

# 55+ Club Schedule

## July 6 – September 6, 2026

**Note** Occasional cancellations may occur due to special events and holidays. Schedule subject to change. Please watch membership emails for cancellations.

📍 6240 Main Street

Monday	Tuesday	Wednesday	Thursday	Friday
<b>A.M. PROGRAMS</b>				
Chinese Public Square Dancing 9:30am – 11:00am		Chinese Public Square Dancing 9:30am – 11:00am	Practice Bridge* 10:00am – 11:30am	Chinese Public Square Dancing 9:30am – 11:00am
Billiards and Snooker 9:30am – 3:00pm		Billiards and Snooker 9:30am – 12:00pm		Billiards and Snooker 9:30am – 12:00pm
Table Tennis at Ballantrae Community Centre 9:30am – 3:00pm		Table Tennis at Ballantrae Community Centre 9:30am – 12:00pm		Table Tennis at Ballantrae Community Centre 9:30am – 12:00pm
<b>P.M. PROGRAMS</b>				
Painting and Colouring Circle 1:00pm – 4:00pm BYO Materials	Canasta/Hand & Foot 1:00pm – 4:00pm	Contract Bridge 1:00pm – 4:00pm	CHATS Program (\$5) 1:30pm – 3:30pm No program Jul 16 and Aug 13	Contract Bridge 1:00pm – 4:00pm
Cribbage 1:00pm – 4:00pm	Duplicate Bridge 1:00pm – 4:00pm Partner required	Knitting/Crochet/ Needlework Circle 1:00pm – 4:00pm BYO Materials		Euchre 1:00pm – 4:00pm
			Mahjong 1:00pm – 4:00pm	Evening Bid Euchre 6:30pm – 10:00pm

**Note** \*Program requires registration. Please call 905-642-7529 ext. 5332 or email [55plus@townofws.ca](mailto:55plus@townofws.ca) to register.

### Open Lounge Hours

Mon – Fri: 9:30am – 4:00 pm      Fri: 6:00pm – 10:00pm  
 Tue: 6:00pm – 9:00 pm      Sun: 9:30am – 1:00 pm

# Important Information

## Membership

Stouffville 55+ Club Membership supports and is required for drop-in activities. To receive information about a free 55+ Club membership, please email [55plus@townofws.ca](mailto:55plus@townofws.ca). Drop by the front desk at the Stouffville 55+ Club, located at 6240 Main St. between 9:30 a.m. and 4 p.m. from Monday to Friday, or the Stouffville Leisure Centre to sign up.

- Residents - FREE
- Non-Residents – \$26.00 annually

Programs requiring registration can be found in our seasonal Playbook and are open to adults over 55 years. Stouffville 55+ Club members receive discounts on some registered programs.

## Monthly Book Clubs

Engage conversation and meet new friends. Book will be determined by the group prior to meeting in person at 6240. Please see our seasonal Play Book for meeting dates. *Free for Stouffville 55+ Club Members.*

### Afternoon Book Club 1, 2, 3 & 4\*

Friday, 1:00pm – 3:30pm

### Evening Book Club 1 & 2\*

Wednesday, 7:00pm – 10:00pm

Note

\*Program requires registration.  
Please call 905-642-7529 ext. 5332 or  
email [55plus@townofws.ca](mailto:55plus@townofws.ca) to register.

## 55+ Clinics

### Arthritis and Joint Pain Assessment Clinic\*

Third Tuesday of each month, between 10:00am – 11:00am  
Register for a free pain consult appointment, with assessment provided by Advanced Chiropractic and Wellness Centre. Meet to talk about why you may be experiencing pain, what tests may be needed, and symptom-treatment suggestions.

### Monthly Hearing & Ear Wax Clinic\*

First Thursday of every month, 10:00am – 12:00pm  
Register for a free appointment with an audiologist from HEAR Canada for hearing loss screening, hearing aid battery change and ear wax removal.

### Service Canada Clinic\*

As announced, 9:30am – 12:00pm  
Learn to access your My Service Canada Account and apply for federal support programs at this one on one clinic, facilitated by Service Canada.

### Monthly Foot Care Clinic \$

Third Thursday of every month, 9:30am – 12:00pm  
Facilitated by Memories Plus Group Home Healthcare Services, this clinic provides diabetic foot care, and treatment for dry, cracked heels, calluses, corns, ingrown, or fungal toenails.

### Weekly Tech Support Clinic

Every Thursday, 1:00pm – 3:00pm  
Meet one-on-one with a tech expert from the Stouffville Library to improve laptop, tablet and cell phone experience.

\* = registration required \$ = program fee