# 55+ Club Schedule

September 5 – December 23, 2025

17.7

Occasional cancellations may occur due to special events and holidays. Schedule subject to change. Please check the website for cancellations.

#### **Q** 6240 Main Street

Monday	Tuesday	Wednesday	Thursday	Friday
A.M. PROGRAMS				
Chinese Public Square Dancing 9:30am - 11:00am	Tap Dancing: Seated 11:00am - 11:30am	Chinese Public Square Dancing 9:30am - 11:00am	Practice Bridge* 10:00am – 11:30am	Chinese Public Square Dancing 9:30am - 11:00am
Billiards and Snooker 9:30am – 3:00pm	Tap Dancing: Seated 11:30am – 12:00pm	Billiards and Snooker 9:30am – 12:00pm		Billiards and Snooker 9:30am – 12:00pm
Table Tennis at Latcham Hall 9:30am – 3:00pm		Table Tennis at Latcham Hall (Starts September 10) 9:30am - 12:00pm		Table Tennis at Latcham Hall (Starts September 12) 9:30am – 12:00pm
P.M. PROGRAMS				
Contract Bridge 1:00pm – 4:00pm	Canasta/Hand & Foot 1:00pm - 4:00pm		CHATS Program (\$5) 1:30pm – 3:30pm	Contract Bridge 1:00pm – 4:00pm
	<b>Duplicate Bridge</b> 1:00pm – 4:00pm Partner required	Knitting/Crochet/ Needlework Circle 1:00pm – 4:00pm BYO Materials	Cribbage 1:00pm – 4:00pm	Euchre 1:00pm – 4:00pm
			Mahjong & National Mahjong 1:00pm – 4:00pm	Evening Bid Euchre 6:30pm - 10:00pm

\*Program requires registration. Please call 905-642-7529 ext. 5332 or email 55plus@townofws.ca to register.

## **Open Lounge Hours**

Mon – Fri: 9:30am – 4:00 pm Fri: 6:00pm – 10:00pm Mon, Tue: 6:00pm – 9:00 pm Sun: 9:30am – 1:00 pm

## **Important Information**

### **Membership**

Stouffville 55+ Club Membership supports and is required for drop-in activities. To sign up for a free 55+ Club membership, please call us at 905-642-7529 or email **55plus@townofws.ca**. You can also drop by the front desk at the Stouffville 55+ Club, located at 6240 Main St., or at the Leisure Centre, located at 2 Park Dr., between 9 a.m. and 4 p.m. from Monday to Friday.

- Residents FREE
- Non-Residents \$26.00 annually

Programs requiring registration can be found in our seasonal Playbook and are open to adults over 55 years. Stouffville 55+ Club members receive discounts on some registered programs.

## **Monthly Book Clubs**

Engage conversation and meet new friends. Book will be determined by the group prior to meeting in person at 6240. Please see our seasonal Play Book for meeting dates. *Free for Stouffville 55+ Club Members*.

Afternoon Book Club 1, 2, 3 & 4\*

Friday, 1:00pm - 3:30pm

Evening Book Club 1 & 2\*

Wednesday, 7:00pm - 10:00pm

Note

\*Program requires registration.
Please call 905-642-7529 ext. 5332 or email 55plus@townofws.ca to register.

## 55+ Clinics

#### Arthritis and Joint Pain Assessment Clinic\*

Third Tuesday of each month, between 10:00am – 11:00am Register for a free pain consult appointment, with assessment provided by Advanced Chiropractic and Wellness Centre. Meet to talk about why you may be experiencing pain, what tests may be needed, and symptom-treatment suggestions.

#### **Monthly Hearing Clinic\***

First Thursday of every month, 10:00am – 12:00pm
Register for a free appointment with an audiologist from HEAR
Canada for hearing loss screening, hearing aid battery change and ear wax removal.

#### Service Canada Clinic\*

Second Thursday of month, as announced, 9:30am – 12:00pm Learn to access your My Service Canada Account and apply for federal support programs at this one-on-one clinic, facilitated by Service Canada.

#### **Monthly Foot Care Clinic \$**

Third Thursday of every month, 9:30am – 12:00pm
Facilitated by Memories Plus Group Home Healthcare Services, this clinic provides diabetic foot care, and treatment for dry, cracked heels, calluses, corns, ingrown, or fungal toenails.

#### Monthly Ear Wax Clinic\*

Fourth Thursday of each month, 9:30am – 12:00pm
Register for a free appointment with an audiologist from HEAR
Canada for ear wax removal.

#### Weekly Tech Support Clinic

Every Thursday, 1:00pm - 3:00pm

Meet one-on-one with a tech expert from the Stouffville Library to improve laptop, tablet and cell phone experience.

<sup>\* =</sup> registration required \$ = program fee