

Fitness Assistant

(Job # 2025-074-IE)

Department: Community Services
Status: Part Time, Seasonal
Date Posted: July 25, 2025
Date Closing: **August 15, 2025, 4:00 p.m.**
Number of Positions: 3
Scheduled Hours/Shifts: Up to 18 hours per week, including evenings and weekends
Salary: \$19.47 - \$21.90 per hour

WHY Stouffville:

Working for the Town of Stouffville means being a part of one of HRD Canada's Best Places to Work. Here, we foster a sense of belonging as a tightknit workforce. The Town is dedicated to supporting employees by offering competitive wages, opportunity to participate in OMERS pension plan, flexible schedules, complementary gym membership and access to our employee discount program.

Allow your resume to stand out with experience working within a local government organization, while working within your community. Those joining the Town's Leisure Centre will have an opportunity to work amongst a dynamic group of peers in a positive work environment. Work on teaching skills that have a positive impact on the lives of young citizens of Stouffville.

We are committed to being an equal opportunity employer, supportive of an inclusive, barrier-free recruitment and selection process and as we grow, it's important that our workforce reflect the citizens we serve. At the Town, we respect, encourage, and celebrate our diversity. If contacted for an employment opportunity, please advise if you require accommodation.

Position Purpose:

Reporting to the Fitness Programmer or Supervisor, the Fitness Assistant is responsible for the provision of the on-site supervision of patrons of the Fitness Centre. Key responsibilities include: providing friendly and courteous tours to potential clients; promoting appraisals and programming services; obtaining and screening medical/health history of members; providing instructions to members- exercise and equipment use; monitoring patrons using fitness facilities; recommending fitness programs and/or special events; responding to inquiries; assisting in research and development for fitness programs; maintaining supplies of fitness programs; compiling and summarizing member/program participant statistics; assisting with fitness wellness and specialty programs; and other duties as assigned. Candidates should be enthusiastic, upbeat, positive and customer-service oriented.

Qualifications and Requirements:

- Currently enrolled or working towards a post-secondary diploma/degree in Kinesiology or College Fitness and Lifestyle Management Program or related program.
- 1+ year experience in Fitness/Medical Field/Customer Service-related position
- Working towards becoming Clinical Exercise Physiologist, Certified Personal Trainer, Registered Kinesiologist or equivalent registered health professional
- Demonstrated experience working with the public, preferably in fitness or wellness program delivery/ customer service environment
- Good interpersonal, organizational, public relations, program design/delivery and coaching skills
- Ability to deal courteously and effectively with members, program participants, general public and staff
- Current First Aid and CPR certifications
- Police vulnerable sector screening is required



How to apply:

Please forward your resume in confidence by **August 15, 2025 at 4:00 p.m.**, identifying **Job # 2025-074-IE** in the subject line to hr@townofws.ca.

We thank all applicants for their interest in this position, however, only those applicants selected for an interview will be contacted.