

55+ CLUB NEWSLETTER

LOOKING AHEAD

May is here and we are ready
for sunshine, singing birds
and blossoming flowers!
Bring on SPRING!



The spring 55+ Club Drop-In schedule is included for reference at the end of the newsletter. There are exciting updates and additions to our Club activities. **Chinese Public Square Dancing** will now be held on Friday mornings rather than Friday afternoons. All are welcome to join this free members' activity which is both an elegant and fun way to stay active.



Join in with our **new, free Drop-In activity: TAP DANCING**. Join teacher Pam on Tuesday mornings to learn how to tap your toes to the music. You do not need tap shoes to participate as hard soled shoes will do the job. Registration is encouraged if you plan to attend a session and can be done at the front desk or by emailing Nora Jones at nora.jones@townofws.ca. Two half-hours classes will be held each Tuesday morning, beginning May 9th. For those who prefer a gentler tap, Seated Tap Dancing will be held at 11am. For more rambunctious tappers, class will be at 11:30am.

Tap Dancing - Seated	11:00am-11:30am	Barcode 28340
Tap Dancing - Standing	11:30am-12:00pm	Barcode 28341

Registered programs for Spring session (May – June) are filling up. Remember to register in advance to avoid class cancellations due to low enrollment and to ensure you get a spot in your favourite class. If you have questions about programs, please email Nora Jones or visit the front desk of 6240 Main Street.

Consider joining our popular **Yoga for Relaxation** on Tuesday evenings at 7:00pm or our fabulous **Baking Blitz** class on Thursday evenings at 7:00pm. If you would like to join in a registered program which has space and is in its second week, the session can be pro-rated appropriately.

Looking for a way to add some sweet scents to life? Register for the **Herbal Bath Bomb Workshop** on **Thursday, May 25th at 11:00am**. Experience a hands-on opportunity to create fizzy bath bombs scented with natural ingredients. Cost for this workshop is \$12 plus HST for 55+ Club members. Contact Nora Jones or see the front desk for registration support.

There are **many free workshops, talks and special events** running in the month of May for 55+ Club members to register for and take part in. Please visit the front desk at 6240 Main Street or contact Nora Jones to have your name added to the list for the following sessions:

Our **free, monthly hearing clinic** sponsored by HEAR Canada has spaces available for Thursday, June 1st. The clinic operates from 9:30am-12:00pm the first Thursday of each month and provides battery checks and help with replacement, cleaning, initial hearing screening, wax removal and the opportunity to ask questions of an audiologist. Register at the front desk of 6240 Main Street.



Sign-up at the front desk to take part in our free, **55+ Club "Street Party"** in celebration of the Royal Coronation on **Monday, May 8th at 1:00pm** in the lounge of 6240 Main Street. Enjoy festive décor, tasty treats and a rebroadcasting of the Coronation Ceremony. If you are interested in helping decorate for this event, please contact Pat McCarthy at 905-642-5479.

Join professional crafter Genevieve Ko for a **FREE card-making workshop**. Learn new techniques and get hands-on experience with unique tools of the trade to create gorgeous, one of a kind greeting cards. This free workshop is being held **Thursday, May 11th at 10:30am**. Spaces are limited for this workshop.

Tickets for the **Friday, May 12th, 55+ Club Lunch** are almost sold out. Club lunches continue to be a feast to look forward to enjoying with friends. **Save the date** as tickets for the **June 55+ Club Lunch**, scheduled for **Tuesday, June 13th**, will go on sale soon.



****Note*** Drop-In activities are postponed on lunch days. Registered programs will still run.*

The Health for All Family Health Team, will bring a **free educational workshop** this month on **"Stress Management and Relaxation."** This vital topic will be addressed by the team's social worker and help participants to develop strategies to deal with stress and anxiety. This workshop is scheduled for **Thursday, May 18th at 2:00pm**. Please register at the front desk.



Meet **YRP** Constable Danielle Froud, a Community Services-Senior Safety Officer as she shares important information on **fraud prevention** and ways to protect yourself from ongoing scams. This talk is scheduled for **Thursday, May 25th at 10:00am** in the lounge of 6240 Main Street. Registration is encouraged. See the front desk for details.

Join 55+ Club member Margaret for **A "Walk" Down Main Street** as she shares stories, memories and photos of life on Main Street Stouffville through the 40s and 50s – No real walking required as participants will enjoy this presentation from the comfort of the lounge of 6240 Main Street. Sign up is encouraged for this special (new) date of **Monday, May 29th at 10:00am**.



The monthly social meet-up for **Lunch Out** continues to bring folks together for tasty food and engaging conversation. Much thanks to our dedicated volunteer Patricia Ogston for organizing this monthly event. This month's **Lunch Out** is planned for Wednesday, May 31st at Noon at Spring Lakes Golf Course. For information about this lunch out and to reserve a seat, contact Patricia at sjaak@bell.net



Also taking place on **Wednesday, May 31st** from **12:00pm-3:00pm** is the **55+ Club Fashion Show and Tea** sponsored by Amica Unionville. Enjoy this **FREE fashion show and tea event**, sponsored by **Amica Unionville**. Come enjoy gorgeous spring fashions from **Markville Laura**, tasty treats, door prizes and an afternoon of fun. Spaces are limited and registration is required by visiting the front desk or emailing Nora Jones. Volunteer models are needed for the event. Please contact Nora Jones at nora.jones@townofws.ca to volunteer.



AND THE WINNERS ARE...

SCORES APRIL 2023

DUPLICATE BRIDGE

April 4: N/S, Gail & Linda; E/W, Cathi & Sue. April 11: N/S, David & Cathy; E/W, Julie & Sue. April 18: N/S, Wilkie & Cathy; E/W, Janet & Trevor. April 25: N/S, Perry & Janet; E/W, Janet & Trevor.

CONTRACT BRIDGE

April 5: Nelda, 5,080. April 12: Barry, 5,260. April 14: Jane, 7,210. April 19: Norma, 5,790. April 21: Peg, 4,910. April 26: Peg, 3,780 edging out Jane (3,550). April 28: Doris, 5,190 edging out Barry (5,140).

MAH JONG

April 6: Judy, 5,072 edging out Mirielle (4,946). April 13: Sandra, 3,646. April 20: Peg, 4,142. April 27: Donna, 11,842 (10,000 in one hand!).

BID EUCHRE

April 14: 1st, Peg, 284; 2nd, Bernice, 257; 3rd, Dorothy, 244; 4th, Audrey; moonshots: Marg & Dorothy. April 21: 1st, Dina, 287; 2nd, Mary Lou, 279; 3rd, Vic, 265; 4th, Linda, 260; moonshot, Adam. April 28: 1st, Denise, 265; 2nd/3rd, Linda & Dorothy, 259; 4th, Dina.

For information about our Drop-In card games, visit the front desk of 6240 Main Street or email Nora Jones at nora.jones@townofws.ca Thanks to Carol Morin for collecting and organizing our score information so we can celebrate our winners.

THANKS TO OUR ARTISTS AND COLLECTORS



This month is the last chance to enjoy the curation of animal paintings by our local artists. Stay tuned for the upcoming architecture paintings display. Purchase inquiries can be made at the front desk.

Thanks to all those collectors who loaned their beautiful items from the world of ladies' fashion to our window box display. Much thanks to Pat McCarthy for her work setting up this display.

BOOK CLUB INFORMATION

Afternoon Book Club 1 is full. Expect to see this group meeting on 4th Friday of the month in the lounge.

Afternoon Book Club 2 and **Evening Book Club** are growing. You are invited to join Afternoon Book Club 2 on the 3rd Friday of the month. You are invited to join **Evening Book Club** monthly on the 4th Wednesday of each month at 7:00pm.

Registration is required online or by visiting the front desk of 6240 Main Street. Information on the book of the month can be obtained upon registration.

COMMUNITY NOTES

A special congratulations to 55+ Club members Mary Lou Knoblauch and Adam Panchyshyn on their Bronze Medal win in the York Region Seniors Games, Bid Euchre Tournament. We are so proud of their win!

Join us **Wednesday, May 10th at 10:30am** for our monthly **Town Hall** at 6240 Main Street. These monthly meetings are open to all members and people over 55 interested in hearing upcoming plans for programs, discussing ideas for events and sharing feedback on activities and membership experience.

June's Town Hall will be held June 14th at 6:30 PM.

Keep an eye out for reminder emails and posters at 6240 Main Street as new workshops and activities are planned for the spring season. Copies of newsletters, drop-in schedules and activity sign-ups are available at the front desk of 6240 Main Street.

SMILES



A man is driving down a highway, and he hits and kills a rabbit. He gets out of the car, picks it up and starts crying, thinking he's a horrible person. Someone else driving down the highway stops and walks over to him, and asks, "What happened?" The man replies, "I hit this rabbit with my car and now it's dead!"

The other person gets a thoughtful look on their face and goes back to their car. They rummage around in the trunk, and eventually walk back over to the man

holding a spray bottle. They spray the rabbit with the bottle, and it comes back to life. It starts hopping away, turning back every few hops to wave at the two people. The man, aghast, turns to the other person and asks, "What was in that bottle?" The other person replies, "It's hare spray."





A ROYAL OCCASION



IN CELEBRATION OF
CORONATION DAY
JOIN US FOR OUR 55+ CLUB
"STREET PARTY"
MONDAY, MAY 8TH AT
1:00PM

JOIN US FOR A REBROADCASTING OF THE
CORONATION
& TEA AND SCONES FROM 1PM-4PM
IN THE LOUNGE OF 6240 MAIN STREET

IF YOU WOULD LIKE TO HELP WITH
DECORATIONS AND SET-UP THE MORNING OF
MAY 8TH, PLEASE CONTACT PAT MCCARTHY AT
(905) 642-5479

STOUFFVILLE 55+ CLUB

LET'S CELEBRATE TOGETHER

A "WALK" DOWN MAIN STREET



LEARN ABOUT THE HISTORY OF
MAIN STREET DURING THE 40S & 50S

MONDAY, MAY 29TH

10:00AM - 12:00PM

.....
NO NEED TO WALK-

RELAX IN THE 55+ CLUB LOUNGE WITH
HOME-GROWN HISTORIAN MARGARET

SIGN-UP FOR THIS TALK

AT THE FRONT DESK OF 6240



55+ CLUB

6240 Main Street

SPRING DROP-IN ACTIVITY SCHEDULE

May 9th, 2023 – June 30th, 2023

1:00PM - 4:00PM (Unless noted otherwise)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Lounge 11AM-1PM	Chinese Public Square Dancing 9:30AM-11AM	Canasta/Hand & Foot	Chinese Public Square Dancing 9:30AM-11AM	HEAR Canada Monthly Free Hearing Clinic 10AM-12PM <i>*Contact Nora to register</i>	Billiards/Table Tennis 9:30AM-11AM Chinese Public Square Dancing 9:30AM-11AM	
	1:00 - 4:00PM Billiards, Snooker & Table	Duplicate Bridge <i>*You must attend with a regular partner</i>	Billiards, Snooker & Table Tennis 9:30AM-11AM	Practice Bridge 10:00AM-11:30AM <i>*Contact Nora for registration</i>	Afternoon Book Club 1 & 2 <i>*Contact Nora for registration</i>	
	Art – Painting BYO Materials	NEW Tap Dancing NEW <i>Sitting</i> 11:00-11:30 am	Contract Bridge Knitting/Crochet or needlework Circle BYO Materials	Cribbage	CONTRACT Bridge & Euchre	
	Colouring Circle BYO Materials	Tap Dancing <i>Standing</i> 11:30-12:00pm	Evening Book Club 7pm <i>*Contact Nora for registration</i>	Mahjong	Evening Bid Euchre 6:30PM-10:00PM	

Programs requiring registration can be found in our Seasonal Program Guide and are open to all adults over 55.
55+ Club members receive discounts on some registered programs.

55+ Club Membership supports and is required for drop-in activities.

Sign-up for 55+ Club Membership online, at the Leisure Center (2 Park Drive) or at 6240 Main Street.

Residents - FREE / NON-Residents - \$26.00