PM - 3:00 PM	37510
Dec 4 & 11	Thu	7:00 PM - 8:30 PM	37513
Dec 6 & 13	Sat	1:30 PM - 3:00 PM	37513
Dec 7 & 14	Sun	1:30 PM - 3:00 PM	37516

#### **Zumba: Kids**

Ages 7-11 Leisure Centre \$55

Zumba® Kids classes feature youth-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, cultural awareness.

Dates	Day	Time	Code
Sep 26 - Oct 24	Fri	5:00 PM - 5:50 PM	37520
Oct 31 - Nov 28	Fri	5:00 PM - 5:50 PM	37521



#### **Sport Conditioning & Dryland Training**

Looking to improve speed, strength, endurance, balance and agility for your athletes/sports team? Email **leisure.services@townofws.ca** for more information.

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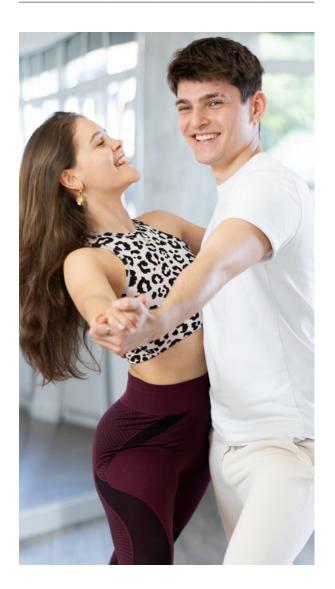
#### **Adult**

#### Cardio Salsa

Ages 12+ Ballantrae Field House \$55

This, easy-to-follow cardio dance class blends fiery Latin moves with heart-pounding Caribbean and World rhythms. Come prepared to be inspired, burn calories, and dance your stress away. No dance experience necessary

Dates	Day	Time	Code
Sep 23 - Oct 21	Tue	6:30 PM - 7:20 PM	37522
Oct 28 - Nov 25	Tue	6:30 PM - 7:20 PM	37523





#### **Off the Barre**

Ages 12+	Ballantrae Field House	\$55
1.800 12	Ballariti de l'Iela l'Ioase	

No Props? No Problem! This class incorporates movements derived from ballet and combines these classical dance movements and positions with those drawn from yoga and Pilates. Off the Barre classes focus on small, pulsing movements with emphasis on form, alignment and core engagement. Bands, yoga straps, exercise balls and light hand weights may be used, making this a great workout for all.

Dates	Day	Time	Code
Sep 22 - Oct 27	Mon	5:30 PM - 6:20 PM	37485
Nov 3 - Dec 1	Mon	5:30 PM - 6:20 PM	37486

#### **Together In Movement & Exercise**

Ages 18+	Leisure Centre	\$105
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Having difficulty with balance, coordination or mobility caused by a medical condition? This community-based program was developed by the Toronto Rehabilitation Institute, for those living with, or recovering from, neurological conditions such as stroke, MS, Parkinson's or acquired brain injury. Led by trained instructors, in a safe supportive environment, the program will help participants reclaim their bodies to be able to perform daily tasks.

Dates	Day	Time	Code
Sep 25 - Nov 27	Thu	1:00 PM - 2:00 PM	37493

#### NEW

#### **Total Body Nutrition and Wellness**

Ages 18+ Leisure Centre \$110

This 5-week program is designed to build strong foundations in nutrition, wellness, and daily movement. Participants will learn how to fuel their bodies with balanced meals, stay hydrated, support mental health, and incorporate consistent physical activity. Each week offers practical tools and strategies to create lasting, healthy habits for life.

Dates	Day	Time	Code
Sep 23 - Oct 21	Tue	11:00 AM - 12:30 PM	37863
Oct 28 - Nov 25	Tue	11:00 AM - 12:30 PM	37864

#### Yoga: Seated

Ages 12+	Leisure Centre	\$55

Gentle yoga adapted to be done while seated. Chair yoga can improve flexibility, circulation, strength, and concentration while boosting your mood, reducing stress, joint strain and chronic pain. Everyone is welcome and modifications are offered for individual levels of flexibility and mobility.

Dates	Day	Time	Code
Sep 24 - Oct 22	Wed	10:45 AM - 11:35 AM	37496
Sep 24 - Oct 22	Wed	10:45 AM - 11:35 AM	37497





#### Yoga: Hatha Style

Ages 12+ Ballantrae Field House \$55

Feeling stressed, overloaded? Release tension, reduce stress and build your strength and energy. Hatha yoga utilizes poses and breathing techniques to contribute to a strong foundation of wellness.

Dates	Day	Time	Code
Sep 23 - Oct 21	Tue	7:30 PM - 8:20 PM	37524
Oct 28 - Nov 25	Tue	7:30 PM - 8:20 PM	37525

Note

Please note that HST applies to all adult and family programs.

# aquatic centre

Whitchurch-Stouffville Leisure Centre 2 Park Drive, Stouffville, L4A 4K1 905-642-PLAY (7529)

# 

#### **Hours of Operation**

Monday – Thursday Friday Saturday & Sunday 6:00 AM - 10:00 PM 6:00 AM - 9:00 PM 7:30 AM - 8:00 PM

#### **Aquatic Membership Fees**

Membership	Single Visit	10 Visits	Monthly	3 Month	1 Year
Tot (5 years and under)	\$2.50	\$22.50	\$12.50	\$35.00	\$131.25
Youth (6-17 years) / F-T Student (valid ID required)	\$4.50	\$40.50	\$24.50	\$68.60	\$257.25
Adult (18+)	\$6.50	\$58.50	\$36.00	\$100.80	\$378.00
Senior (60+)	\$4.50	\$40.50	\$24.50	\$68.60	\$257.25
Family	\$13.00	\$114.75	\$68.00	\$190.40	\$714.00

<sup>\*</sup>Prices include tax



#### **Fall Sessions Snapshot**

Day	Start Date	Parent's Day	End Date	No Lesson
Monday	Sep 22	Nov 17	Dec 1	Oct 13 - Thanksgiving
Tuesday	Sep 23	Nov 11	Nov 25	
Wednesday	Sep 24	Nov 12	Nov 26	
Thursday	Sep 25	Nov 13	Nov 27	
Friday	Sep 26	Nov 14	Dec 5	Oct 31, after 4 pm - Halloween
Saturday	Sep 27	Nov 15	Nov 29	
Sunday	Sep 28	Nov 16	Nov 30	

#### Swim for Life: Programming Guide & Checklist

Splish, Splash, Safety:

# Dive into Fun, Swim with Care!

#### Here are 5 friendly tips to keep you safe and happy while swimming in the water:

- **1. Learn to Swim:** Take some time to learn basic swimming skills and become comfortable in the water. It'll be a lot of fun!
- **2. Stick to Designated Areas:** Swim in places where there are lifeguards or signs saying it's safe. They're there to help you stay safe!
- **3. Buddy Up:** Swimming with a friend is awesome! Having someone to splash around with makes it even more enjoyable.
- **4. Check Water Depths:** Make sure the water is deep enough before diving in.
- **5. Know Your Limits:** Swimming is all about having fun. If you feel tired, take a break and relax. You'll be back to your water adventures in no time!

Drop in for a swim!
View our drop-in schedules at townofws.ca/dropin

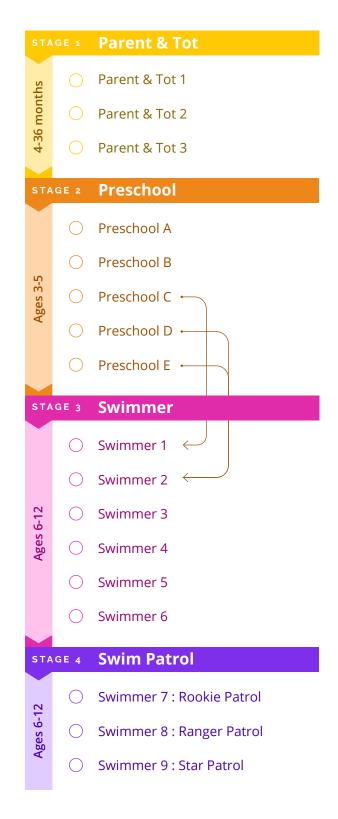
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# Do you want to register your child for swimming lessons, but don't know where to begin?

Stop in during one of our leisure swims and speak to a Deck Supervisor. They will set up a swim assessment, so you can be confident that you are registering your child in the right level.







#### **Youth Leadership**

Bronze Star

O luminul

Junior Lifeguard Beginner & Advanced: Intro (Ages 9-12)

Flip to page 70 to see what other leadership programs we have to offer!

#### Adult/Teen

O Adult/Teen 1

O Adult/Teen 2

#### **Parent's Day**

During the last five minutes of class, the instructor will provide you with your child's progress slip. If you want to take a picture of/with your child, please ask the Deck Supervisor first. See page 53 for dates.

# adapted aquatics



#### **Adapted Aquatics**

All Ages	Leisure Centre	\$175
0		

Designed to give individuals with exceptionalities opportunities to experience the benefits of swimming. With the assistance of qualified staff and volunteers, participants will work on improving their comfort in the water in a progressive format based on their needs. swimmer will gather in a positive and supportive environment, while interacting with peers and having fun! Contact leisure.services@townofws.ca for more information on how to register.

Dates	Days	Time	Code
Sep 23 - Nov 25	Tue	7:00 PM - 7:45 PM	36965
Sep 28 - Nov 30	Sun	12:30 PM - 1:15 PM	36964

# babies and preschoolers

#### Parent & Tot: Level 1 & 2

Ages 4-24 months	Leisure Centre	\$150
Ages 4-24 months	Leisure Centre	\$15

Assisted by their parents, children will float and kick on their front and back, learn to get their faces wet, and blow bubbles underwater.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:30 PM - 6:00 PM	36976
Sep 24 - Nov 26	Wed	5:30 PM - 6:00 PM	36981
Sep 27 - Nov 29	Sat	11:00 AM - 11:30 AM	36977
		4:30 PM - 5:00 PM	
Sep 28 - Nov 30	Sun	11:00 AM - 11:30 AM	36980





#### Parent & Tot: Level 2 & 3

Ages 12-36 months	Leisure Centre	\$150
	20.50.0 00.10.0	7.00

Parents will help their child jump into water and learn to submerge and hold breath underwater. They will also aim to do starfish and pencil floats, as well as kick on both their front and back.

Dates	Days	Time	Code
Sep 23 - Nov 25	Tue	5:30 PM - 6:00 PM	36991
Sep 25 - Nov 27	Thu	5:30 PM - 6:00 PM	36990
Sep 26 - Dec 5	Fri	5:30 PM - 6:00 PM	36985
Sep 27 - Nov 29	Sat	12:00 PM - 12:30 PM	36986
Sep 28 - Nov 30	Sun	12:00 PM - 12:30 PM	36987
		4:30 PM - 5:00 PM	

#### Parent & Tot: Level 1 - 3

Ages 4-36 months	Leisure Centre	\$150

Assisted by their parents, children will float and kick on their front and back, learn to get their faces wet, and blow bubbles underwater. Parents will help their child jump into water and learn to submerge and hold breath underwater. They will also aim to do starfish and pencil floats, as well as kick on both their front and back.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	9:30 AM - 10:00 AM	36983
Sep 24 - Nov 26	Wed	9:30 AM - 10:00 AM	36984
Sep 26 - Dec 5	Fri	9:30 AM - 10:00 AM	36982

#### Preschool A

Ages 3-5 Leisure Centre

Preschoolers will have fun learning to get in and out of the water and start to get comfortable jumping into chest-deep water. They will float and glide on their front and backs, learn to get their faces wet, and blow bubbles underwater.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:00 PM - 5:30 PM	36995
		6:00 PM - 6:30 PM	
Sep 23 - Nov 25	Tue	5:00 PM - 5:30 PM	37011
		6:00 PM - 6:30 PM	
Sep 24 - Nov 26	Wed	5:00 PM - 5:30 PM	37014
		6:00 PM - 6:30 PM	
Sep 25 - Nov 27	Thu	5:00 PM - 5:30 PM	37008
		6:00 PM - 6:30 PM	
Sep 26 - Dec 5	Fri	5:00 PM - 5:30 PM	36992
		6:00 PM - 6:30 PM	
Sep 27 - Nov 29	Sat	10:30 AM - 11:00 AM	36998
		11:30 AM - 12:00 PM	
		12:30 PM - 1:00 PM	
		5:00 PM - 5:30 PM	
Sep 28 - Nov 30	Sun	10:30 AM - 11:00 AM	37003
		11:30 AM - 12:00 PM	
		12:30 PM - 1:00 PM	
		5:00 PM - 5:30 PM	



Drop in for a swim! View our drop-in schedules at townofws.ca/dropin



#### **Preschool B**

Ages 3-5 Leisure Centre \$150

Preschoolers learn to jump into chest-deep water by themselves and get in and get out wearing a lifejacket.

They also begin to submerge and exhale underwater.

Wearing a lifejacket, kids will glide both front and back, and learn to kick while on their backs.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:00 PM - 5:30 PM	37020
		6:00 PM - 6:30 PM	
Sep 23 - Nov 25	Tue	5:00 PM - 5:30 PM	37036
		6:00 PM - 6:30 PM	
Sep 24 - Nov 26	Wed	5:00 PM - 5:30 PM	37039
		6:00 PM - 6:30 PM	
Sep 25 - Nov 27	Thu	5:00 PM - 5:30 PM	37033
		6:00 PM - 6:30 PM	
Sep 26 - Dec 5	Fri	5:00 PM - 5:30 PM	37017
		6:00 PM - 6:30 PM	
Sep 27 - Nov 29	Sat	10:30 AM - 11:00 AM	37023
		11:30 AM - 12:00 PM	
		12:30 PM - 1:00 PM	
		5:30 PM - 6:00 PM	
		6:00 PM - 6:30 PM	
Sep 28 - Nov 30	Sun	10:30 AM - 11:00 AM	37029
		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	



#### Preschool C

Ages 3-5 Leisure Centre \$150

Try both jumping and sideways entries into deep water while wearing a lifejacket! Preschoolers will retrieve objects from the bottom of the pool in waist-deep water, and work on kicking and gliding through the water on both their front and backs.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:00 PM - 5:30 PM	37045
		6:00 PM - 6:30 PM	
Sep 23 - Nov 25	Tue	5:00 PM - 5:30 PM	37063
		6:00 PM - 6:30 PM	
Sep 24 - Nov 26	Wed	5:00 PM - 5:30 PM	37066
		6:00 PM - 6:30 PM	
Sep 25 - Nov 27	Thu	5:00 PM - 5:30 PM	37060
		6:30 PM - 7:00 PM	
Sep 26 - Dec 5	Fri	5:00 PM - 5:30 PM	37042
		6:30 PM - 7:00 PM	
Sep 27 - Nov 29	Sat	9:30 AM - 10:00 AM	37048
		12:00 PM - 12:30 PM	
		1:00 PM - 1:30 PM	
		4:30 PM - 5:00 PM	
		6:00 PM - 6:30 PM	
Sep 28 - Nov 30	Sun	9:30 AM - 10:00 AM	37054
		11:30 AM - 12:00 PM	
		1:00 PM - 1:30 PM	
		4:30 PM - 5:00 PM	
		6:00 PM - 6:30 PM	

#### Preschool D

Ages 3-5 Leisure Centre \$150

These advanced preschoolers will learn to do solo jumps into deeper water and get out all by themselves. Kids will complete sideways entries, open their eyes underwater, master a short swim wearing a lifejacket, and gliding and kicking on their side.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:30 PM - 6:00 PM	37072
		6:30 PM - 7:00 PM	
Sep 23 - Nov 25	Tue	5:30 PM - 6:00 PM	37087
		6:30 PM - 7:00 PM	
Sep 24 - Nov 26	Wed	5:30 PM - 6:00 PM	37090
		6:30 PM - 7:00 PM	
Sep 25 - Nov 27	Thu	5:30 PM - 6:00 PM	37084
		7:00 PM - 7:30 PM	
Sep 26 - Dec 5	Fri	5:30 PM - 6:00 PM	37069
		7:00 PM - 7:30 PM	
Sep 27 - Nov 29	Sat	10:00 AM - 10:30 AM	37075
		12:30 PM - 1:00 PM	
		5:00 PM - 5:30 PM	
		6:30 PM - 7:00 PM	
Sep 28 - Nov 30	Sun	10:00 AM - 10:30 AM	37080
		12:00 PM - 12:30 PM	
		5:00 PM - 5:30 PM	

# Programs will not run on the following days:

Monday, October 13 for Thanksgiving

Friday, October 31 after 4:00 pm for Halloween (preschool, child & adult programs only)



#### Preschool E

Ages 3-5 Leisure Centre

Kids can get more adventurous with a forward roll entry into the pool while wearing a lifejacket and holding their breath underwater for up to 10 seconds. They will practice front and back crawl, interval training, and get a giggle out of whip kick.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	7:00 PM - 7:30 PM	37094
Sep 24 - Nov 26	Wed	7:00 PM - 7:30 PM	37098
Sep 25 - Nov 27	Thu	7:30 PM - 8:00 PM	37097
Sep 26 - Dec 5	Fri	7:30 PM - 8:00 PM	37093
Sep 27 - Nov 29	Sat	11:00 AM - 11:30 AM	37095
Sep 28 - Nov 30	Sun	11:00 AM - 11:30 AM	37096

\$150

# children and youth



#### Swimmer 1

Ages 6-12 Leisure Centre \$

Kids will become comfortable jumping into water with and without lifejackets, learning to open their eyes, exhale, and hold their breath underwater. Students will work on floats, glides, and kicking through the water on their front and back.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:30 PM - 6:00 PM	37298
		6:30 PM - 7:00 PM	
Sep 23 - Nov 25	Tue	5:30 PM - 6:00 PM	37318
		6:30 PM - 7:00 PM	
Sep 24 - Nov 26	Wed	5:00 PM - 5:30 PM	37321
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Sep 25 - Nov 27	Thu	5:30 PM - 6:00 PM	37315
		7:00 PM - 7:30 PM	
Sep 26 - Dec 5	Fri	5:30 PM - 6:00 PM	37294
		7:00 PM - 7:30 PM	
		7:30 PM - 8:00 PM	

Dates	Days	Time	Code
Sep 27 - Nov 29	Sat	9:30 AM - 10:00 AM	37301
		11:00 AM - 11:30 AM	
		1:00 PM - 1:30 PM	
		4:30 PM - 5:00 PM	
		6:00 PM - 6:30 PM	
		6:30 PM - 7:00 PM	
Sep 28 - Nov 30	Sun	9:30 AM - 10:00 AM	37308
		11:00 AM - 11:30 AM	
		12:00 PM - 12:30 PM	
		4:30 PM - 5:00 PM	
		6:00 PM - 6:30 PM	
		6:30 PM - 7:00 PM	





#### Swimmer 2

Ages 6-12	Leisure Centre	\$150

Jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. Children will be able to support themselves at the surface without an aid, learn whip kick, swim 10m on their front and backs, and be introduced to flutter kick interval training.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:30 PM - 6:00 PM	37330
		7:00 PM - 7:30 PM	
Sep 23 - Nov 25	Tue	6:30 PM - 7:00 PM	37349
		7:00 PM - 7:30 PM	
		7:30 PM - 8:00 PM	
Sep 24 - Nov 26	Wed	5:30 PM - 6:00 PM	37353
		6:30 PM - 7:00 PM	
		7:00 PM - 7:30 PM	
Sep 25 - Nov 27	Thu	6:30 PM - 7:00 PM	37346
		7:30 PM - 8:00 PM	
Sep 26 - Dec 5	Fri	5:30 PM - 6:00 PM	37326
		6:30 PM - 7:00 PM	
		7:30 PM - 8:00 PM	

Dates	Days	Time	Code
Sep 27 - Nov 29	Sat	10:00 AM - 10:30 AM	1 37333
		12:00 PM - 12:30 PM	1
		1:00 PM - 1:30 PM	
		5:00 PM - 5:30 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Sep 28 - Nov 30	Sun	10:00 AM - 10:30 AM	1 37340
		12:00 PM - 12:30 PM	l
		5:00 PM - 5:30 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	



#### **Swimmer 3**

Ages 6-12 Leisure Centre \$175

Dive in and do in-water front somersaults and handstands! Kids will work on 15m of front and back crawl and 10m of whip kick. Flutter kick interval training increases to  $4 \times 15m$ .

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	6:00 PM - 6:45 PM	37358
Sep 23 - Nov 25	Tue	5:30 PM - 6:15 PM	37362
Sep 24 - Nov 26	Wed	6:00 PM - 6:45 PM	37363
Sep 25 - Nov 27	Thu	6:15 PM - 7:00 PM	37361
Sep 26 - Dec 5	Fri	6:15 PM - 7:00 PM	37357
Sep 27 - Nov 29	Sat	10:30 AM - 11:15 AM	37359
Sep 28 - Nov 30	Sun	10:30 AM - 11:15 AM	37360



Drop in for a swim! View our drop-in schedules at townofws.ca/dropin





#### **Swimmer 3: Small Group**

Ages 6-12 Leisure Centre \$195

Participants will learn and practice all the content of Swimmer 3, but in a smaller class setting.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:30 PM - 6:00 PM	37365
Sep 23 - Nov 25	Tue	6:30 PM - 7:00 PM	37373
Sep 24 - Nov 26	Wed	5:30 PM - 6:00 PM	37374
Sep 25 - Nov 27	Thu	7:00 PM - 7:30 PM	37372
Sep 26 - Dec 5	Fri	7:00 PM - 7:30 PM	37364
Sep 27 - Nov 29	Sat	12:00 PM - 12:30 PM	37366
		4:30 PM - 5:00 PM	
Sep 28 - Nov 30	Sun	1:00 PM - 1:30 PM	37369
		4:30 PM - 5:00 PM	

#### Swimmer 4

Ages 6-12 Leisure Centre \$175

Kids swim 5m underwater, 25m of front and back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. Cap it all off with front crawl sprints over 25m and 4 x 25m front or back crawl interval training.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	6:45 PM - 7:30 PM	37376
Sep 23 - Nov 25	Tue	6:15 PM - 7:00PM	37380
Sep 24 - Nov 26	Wed	6:45 PM - 7:30 PM	37381
Sep 25 - Nov 27	Thu	5:30 PM - 6:15 PM	37379
Sep 26 - Dec 5	Fri	5:30 PM - 6:15 PM	37375
Sep 27 - Nov 29	Sat	11:15 AM - 12:00 PM	37377
Sep 28 - Nov 30	Sun	11:15 AM - 12:00 PM	37378





#### Swimmer 4: Small Group

Ages 6-12 Leisure Centre \$195

Participants will learn and practice all the content of Swimmer 4, but in a smaller class setting.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	6:00 PM - 6:30 PM	37384
Sep 23 - Nov 25	Tue	5:30 PM - 6:00 PM	37392
Sep 24 - Nov 26	Wed	6:00 PM - 6:30 PM	37393
Sep 25 - Nov 27	Thu	7:30 PM - 8:00 PM	37391
Sep 26 - Dec 5	Fri	7:30 PM - 8:00 PM	37383
Sep 27 - Nov 29	Sat	12:30 PM - 1:00 PM	37385
		5:00 PM - 5:30 PM	
Sep 28 - Nov 30	Sun	12:30 PM - 1:00 PM	37388
		5:00 PM - 5:30 PM	

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#### Swimmer 5

Ages 6-12 Leisure Centre \$175

Master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. Refine front and back crawl over 50m swims of each, and breaststroke over 25m. Next, kids will pick up the pace in 25m sprints and two interval training bouts:  $4 \times 50m$  front or back crawl and  $4 \times 15m$  breaststroke.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	6:15 PM - 7:00 PM	37395
Sep 23 - Nov 25	Tue	6:15 PM - 7:00 PM	37399
Sep 24 - Nov 26	Wed	6:15 PM - 7:00 PM	37400
Sep 25 - Nov 27	Thu	5:30 PM - 6:15 PM	37398
Sep 26 - Dec 5	Fri	6:00 PM - 6:45 PM	37394
Sep 27 - Nov 29	Sat	10:15 AM - 11:00 AM	37396
Sep 28 - Nov 30	Sun	10:15 AM - 11:00 AM	37397





#### **Swimmer 5: Small Group**

Ages 6-12 Leisure Centre \$195

Participants will learn and practice all the content of Swimmer 5, but in a smaller class setting.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	7:00 PM - 7:30 PM	37402
Sep 23 - Nov 25	Tue	7:00 PM - 7:30 PM	37410
Sep 24 - Nov 26	Wed	7:00 PM - 7:30 PM	37411
Sep 25 - Nov 27	Thu	7:30 PM - 8:00 PM	37409
Sep 26 - Dec 5	Fri	5:00 PM - 5:30 PM	37401
Sep 27 - Nov 29	Sat	11:30 AM - 12:00 PM	37403
		5:30 PM - 6:00 PM	
Sep 28 - Nov 30	Sun	11:30 AM - 12:00 PM	37406
		5:30 PM - 6:00 PM	

# Programs will not run on the following days:

Monday, October 13 for Thanksgiving

Friday, October 31 after 4:00 pm for Halloween (preschool, child & adult programs only)

#### **Swimmer 6**

Ages 6-12 Leisure Centre \$175

Rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps, and lifesaving kicks like eggbeater and scissor kick. Kids develop strength and power in head-up breaststroke sprints over 25m.

Learn to easily swim lengths of front crawl, back crawl, and breaststroke.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:30 PM - 6:15 PM	37413
Sep 23 - Nov 25	Tue	5:30 PM - 6:15 PM	37417
Sep 24 - Nov 26	Wed	5:30 PM - 6:15 PM	37418
Sep 25 - Nov 27	Thu	6:15 PM - 7:00 PM	37416
Sep 26 - Dec 5	Fri	6:45 PM - 7:30 PM	37412
Sep 27 - Nov 29	Sat	9:30 AM - 10:15 AM	37414
Sep 28 - Nov 30	Sun	9:30 AM - 10:15 AM	37415





#### Swimmer 6: Small Group

Ages 6-12 Leisure Centre \$195

Participants will learn and practice all the content of Swimmer 6, but in a smaller class setting.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	6:30 PM - 7:00 PM	37420
Sep 23 - Nov 25	Tue	7:30 PM - 8:00 PM	37428
Sep 24 - Nov 26	Wed	6:30 PM - 7:00 PM	37429
Sep 25 - Nov 27	Thu	7:00 PM - 7:30 PM	37427
Sep 26 - Dec 5	Fri	6:00 PM - 6:30 PM	37419
Sep 27 - Nov 29	Sat	10:30 AM - 11:00 AM	37421
		6:00 PM - 6:30 PM	
Sep 28 - Nov 30	Sun	10:30 AM - 11:00 AM	37424
		6:00 PM - 6:30 PM	



#### Swimmer 7 & 8: Rookie & Ranger Patrol

Ages 6-12

\$175

#### **Swimmer 7: Rookie Patrol**

Continue stroke development with 50m swims of front crawl, back crawl, and breaststroke. Lifesaving Sport skills include a 25m obstacle swim and 15m object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness improves in 350m workouts and 100m timed swims.

Leisure Centre

#### **Swimmer 8: Ranger Patrol**

Develop better strokes over 75m swims of each stroke. Tackle Lifesaving Sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:00 PM - 5:45 PM	37431
Sep 23 - Nov 25	Tue	7:15 PM - 8:00 PM	37435
Sep 24 - Nov 26	Wed	5:00 PM - 5:45 PM	37436
Sep 25 - Nov 27	Thu	7:15 PM - 8:00 PM	37434
Sep 26 - Dec 5	Fri	7:15 PM - 8:00 PM	37430
Sep 27 - Nov 29	Sat	11:00 AM - 11:45 AM	37432
Sep 28 - Nov 30	Sun	11:45 AM - 12:30 PM	37433

#### **Swimmer 9 & Bronze Star**

Ages 6-12 Leisure Centre \$175

#### **Swimmer 9: Star Patrol**

Swimmers are challenged with 600m workouts; 300m timed swims and a 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defense methods, victim removals and rolling over and supporting a victim face up in shallow water.

#### **Bronze Star**

Develops swimming proficiency, lifesaving skill and personal fitness. Candidates refine their stroke mechanics, learn self-rescue skills, and apply fitness principles in training workouts. Bronze Star is excellent preparation for Bronze Medallion and provides a fun introduction to lifesaving sport.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:45 PM - 6:30 PM	37438
Sep 23 - Nov 25	Tue	6:30 PM - 7:15 PM	37442
Sep 24 - Nov 26	Wed	5:45 PM - 6:30 PM	37443
Sep 25 - Nov 27	Thu	6:30 PM - 7:15 PM	37441
Sep 26 - Dec 5	Fri	6:30 PM - 7:15 PM	37437
Sep 27 - Nov 29	Sat	11:45 AM - 12:30 PM	37439
Sep 28 - Nov 30	Sun	11:00 AM - 11:45 AM	37440





#### **Private Swim Lessons**

Ages 3+ Private: \$340
Leisure Centre Semi Private: \$230

Ideal for children who have struggled with a swim level, kids benefit from focusing on completing specific skills to progress to the next level, one-on-one with an instructor during 30 minute sessions. To turn a private swim lesson into a semi-private lesson, register your first child in a private lesson then contact the aquatic supervisor to add the second child. Both children must be in the same swim level or have similar swim ability. Call (905) 642-PLAY (7529) for registration assistance.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:00 PM - 8:00 PM	37125
Sep 23 - Nov 25	Tue	5:30 PM - 8:30 PM	37251
Sep 24 - Nov 26	Wed	5:00 PM - 8:00 PM	37273
Sep 25 - Nov 27	Thu	5:30 PM - 8:30 PM	37225
Sep 26 - Dec 5	Fri	5:00 PM - 7:30 PM	37099
Sep 27 - Nov 29	Sat	9:30 AM - 6:30 PM	37151
Sep 28 - Nov 30	Sun	9:30 AM - 6:30 PM	37188

#### Junior Lifeguard: Beginner

Ages 9-14 Leisure Centre \$190

Junior Lifeguard engages youth in physical activity and participation in lifesaving sport. Participants will develop fitness, lifesaving skills, stroke correction, endurance and speed. This program bridges the gap between swimming lessons and aquatic leadership courses.

Dates	Days	Time	Code
Sep 23 - Nov 25	Tue	8:00 PM - 9:00 PM	36975
Sep 27 - Nov 29	Sat	6:00 PM - 7:00 PM	36974

#### Junior Lifeguard: Advanced

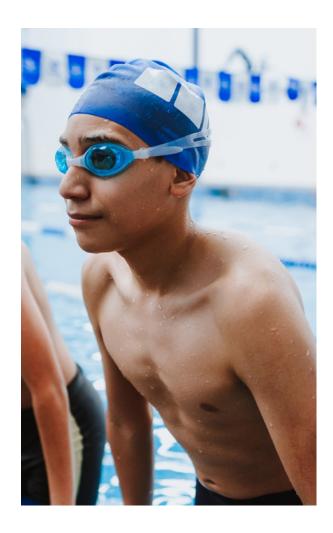
Ages 9-14 Leisure Centre \$190

Swimmers in this group should have the ability to swim at a higher level of fitness and swimming skills including endurance and speed. They will attempt to perform the lifesaving sport events at the Provincial Level standards. This program bridges the gap between swimming lessons and aquatic leadership courses.

Dates	Days	Time	Code
Sep 25 - Nov 27	Thu	8:00 PM - 9:00 PM	36973
Sep 28 - Nov 30	Sun	6:00 PM - 7:00 PM	36972



# teen and adult



#### Adult/Teen 1

Ages 13+	Leisure Centre	\$150
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Work towards a 10-15m swim on your front and back. Complete jump entries from the side and recover an object from the bottom of chest-deep water. Improve overall fitness and flutter kicking with  $4\times 9$ -12m interval training.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	7:00 PM - 7:30 PM	36966
Sep 24 - Nov 26	Wed	7:00 PM - 7:30 PM	36968
Sep 27 - Nov 29	Sat	6:30 PM - 7:00 PM	36967

#### Adult/Teen 2

Ages 13+ Leisure Centre \$150

Kick it up a notch working on two interval training workouts of  $4 \times 25 \text{m}$  kicking and front or back crawl. Perform dive entries and demonstrate breaststroke arms and breathing over 10-15m. Participants support themselves at the surface for 1-2 minutes and complete handstands in shallow water.

Dates	Days	Time	Code
Sep 23 - Nov 25	Tue	7:30 PM - 8:00 PM	36971
Sep 25 - Nov 27	Thu	7:30 PM - 8:00 PM	36970
Sep 28 - Nov 30	Sun	6:30 PM - 7:00 PM	36969









#### It's a fun way to get experience working in the industry.

Volunteers help us with swim lessons and camp programs, including:

- Practicing skills with swimmers
- Playing games and singing songs
- Organizing equipment

- Tidying the pool deck
- Reporting safety issues
- Assisting with participant supervision

Visit townofws.ca/volunteer for more information.

# Interested in becoming a lifeguard or swim instructor?

This fun, rewarding part-time or summer job provides opportunities to develop personally and professionally.

Visit townofws.ca/careers to see open positions on our aquatics team.



#### **Bronze Star**

**Develops swimming** proficiency, lifesaving skill and personal fitness.



#### **Bronze Medallion & Emergency First Aid CPR B**

Must be minimum 13 years old or have Bronze Star





#### **Bronze Cross**

Must have Bronze Medallion & Emergency First Aid CPR B





#### Standard First Aid & CPR C

In order to become a swim instructor or lifeguard, you must first earn this certification

#### First Aid & CPR Certified

Lifeguarding





#### **Assistant Instructor**

Must be 14 years old and have Bronze Cross. This award is required for employment as a Deck Attendant, however it is not required for the Town's Instructor course





Tri Instructor

Must be 15+ years old and have Bronze Cross





**Instructor Qualified** 



#### Volunteer with us!

Must be at least 14+ years old and have **Bronze Medallion** 



#### **National Lifeguard**

Must be 15 years old, have Bronze Cross, and Standard First Aid & CPR



Lifeguard Qualified



# leadership

#### **Become a Lifeguard or Swim Instructor!**

Take your first steps into the exciting world of aquatics with our Aquatic Leadership Courses. All Leadership Courses are recognized by the Lifesaving Society of Canada.

#### **Bronze Medallion & Emergency** First Aid CPR B

Ages 13+	Leisure Centre	\$232
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This course challenges the candidate both mentally and physically. Judgment, knowledge, skill, and fitness - the four components of water rescue - form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross.

Dates	Days	Time	Code
Sep 22 - Dec 1	Mon	5:00 PM - 7:30 PM	37684
Sep 28 - Nov 30	Sun	11:00 AM - 1:30 PM	37685



#### **Bronze Cross**

Ages 13+	Leisure Centre	\$195
Ages IS	Leisure Cerritie	4193

Swimmers begin transitioning from lifesaving to lifeguarding and prepare for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies; it is a prerequisite for advanced training in the National Lifeguard and leadership certification programs.

Dates	Days	Time	Code
Sep 24 - Nov 26	Wed	5:00 PM - 7:30 PM	37686
Sep 27 - Nov 29	Sat	11:00 AM - 1:30 PM	37687

#### Standard First Aid & CPR C

Ages 12+	Leisure Centre	\$170
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Comprehensive training covering all aspects of first aid and CPR. Standard First Aid incorporates all of Emergency First Aid and is designed for those who require a more in-depth understanding of first aid including, legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical emergencies.

Dates	Days	Time	Code
Sep 20 - 21	Sat	11:30 AM - 8:00 PM	37688
	Sun	9:30 AM - 6:00 PM	
Oct 25 - 26	Sat	11:30 AM - 8:00 PM	37689
	Sun	9:30 AM - 6:00 PM	
Nov 29 - 30	Sat	11:30 AM - 8:00 PM	37690
	Sun	9:30 AM - 6:00 PM	

Join our team once you're certified! View our job openings at townofws.ca/careers

# Standard First Aid & CPR C Recertification

Ages 12+ Leisure Centre \$93

This course reviews a candidate's existing Standard First Aid and CPR skills. Successful completion renews the award for three years.

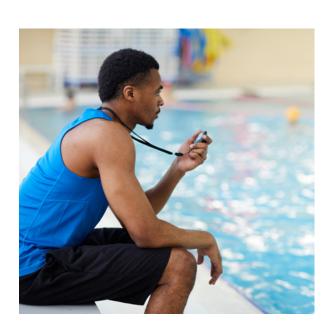
Date	Day	Time	Code
Sep 20	Sat	9:30 AM - 6:00 PM	37691

#### **Assistant Instructor**

Ages 14+ Leisure Centre \$134

Through classroom learning and in-water practice, this Lifesaving Society course prepares candidates to help instructors with swimming and lifesaving classes. Candidates learn roles and responsibilities of instructors and are introduced to key principles of learning and teaching while mastering basic progressions.

Dates	Days	Time	Code
Nov 22 - 23	Sat	11:30 AM - 8:00 PM	37692
	Sun	9:30 AM - 7:00 PM	_



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# Instructors: Swim, Lifesaving & Emergency First Aid

Ages 15+ Leisure Centre \$350

Prepares the instructors to teach and evaluate swim strokes and lifesaving skills. Through classroom learning and in-water practice, candidates explore teaching methods, learning strategies and activities, a variety of stroke and skill drills, correction techniques, and evaluation criteria. Practice teaching is emphasized throughout.

Dates	Days	Time	Code
Dec 4, 6 & 7 &	Thu	5:00 PM - 8:00 PM	37693
Dec 12-14	Fri	5:00 PM - 8:00 PM	
	Sat	9:30 AM - 7:00 PM	
	Sun	9:30 AM - 7:00 PM	

Have a friend who might want to explore a swim leadership program with you?

Take the plunge together and dive into training with your friend by your side. Encourage them to sign up with you!

#### **National Lifeguard**

Ages 15+ Leisure Centre \$270

This course is designed to develop a sound understanding of lifeguarding principles, good judgement, and a mature, responsible attitude toward the role of the lifeguard.

The program emphasizes teamwork, leadership, communications, prevention of accidents and treatment of medical emergencies. Participants are taught advanced lifeguarding skills in a lecture format and are required to demonstrate competency in managing various emergency situations within an aquatic environment. Successful completion of this course will certify the candidate in Canada's only recognized lifeguarding award. Please not that class will not be held on Friday, June 13.

Dates	Days	Time	Code
Dec 4, 6 & 7 &	Thu	5:00 PM - 8:00 PM	37694
Dec 12-14	Fri	5:00 PM - 8:00 PM	
	Sat	9:30 AM - 7:00 PM	
	Sun	9:30 AM - 7:00 PM	

#### **National Lifeguard Recertification**

Ages 15+ Leisure Centre \$93

Designed for those who need to requalify to be a lifeguard, renewing the certification for 2 years upon completion.

Date	Day	Time	Code
Dec 13	Sat	9:30 AM - 3:30 PM	37695



#### **Aquatic Supervisor**

Ages 15+ Leisure Centre \$160

For deck-level supervisory staff, this 10-hour course provides the knowledge and skills beyond National Lifeguard certification to manage a safe environment.

Dates	Day	Time	Code
Dec 19 & 20	Fri	5:45 PM - 9:45 PM	36879
	Sat	9:00 AM - 6:30 PM	

#### **Examiners**

Ages 15+ Leisure Centre \$85

The first in a 3-step process, preparing candidates to successfully apprentice as an Examiner on the exam of their choice. This course builds on the evaluation experience that candidates have attained in the instructor-evaluated content. Examiners are experienced instructors with teaching experience: they must have taught or co-taught at least one course in the stream(s) in which they seek certification as an examiner.

Dates	Day	Time	Code
Dec 21	Sun	10:00 AM - 5:00 PM	37697

# **SEE (Supervision Evaluation and Enhancement) Auditor**

Ages 15+ Leisure Centre \$62

Designed to give participants the knowledge, training, and tools required to evaluate the effectiveness of lifeguard and instructor supervision using Lifesaving Society SEE checklists.

Date	Day	Time	Code
Dec 18	Thu	5:45 PM - 9:45 PM	37698

# Whitchurch-Stouffville **Museum & Community Centre**

14732 Woodbine Avenue, Stouffville, L4A 2K9 905-727-8954





#### Discover the Whitchurch-Stouffville Museum and Community Centre—where history comes to life!

Enjoy free admission to engaging exhibits, hands-on programs, and a collection of over 18,000 artifacts that celebrate our community's rich heritage. Since opening in 1971 with the historic Bogarttown Schoolhouse (built in 1857), the museum has grown to include six heritage buildings, modern galleries, and event spaces. Visit wsmuseum.ca for upcoming events, exhibits, and more!

#### Interested in researching your family or a heritage home?

Staff can help you access historic documents and photos in our archives. The Research Room is open by appointment. Email wsmuseum@townofws.ca to book.

#### **Hours of Operation:**

Wednesday - Saturday

10:00 AM - 4:00 PM

#### **Questions?**

Contact us by email at wsmuseum@townofws.ca or by phone at 905-727-8954 or 1-888-290-0337.

#### museum



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#### **Programs & Events**

#### Workshop: What is Reconciliation & Where Do I Fit In?

Ages 16+	Stouffville Library	FREE
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In recognition of National Day for Truth and Reconciliation, join First Peoples Group for this 'Reconciliation 101' style workshop, presented by the Museum and the Stouffville Library. Topics will touch on the history of Residential Schools in Canada, the Truth & Reconciliation Commission of Canada, and prompt discussion around how participants can connect to reconciliation in their personal and professional lives.

Date	Day	Time	Registration
Sep 16	Tue	6:00 PM - 8:00 PM	Eventbrite



#### Workshop: **Indigenous Oral Traditions**

Ages 16+ 19 on the Park FREE

In recognition of National Day for Truth and Reconciliation, join First Peoples Group for this storytelling-centred workshop presented by the Museum and the Stouffville Library at 19 on the Park. Participants will begin by exploring Indigenous ways of knowing through oral tradition, and then engage in a mixture of First Nations, Métis and Inuit stories.

Date	Day	Time	Registration
Sep 24	Wed	6:00 PM - 8:00 PM	Eventbrite

#### Where They Walked: **Stouffville's Veteran Stories**

Ages 16+

Main Street

**FREE** 

Join us for a guided tour on Main Street to learn about the Veteran Banner Project and the stories of the local heroes being honoured. This meaningful walk highlights the lives of the Veterans featured on the banners - those who made the ultimate sacrifice in service to their country. Discover their legacies, share in remembrance, and gain a deeper appreciation for their courage and commitment. Space is limited.

Date	Day	Time	Registration
Nov 2	Sun	11:00 AM - 1:00 PM	Eventbrite

#### **Ghoulicious**



Ages 3-10 Whitchurch-Stouffville Museum

Get into the Halloween spirit with this fun event! Participants will enjoy craft stations, science experiments, trick-or-treating through the Museum's heritage buildings, and more. Don't forget to wear your costumes! Required parent/guardian free of charge.

Date	Day	Time	Registration
Oct 18	Sat	10:00 AM - 1:00 PM	Eventbrite



#### Host your event or book a tour!

We accept bookings for education programs, group tours, and all types of rentals (including corporate rentals and weddings).

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#### 45th Annual Victorian Tea

All Ages Whitchurch-Stouffville Museum \$32

A delicious taste of Christmas past, featuring a traditional catered tea and a festive tour of the Museum's buildings. In celebration of this event's 45th anniversary, we're bringing back the classics you love! Please contact the Museum at

Date	Day	Time	Registration
Nov 15	Sat	11:30 AM & 1:30 PM	Phone / Email

(905) 727-8954 or wsmuseum@townofws.ca for tickets.



# Field Trips at the Whitchurch-Stouffville Museum

The Museum offers a variety of educational programs, both on-site and in-class, based on the Ontario curriculum for Social Studies. Students experience hands-on learning with our interactive tours and will explore topics including Indigenous history in Canada, early settler life, and more. Perfect for school groups, Guides and Scout chapters! Whitchurch-Stouffville schools receive discounted rates.

Please contact the Museum at wsmuseum@ townofws.ca or (905) 727-8954 for more information and pricing.

# Seasonal Cedar: A Sustainable Ornament Workshop

All Ages Whitchurch-Stouffville Museum \$25

Celebrate the season with a hands-on holiday experience! Join the Whitchurch-Stouffville Museum and the Toronto and Region Conservation Authority for a cozy morning of crafting and heritage. Enjoy a guided tour through the Museum's historic buildings, beautifully decorated for the holidays, then learn about native cedar species as you create your own eco-friendly ornament with step-by-step instruction. Registration includes one cedar ornament, a guided holiday tour, and light seasonal refreshments.

Date	Day	Time	Registration
Dec 6	Sat	10:00 AM - 12:00 PM	Eventbrite

#### Santa Visits the Museum



Ages 3-10 Whitchurch-Stouffville Museum \$15

Santa is visiting the Museum! Join us for a festive day of family fun including visits with Santa, horse-drawn wagon rides, tours of the heritage buildings decorated for the holidays, holiday crafts, and more! Required parent/guardian free of charge.

Date	Day	Time	Registration
Dec 13	Sat	10:00 AM - 2:00 PM	Eventbrite



#### **Exhibits**



# Worthy: The History of the Royal Canadian Armoured Corps

All Ages Whitchurch-Stouffville Museum FRE

This exhibit, presented by the Canadian Tank Museum, explores the history of one of Canada's most storied fighting forces, the Royal Canadian Armoured Corps (RCAC), and its founder, Major-General Frederic Franklin Worthington. In this exhibit, visitors will discover how Canada's tank and armoured vehicle units have evolved from cavalry and armoured cars in the First World War to some of the world's most advanced main battle tanks and fighting vehicles that protected Canadian troops in Afghanistan. They also will learn how "Worthy," as his troops knew him, had a massive impact on the fighting prowess and professional skills of the Canadian Army's armoured units and why he remains at the centre of their history, identity, and culture.

Dates	Day	Time
Jun 28 - Mar 28, 2026	Wed - Sat	10:00 AM - 4:00 PM

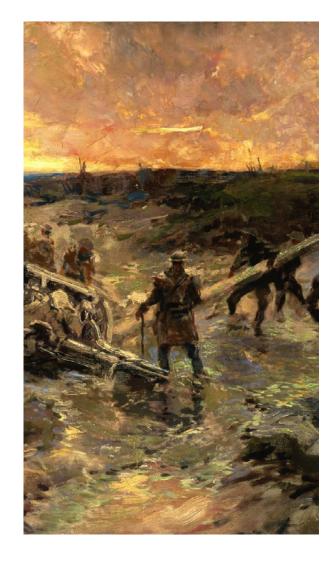
# Fighting in Flanders: Gas. Mud. Memory.

All Ages Whitchurch-Stouffville Museum

**FREE** 

This exhibition explores the Canadian experience in Belgium during the First World War. It is presented in a series of four panels using photographs, personal testimonials and reproductions of art. The exhibition covers the invasion of Belgium in 1914, the Battle of Ypres in 1915 and the Battle of Passchendaele in 1917. The final panel highlights how memory of the First World War remains an integral part of life in Flanders.

Dates	Day	Time
Aug 2 - Dec 20	Wed - Sat	10:00 AM - 4:00 PM



# 19 on the Park

19 Civic Avenue, Stouffville, L4A 1G5 905-640-2322

This vibrant multi-purpose theatre offers concerts, live theatre performances, camps and rental spaces. Located in the heart of downtown Stouffville, behind the Clock Tower, the historic building was originally constructed in 1896 as a market and dance hall.



#### Looking to purchase tickets?

Visit 19onthepark.ca or call (888) 655-9090 to purchase tickets today!

#### Host your special event!

We accept bookings for all types of rentals including family events, corporate meetings, recitals, live shows and more.

#### For rentals or other inquiries:

Please email us at 19onthepark@townofws.ca

#### **Sounds Like Home**

# Canadian music takes centre stage at 19 on the Park.

Concerts, comedy and family events – there's excitement year-round celebrating the best of Canada in the heart of Stouffville. Check online for an additional concert in October!

#### **Yuk-Yuks On Tour**

#### November 14 • 8:00 PM

\$32 Adult | \$28 Seniors/Students

Three comedians on the bill, and laughs are guaranteed. Featuring headliner Ian Sirota – who's opened for Jerry Seinfeld, Jim Gaffigan, Robin Williams and Dana Carvey. This is a 19+ show.

#### A Merry Munsch-mas! Family Holiday Show

November 30 • 11:00 AM

\$20 Ages 12+ | \$15 Ages 3 - 11

Kick off the holidays with laughter and fun! Join actor M. John Kennedy for a zany, interactive performance of four classic Robert Munsch stories, including I Have to Go! and Thomas' Snowsuit.

#### **Còig | An East Coast Christmas**

December 4 • 7:30 PM

\$39 Adult | \$35 Seniors/Students

Celebrate the season with one of Atlantic Canada's premier Celtic supergroups. Còig's festive concert experience features spirited renditions of timeless Christmas classics, dazzling instrumentals, and high-energy original tunes. Winner, 2020 Canadian Folk Music Award.



#### Free family event!

# Celebrate Culture Days at the Stouffville Market!

Saturday, September 20 • 9AM − 2PM • 6240 Main Street

**Culture Days** is a national celebration that celebrates the importance of arts and culture in communities across the country. Join us for live music, face painting and spin-to-win prizes!



#### **FEATURE PRESENTATION**

**KUNE** - Canada's Global Orchestra represents the vibrancy of musical traditions that span the globe. Discover a wide variety of new instruments and songs, and celebrate how music unites us all in the power of melody and movement. KUNE is a collective made up of ten immigrant musicians from all over the world and one Metis-Canadian. Based in Toronto, their sound captures the experience of living in one of the world's most diverse cities.

#### Save on the full 2025 - 2026 lineup!

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Receive 15% off when you buy 3 or more shows within the Sounds Like Home Series. Visit **townofws.ca/19otp** for the full series through May 2026.

All **show tickets** are subject to **HST**.



# Parks & parkettes

#### **Amenities**



**Parking** 

Washrooms

Playground

Picnic/Rest



Basketball



**Cricket Pitch** 



**Tennis Court** 







Fitness Equipment





**Oval Track** 





**Ball Hockey** 

Soccer Pitch



Toboggan Hill



**Skating Trail** 







\*Skating Rink

\*Open seasonally, subject to weather conditions.

#### **Neighbourhood Parks**

Byer's Pond Park

Byer's Pond Way (South of Hoover Park Dr) Lehman's Pond Willow Way St (East of Millard St)

**Greenwood Park** Greenwood Rd & Alderwood St

Wheler's Mill Park Hoover Park Dr

& Mostar Dr

Gar Lehman Park Reeves Way & Joseph Todd

Madori Park Millard St & Winlane Dr

Sunnyridge Park Sunnyridge Ave & Hoover Park Dr



**Our Neighbourhood Parks & Parkettes** also have a wide variety of amenities!

Visit **townofws.ca/parks** for more details.

#### **Community Parks**

#### **Ballantrae Park** Aurora Rd (East of Hwy 48)







#### **Bethesda Sport Fields** Bethesda Rd (East of Ninth Line)









#### **Coultice Park** Mussleman's Lake East side of Ninth Line













#### Dog Park

#### Rougeview Ave (Behind Staples)







#### Memorial Park & Wayne **Emmerson Skatepark** Burkholder St & Park Dr











#### **Rupert Park** Rupert Ave & West Lawn Cres

















#### **Vandorf Park**

Vandorf Sideroad & Woodbine Ave













#### **Parkettes**

#### **Aspen Crescent** Aspen Cres

Baker Hill Baker Hill Ave & Millard St

Bayberry

West of Stouffville Reservoir

**Boadway** Boadway Dr

**Bramble Crescent** Bramble Cres

Dougherty Dougherty Rd

#### **Dannor** Sandiford Dr & Dannor Ave

Fairlee Fairlee Circle

**Felcher Park** Felcher Blvd & Iroquois Dr

Greenforest Reeves Way & Joseph Todd

Loretta Katherine Cres

#### Lemonville

McCowan Rd (South of Bloomington Rd)

#### Miltrose

Miltrose Crt (South of Sunset Blvd & East of Ninth Line)

#### **Reeves Way** Reeves Way

Savoia Grayfield Dr

**Shane Court** Shane Ct

#### **Stouffer Street** (accessible)

Stouffer St & Hawthorne St

#### Summerfield Summerfield Ave

Summitview Thicketwood Blvd & Stuart Dr

#### Tresstown Sunnyridge Ave & Filbert Ct

Waite Crescent

Waite Cres

# Outdoor recreation



# Hiking & walking trails

Our extensive trail network is popular among avid cyclists, joggers, and families out for leisurely dog walks. There are many options just outside your door, including local trails and more expansive tracts that connect to the larger forested areas in York Region and Rouge Park.

# Off-leash dog park

The Town of Stouffville offers one off-leash dog park. Rougeview Dog Park is a permanent fenced-in facility, providing a safe, off-leash environment for dogs, large and small, to interact, socialize, and play. The leash-free dog park is located at 300 Rougeview Avenue just east of the SmartCentre Walmart Plaza.

#### Skateboard park

Located at the south end of Memorial Park, adjacent to Hoover Park Drive, the Wayne Emmerson Skate Park is approximately 5000 sq. ft. and offers features suitable for varying age groups and skill levels. It has been named after former Mayor, Wayne Emmerson.

# Spray pads

Spray pads are interactive water play areas (with continuous draining and no standing water) that are open June through mid-September from 9:00~AM - 9:00~PM

- Coultice Park
- Sunnyridge Park
- Greenwood Park

- Madori Park
- Byer's Pond Park
- Wheler's Mill Park
- Gar Lehman Park

# Outdoor rinks

Outdoor winter ice rinks in Stouffville operate as the winter weather allows. When weather conditions permit, volunteers and Town staff will build and maintain ice rinks at the following locations:

- Greenwood Park
- Wheler's Mill Park
- Gar Lehman Park
- Vandorf Park
- Sunnyridge Park

If you'd like to volunteer to help maintain your local rink, please contact **leisure.services@townofws.ca** 

# Tennis & pickleball

- Ballantrae Park: 4 lit tennis courts
- Memorial Park: 2 tennis courts / 8 pickleball
- Stouffville Arena: 4 lit tennis courts / 8 pickleball
- Sunnyridge Park: 2 tennis courts
- Vandorf Park: 2 tennis courts / 4 pickleball



#### **Multi-Purpose Trail**

The Memorial Park Multi-Purpose Trail remains open for the fall season! Come enjoy this exciting family-favourite.



#### **Disc Golf**

Complete with five holes, the new Disc Golf Course is now open at Greenwood Park!

#### Soccer fields & cricket pitches

- Stouffville Arena: 2 lit regulation pitches and 1 unlit secondary field (east of lit pitches)
- Bethesda Park: 1 lit regulation, 2 lit mini and 4 unlit mini soccer fields

# Baseball & softball diamonds

- Bethesda Park: 3 adult diamonds
- Memorial Park: 1 adult (with bleachers), 1 junior diamond
- · Rupert Park: 1 junior diamond
- Vandorf Park: 1 adult diamond
- Whelers Mill: 1 junior diamond
- · Byers Pond: 1 junior diamond



#### Learn more!

Get more info about our outdoor recreation opportunities at townofws.ca/openspaces

#### **Fall & Winter Events**

Events run by the Town offer residents a wide range of familyfriendly programming from festive celebrations to live music and performances, to large multi-day festivals.



We would like to give a huge thank you to the following 2025 **Stouffville Celebrates Summer Series Sponsors:** 

**Presenting Sponsor:** 



**Series Sponsors:** 





#### **Entertainment Sponsors:**

• Beaverhall Communities

#### **Celebration Sponsors:**

- Ledgemark Homes
- Northern Alarm Protection
- RE/MAX Ramani Real Estate
- Robert B. Somerville Inc.
- Schell Lumber
- SCS Consulting Group
- Tim Horton's

We also sincerely thank the Presenting Sponsor of the 2025 Stouffville Main Street 5K benefitting the Markham Stouffville **Hospital Foundation:** 



Want to stay up to date on event details?

Visit townofws.ca/events and also find out how to sponsor or volunteer!



Halloween on Main • Main Street



**Holiday Market** • 6240 Main Street



Santa Claus Parade

• Main Street



Mayor & Council's Levee and New Year's Eve Fireworks • Memorial Park





### Register for programs by scanning, or at townofws.ca/active

\*Memberships, activities, and programs are subject to HST. Non-residents are subject to a 20% surcharge to register in Town of Whitchurch-Stouffville programs.

#### Whitchurch-Stouffville Leisure Centre

2 Park Dr Stouffville, ON L4A 4K1 leisure.services@townofws.ca 905-642-PLAY (7529) townofws.ca

#### Hours

Monday – Thursday Friday Saturday & Sunday 6:00 AM - 10:00 PM 6:00 AM - 9:00 PM 7:30 AM - 8:00 PM

Registration for residents opens August 19, 2025. **See page 3 for details.** 

