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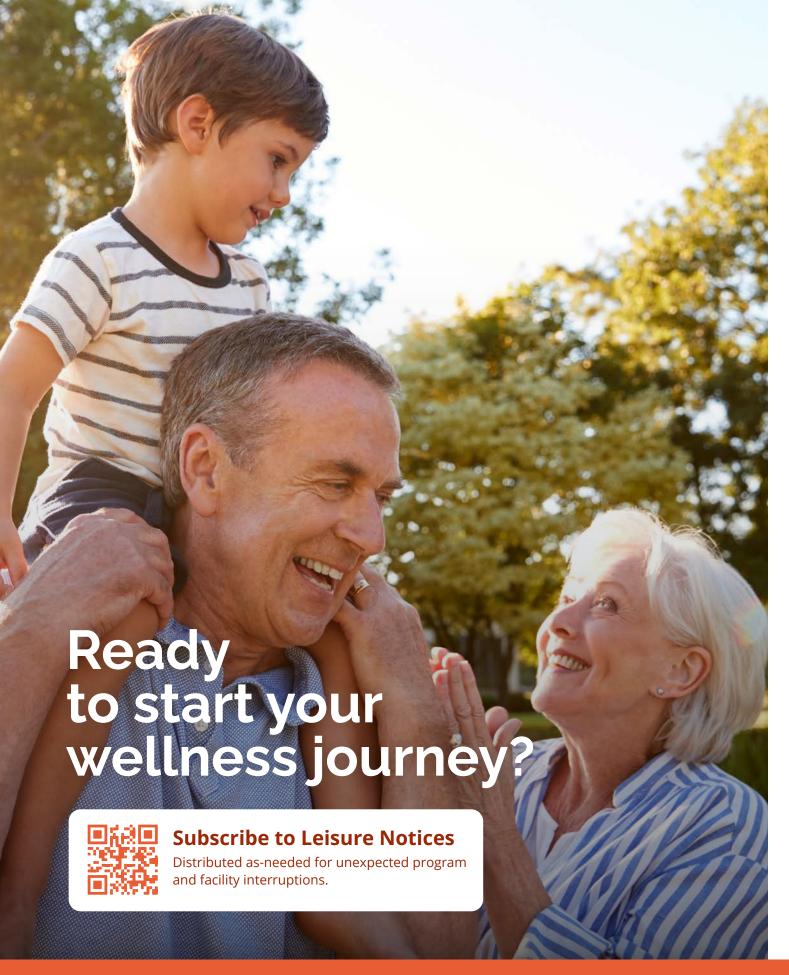
### **Summer 2025 Registration**

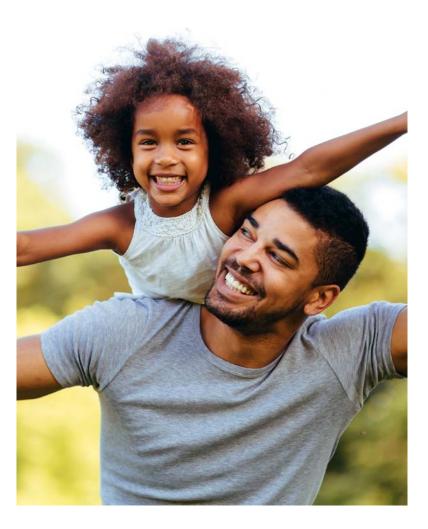
### **Residents:**

Tuesday, June 3 at 12:00 noon

Flip to page 3 for more information.

Most programs begin June 30, 2025





### Register at townofws.ca/active

- Have questions or need help with registrations?
   Call 905-642-PLAY (7529).
- **Looking for fee subsidies?** Visit **townofws.ca/register** for help in supporting your family's active lifestyle.
- Everyone needs a login for access to register. Create a login by completing the Online Account Form at townofws.ca/register, and emailing it to leisure.services@townofws.ca along with proof of Stouffville residency.



### Quick tip!

To speed up your family's registration, activate your family's account before registration opens on June 3. Once you apply, we will have your account ready for you within 48 hours.

### Summer 2025

Registration dates

### Residents:

Tuesday, June 3, 2025 at 12:00 noon

Online and in–person registration open at 12:00 noon

### Non-residents:

Tuesday, June 10, 2025 at 12 noon

Non-residents are subject to a 20% surcharge to register in Town programs

Most programs begin June 30, 2025

### Something catch your eye?

If you or your family members spot a program that you'd like to take part in, we recommend registering sooner rather than later.

Not only will this secure your spot, but it will also help ensure that there are enough participants for the sessions to operate as planned. Any classes, times, costs or locations may change without notice as required due to low enrollment, change of policy, or availability of facilities or instructors.



### Town facilities



### Looking to book a facility?

Plan your next event at one of Stouffville's facilities, such as the museum, theatre or a community centre. Hold your outdoor sporting event or social gathering at one of our many parks, baseball diamonds, soccer fields, tennis courts, arenas, or pavilions.

Drop us an email at **facilitybooking@townofws.ca** for general inquiries or call the facility number listed to the right.

Whitchurch-Stouffville Leisure Centre

**2 Park Dr** 905-642-PLAY (7529)

Whitchurch-Stouffville
Museum & Community Centre

**14732 Woodbine Ave** (905) 727-8954

9 19 on the Park 19 Civic Ave (905) 640-2322

Stouffville Arena
12483 Ninth Line
(905) 640-1900 ex. 2287

Stouffville Clippers
Sports Complex
120 Weldon Rd

(905) 640-1900 ex. 2287

Latcham Hall8 Park Dr(905) 640-1900 ex. 2290

Lemonville Community Centre 13453 McCowan Rd (905) 640-1900 ex. 2290

Ballantrae Community Centre
 & Ballantrae Field House
 5592 Aurora Sideroad

# Opportunities are available in aquatics, recreation, museum, 19 on the Park, and events!

The Town of Stouffville offers a variety of volunteer and employment opportunities for individuals of all ages and backgrounds.

Whether you're interested in parks, recreation, local theatre, or museum and heritage services, there's a place for you here. With a strong focus on teamwork, innovation, and customer service, Stouffville is a great place to build skills and make a difference in your community.



(905) 640-1900 ex. 2290

### **Leisure Centre**

2 Park Drive, Stouffville, L4A 4K1 905-642-PLAY (7529)

### Hours of Operation (Summer - June 30 - Sept 1)

 Monday – Thursday
 6:00 AM – 10:00 PM

 Friday
 6:00 AM – 9:00 PM

 Saturday & Sunday
 7:30 AM – 7:00 PM

leisure.services@townofws.ca



### **Drop-in Schedules are subject to change.**

Cancellations may occur for special events and holidays; cancellations can be found at **townofws.ca/dropin** or by scanning the QR code provided. Contact the Leisure Centre at 905-642-PLAY (7529) for more information.

### **Drop-In Programs**

## In addition to many fun registered programs, the Town also offers a variety of drop-in activities



### Skating

We offer a variety of skating and shinny drop-in programs at our two indoor arenas, the Stouffville Arena and the Clippers Complex, both located in the community of Stouffville.



### **Swimming**

At the W-S Leisure Centre, we offer drop-in lane swims, leisure swims, family swims and aquafit classes.

Consider one of our membership options for unlimited access to drop-in swim programs.



### Gymnasium

We offer a variety of drop-in recreational sports and activities for all ages and abilities, year-round, at the W-S Leisure Centre.



### **Group Fitness**

Let us help you meet your health and fitness goals! Browse through our wide range of group fitness classes to find the right one for you. Consider one of our membership options for unlimited access to our Group Fitness classes.



### **Stouffville 55+ Club**

Become a member and join us at 6240 Main Street for a variety of drop-in activities that suit your interests and lifestyle. New members are always welcome!



### Drop in to sports, games, and activities!

View all drop-in schedules at townofws.ca/dropin

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### adapted

### **Flavour Fusion: Cooking in the Chef's Corner**

\$170 Ages 18+ Ballantrae CC

Get cooking in this adapted program where participants will prepare a delicious meal each class with the help of experienced staff. Participants will learn how to prepare and cook food safely and learn table etiquette in an environment that encourages a healthy independent lifestyle. These new chefs will find they quickly make new friends and socialize as they prepare a meal together and enjoy the meal they have prepared.

Dates	Day	Time	Code
Jul 3 - Aug 28	Thu	5:00 PM - 7:00 PM	36775





### **Social Club**

Ages 18+	Ballantrae CC	\$170

Each week features themed recreational group activities in an informal setting. Activities include functional fitness, memory games, art and life skills. Everyone will improve their social, mental, emotional and physical talents while working towards achieving personal goals.

Dates	Day	Time	Code
July 2 - Aug 27	Wed	1:00 PM - 3:00 PM	36776

**Drop into fun!** View the full drop-in schedule at townofws.ca/dropin



### preschool

ក្រ៉ាំ : Caregiver Attendance Required

: Drop-off Program Participants must be potty-trained.

### **Skating Lessons: Preschool**

Stouffville Clippers Sports Complex Ages 3-5

\$60

### **Skater 1:**

For individuals who have never skated before or for skaters who may have been on the ice only a few times. Skaters in this level will work on being able to stand independently on the ice and move without assistance.

Dates	Day	Time	Code
Jul 7 - Jul 11	Mon - Fri	9:00 AM - 9:30 AM	36801
Jul 28 - Aug 1	Mon - Fri	9:00 AM - 9:30 AM	36802
Aug 18 - Aug 22	Mon - Fri	9:00 AM - 9:30 AM	36803

For skaters who can stand and move independently on the ice and are able to fall and get up on their own. Skaters will work on skating forward, backwards and stopping.

Dates	Day	Time	Code
Jul 7 - Jul 11	Mon - Fri	9:00 AM - 9:30 AM	36800
Jul 28 - Aug 1	Mon - Fri	9:00 AM - 9:30 AM	36804
Aug 18 - Aug 22	Mon - Fri	9:00 AM - 9:30 AM	36805

Please see the information box to learn more about equipment requirements.



### Soccer - Playball Soccer 2's Can Play Too

Age 2 **TEVA Field** \$200

Introduce your preschooler to a gentle, non-competitive and fun time of playing soccer and developing gross motor skills. With a wide range of activities to stimulate and improve your children's overall development, this program builds the foundation for participant's successful future participation in soccer and team sports. This program is offered in partnership with Playball.

Dates	Day	Time	Code
un 10 - Aug 19*	Tue	5:45 PM - 6:15 PM	32355
un 12 - Aug 21	Thur	5:45 PM - 6:15 PM	32356
un 14 - Aug 23*	Sat	9:00 AM - 9:30 AM	32357

\* shorter session | \$180



### Please come prepared for your Skating Lessons

Participants must have their own skates. Children should be able to work independently (free from caregivers) in a group setting.

Children MUST wear a CSA approved hockey helmet with a face mask. Helmets are required for adults participating in all ages lessons as well. (Bicycle and ski helmets are not permitted.)

Gloves/mitts and warm clothing are also required. Failure to arrive with the proper safety equipment will result in non-participation.

### Soccer - Playball Soccer for 3's

Age 3 TEVA Field

A fun, non-competitive and safe introduction to soccer and gross motor skills. With a wide range of activities to stimulate and improve your child's overall development, Playball Soccer is for everyone! This program is offered in partnership with Playball.

Dates	Day	Time	Code
Jun 10 - Aug 19*	Tue	6:15 PM - 7:00 PM	32358
Jun 12 - Aug 21	Thur	6:15 PM - 7:00 PM	32359
Jun 14 - Aug 23*	Sat	9:30 AM - 10:15 AM	32360

<sup>\*</sup> shorter session | \$180



### Soccer - Playball Soccer for 4's and 5's

Ages 4-5 **TEVA Field** 

\$200

The perfect introduction to soccer skills and team participation for your child. Lots of fun, skill-building games in a positive, non-competitive and happy environment to ensure your child's future sports participation. This program is offered in partnership with Playball.

Dates	Day	Time	Code
Jun 10 - Aug 19*	Tue	7:00 PM - 7:45 PM	32361
Jun 12 - Aug 21	Thur	7:00 PM - 7:45 PM	32362
Jun 14 - Aug 23*	Sat	10:15 AM - 11:00 AM	32363

<sup>\*</sup> shorter session | \$180

### **Sportball: Parent & Child** (Outdoor)



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Children are introduced to fundamental skills in 8 different sports. With a play-based curriculum, these classes are a fantastic kick start for an active life. This program is offered in partnership with Sportball. Course fee includes a ball (one-time purchase).

### Ages 2-3

Dates	Day	Time	Code
Jun 30 - Aug 25*	Mon	5:00 PM - 5:45 PM	36814
Jul 2 - Aug 27	Wed	5:00 PM - 5:45 PM	36812
Jul 6 - Aug 24*	Sun	9:00 AM - 9:45 AM	36813

<sup>\*</sup> Monday session | \$160 • Sunday | \$140

### Ages 3-4

Dates	Day	Time	Code
Jun 30 - Aug 25	Mon	5:45 PM - 6:45 PM	36818

<sup>\*</sup> shorter session | \$160





### Sportball: Multi-sport (Outdoor)

Ages 3-5 TEVA Field \$180

In this fun, stress-free, and non-competitive setting, children learn the fundamentals of 8 different sports. This class keeps children moving and engaged and send them home with a new skill each week. If you're looking for a way to give your child a well-rounded sports foundation that promotes their independence and leaves room for specialization later, look no further.

Dates	Day	Time	Code
Jul 2 - Aug 27	Wed	5:45 PM - 6:45 PM	36811
Jul 6 - Aug 24*	Sun	9:45 AM - 10:45 AM	36810

<sup>\*</sup> shorter session | \$140

### **Taekwon-Do: Little Dragons**

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ges 4-6	Stouffville Arena	\$294

Kids have fun getting fit and learning focus and self-control with Taekwondo training. Participants will work on exercise routines, kicking drills and self-defence techniques. This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International Chang-Hon Taekwon-Do Federation. Uniforms are required for this program and are purchased from the instructors during the first two weeks of class. The cost of the uniform is \$87. Testing fees for level completion are an additional charge.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	6:00 PM - 6:45 PM	36764

2025 Summer Camps

**Get ready** to take summer fun to a whole new level!



Browse our brand new Camps Guide and see what we have to offer this summer in Stouffville.

Pick up your copy today or download one at townofws.ca/camps

Registration is now open!



**Holiday Closures** 





### children ages 5 - 12

### Pickleball: Learn to Play

\$120

Serve, smash, rally! This exciting introductory pickleball program is designed for children to learn the fundamentals of the game in a fun, supportive, and active environment. Participants will develop essential skills such as serving, rallying, and paddle control through engaging drills, interactive games, and friendly matches.

### **Ages 7-9**

Dates	Day	Time	Code
Jul 2 - Aug 27	Wed	5:00 PM - 6:00 PM	36778

### Ages 10-12

Dates	Day	Time	Code
Jul 2 - Aug 27	Wed	6:00 PM- 7:00 PM	36779

### **Skating Lessons: All Ages**

Ages 3+ Stouffville Clippers Sports Complex

\$60

This beginner-level skating program is designed for participants of all ages who are eager to build a strong foundation on the ice. Focusing on essential skills such as forward skating, balance, and stopping, this program provides a supportive and encouraging environment for new skaters. Our experienced instructors tailor each lesson to meet individual needs, ensuring participants progress at their own pace. *Please see the information box to learn more about equipment requirements*.

Dates	Day	Time	Code
Jul 7 - Jul 11	Mon - Fri	12:00 PM-12:45 PM	36807
Jul 28 - Aug 1	Mon - Fri	12:00 PM-12:45 PM	36808
Aug 18 - Aug 22	Mon - Fri	12:00 PM-12:45 PM	36809

### NEW

### Sportball: Soccer and Tee Ball

Ages 5-8

TEVA Field

\$160

In this fun, stress-free, and non-competitive setting, children learn the fundamentals of soccer and tee ball. This class keeps children moving and engaged and send them home with a new skill each week. If you're looking for a way to give your child a well-rounded sports foundation that promotes their independence, look no further. This program is offered in partnership with Sportball.

Dates	Day	Time	Code
June 30 - Aug 25	Mon	6:45 PM - 7:45 PM	36816
Jul 6 - Aug 24*	Sun	10:45 AM - 11:45 AM	36817

<sup>\*</sup> shorter session | \$140



### Please come prepared for your Skating Lessons

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Participants must have their own skates. Children should be able to work independently (free from caregivers) in a group setting.

Children MUST wear a CSA approved hockey helmet with a face mask. Helmets are required for adults participating in all ages lessons as well. (Bicycle and ski helmets are not permitted.)

Gloves/mitts and warm clothing are also required. Failure to arrive with the proper safety equipment will result in non-participation.

### Sportball: Soccer

Ages 5-8 TEVA Field

\$180

In this fun, stress-free, and non-competitive setting, children learn the fundamentals of soccer. This class keeps children moving and engaged and send them home with a new skill each week. If you're looking for a way to give your child a well-rounded sports foundation that promotes their independence, look no further. This program is offered in partnership with Sportball.

Dates	Day	Time	Code
Jul 2 - Aug 27	Wed	6:45 PM - 7:45 PM	36815

### **Tennis: Beginner**

Memorial Park - Tennis Courts

\$205

Serve, volley, rally! This engaging introductory tennis program is designed to teach children the fundamentals of the game in a fun, supportive, and active environment. Participants will develop essential skills such as proper grip, footwork, serving, and rallying through dynamic drills, interactive games, and friendly match play. This program is in partnership with Lander Management Group.

### **Ages 7-9**

Dates	Day	Time	Code
Jul 3 - Aug 28	Thu	6:00 PM - 7:00 PM	36783
Jul 5 - Aug 23*	Sat	9:00 AM - 10:00 AM	36785

### Ages 10-12

Dates	Day	Time	Code
Jul 8 - Aug 26*	Tue	6:00 PM - 7:00 PM	36782
Jul 5 - Aug 23*	Sat	10:00 AM - 11:00 AM	36784

<sup>\*</sup>Tuesday session | \$182, Saturday session | \$160

Note

Participants must bring their own racquet.



### **Tennis: Beginner PLUS**

Ages 7-12

Memorial Park - Tennis Courts

\$340

Serve, volley, rally! This extended tennis beginners program will introduce participants to foundational skills in a supportive learning environment. If you're interested in accelerating your tennis skills and knowledge then this program is for you. This program is in partnership with Lander Management Group.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thur	5:00 PM - 6:00 PM	36786



### **Tennis: Intermediate**

Memorial Park - Tennis Courts

\$205

This program is designed to help participants who want to improve their game and strategic play. Participants will use drills and game play to take their tennis game to the next level. This program is in partnership with Lander Management Group.

### **Ages 7-9**

Dates	Day	Time	Code
Jul 3 - Aug 28	Thu	7:00 PM - 8:00 PM	36787

### Ages 10-12

Dates	Day	Time	Code
Jul 8 - Aug 26*	Tue	7:00 PM - 8:00 PM	36781

<sup>\*</sup>shorter session | \$182

# STOUFFVILLE DAY CAMPS

**SUMMER 2025**Adventure starts here!





Sign up for adventure today!



townofws.ca/camps

### Taekwon-Do

Ages 7-12 Stouffville Arena

Kids have a lot of energy! This training gives them a healthy outlet while having fun, staying fit and learning focus, integrity, and confidence. This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International ChangHon Taekwon-Do Federation. Uniforms are required for this program and are purchased from the instructors for the first two weeks of class. The cost of the uniform is \$87. Testing fees for level completion are an additional charge.

### **White Belt**

Dates	Day	Time	Code
July 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36769

### **Yellow Stripe**

**Pre-requisite:** Successful completion of White Belt program and test.

Dates	Day	Time	Code
July 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36773

### **Yellow Belt**

**Pre-requisite:** Successful completion of Yellow Stripe program and test.

Dates	Day	Time	Code
July 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36771

### **Green Stripe**

**Pre-requisite:** Successful completion of Yellow Belt program and test.

Dates	Day	Time	Code
July 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36762





### **Green Belt**

\$250

**Pre-requisite:** Successful completion of Green Stripe program and test.

Dates	Day	Time	Code
July 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36760

### **Blue Stripe**

**Pre-requisite:** Successful completion of Green Belt program and test.

Dates	Day	Time	Code
July 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36758

### **Blue Belt**

**Pre-requisite:** Successful completion of Blue Stripe program and test.

Dates	Day	Time	Code
July 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36756

### Red Stripe

**Pre-requisite:** Successful completion of Blue Belt program and test.

Dates	Day	Time	Code
July 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36767

### Red Belt

**Pre-requisite:** Successful completion of Red Stripe program and test.

Dates	Day	Time	Code
July 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36765

### youth ages 11 - 18

### Taekwon-Do

Ages 13-18 Stouffville Arena \$25

This training gives youth a healthy outlet while having fun, staying fit and learning focus, integrity, and confidence.

This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International ChangHon Taekwon-Do Federation. Uniforms are required for this program and are purchased from the instructors for the first two weeks of class. The cost of the uniform is \$87.

Testing fees for level completion are an additional charge.

### **White Belt**

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36770

### **Yellow Stripe**

**Pre-requisite:** Successful completion of White Belt program and test.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36774

### Yellow Belt

**Pre-requisite:** Successful completion of Yellow Stripe program and test.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36772

### **Green Stripe**

**Pre-requisite:** Successful completion of Yellow Belt program and test.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36763





### **Green Belt**

**Pre-requisite:** Successful completion of Green Stripe program and test.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36761

### **Blue Stripe**

**Pre-requisite:** Successful completion of Green Belt program and test.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36759

### **Blue Belt**

**Pre-requisite:** Successful completion of Blue Stripe program and test.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36757

### **Red Stripe**

**Pre-requisite:** Successful completion of Blue Belt program and test.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36768

### **Red Belt**

**Pre-requisite:** Successful completion of Red Stripe program and test.

Dates	Day	Time	Code
Jul 3 - Aug 28	Tue & Thu	7:00 PM - 8:00 PM	36766

### adults

### Pickleball: Learn to Play (Outdoor)

**Ages 18+** Memorial Park - Pickleball Courts

**\$56** 

\$60

Are you interested in learning to play pickleball, but aren't sure where to start? If you've ever wondered what this fast-growing sport is all about, our "Learn to Play" sessions are for you. You will learn the rules of play and game etiquette while having fun with other beginners. Paddles will be provided.

Dates	Day	Time	Code
Jul 7 - Jul 29	Mon	3:30 PM - 5:00 PM	36780
Aug 11 - Aug 25*	Mon	3:30 PM - 5:00 PM	36788

<sup>\*</sup>shorter session | \$42

### **Skating Lessons: All Ages**

Ages 3+ Stouffville Clippers Sports Complex

This beginner-level skating program is designed for participants of all ages who are eager to build a strong foundation on the ice. Focusing on essential skills such as forward skating, balance, and stopping, this program provides a supportive and encouraging environment for new skaters. Our experienced instructors tailor each lesson to meet individual needs, ensuring participants progress at their own pace. *Please see the information box to learn more about equipment requirements*.

Dates	Day	Time	Code
Jul 7 - Jul 11	Mon - Fri	12:00 PM-12:45 PM	36807
Jul 28 - Aug 1	Mon - Fri	12:00 PM-12:45 PM	36808
Aug 18 - Aug 22	Mon - Fri	12:00 PM-12:45 PM	36809

Note

Please note that HST applies to all adult and family programs.

### Stouffville Adult Volleyball League: Recreational

Ages 18+ Leisure Centre

\$125

Calling all beginner and recreational volleyball enthusiasts! Get your kneepads and dive into the action with our Indoor Volleyball League. Players can sign up with their preferred groups of friends or make new friends as an individual player! Join us for exercise and active fun with 6-on-6 matches to fill your social calendar.

Dates	Day	Time	Code
Jun 15 - Aug 24	Sun	4:00 PM - 7:00 PM	36777



### Please come prepared for your Skating Lessons

4

Participants must have their own skates.
Children should be able to work independently (free from caregivers) in a group setting.

Children MUST wear a CSA approved hockey helmet with a face mask. Helmets are required for adults participating in Family Lessons as well. (Bicycle and ski helmets are not permitted.)

Gloves/mitts and warm clothing are also required. Failure to arrive with the proper safety equipment will result in non-participation.

# adults

### **Stouffville 55+ Club** 6240 Main Street, Stouffville, L4A 1E2

905-642-7529 ext. 5332

**FREE Stouffville 55+ Club memberships** give Stouffville's older adult residents discounts on registered programs at 6240 Main Street and access to free drop-in programs.



Our FREE Drop-In Programs are the perfect way to stay active, boost your well-being, and make lasting friendships.



Dive into a world of fitness, laughter, and connection as you explore our tailored activities, from gentle yoga to engaging card games and social gatherings.



Unleash the power of community as you meet likeminded individuals and enjoy a vibrant atmosphere filled with shared experiences.

### **Hours of Operation**

Manday	9:30 AM - 4:00 PM
Monday	6:00 PM – 9:00 PM
Tuesday	9:30 AM - 4:00 PM
Tuesday	6:00 PM – 9:00 PM
Wednesday	9:30 AM - 4:00 PM
Thursday	9:30 AM - 4:00 PV
= - 1	9:30 AM – 4:00 PM
Friday	6:00 PM – 10:00 PM
Saturday	Closed
Sunday	9:30 AM – 1:00 PM

Visit **townofws.ca/55plus** or email **55plus@townofws.ca** for more details.

### older adults

### **Book Club**

Ages 55+ 6240 Main Street Free for members

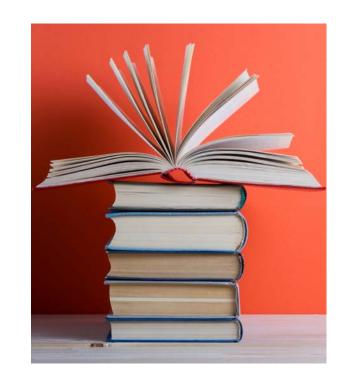
There's nothing better than a good book to help engage in conversation and meet new friends. Activity is supported by 55+ Club Membership. Registration is required by emailing **55plus@townofws.ca** or visiting the front desk of 6240 Main Street.

### Afternoon Book Club 1

Dates	Day	Time	Code
Jul 25	Fri	1:30 PM - 3:00 PM	36789
Aug 22	Fri	1:30 PM - 3:00 PM	36790

### **Afternoon Book Club 2**

Dates	Day	Time	Code
Jul 18	Fri	1:30 PM - 3:00 PM	36791
Aug 15	Fri	1:30 PM - 3:00 PM	36792





### **Afternoon Book Club 3**

Dates	Day	Time	Code
Jul 11	Fri	1:30 PM - 3:00 PM	36793
Aug 8	Fri	1:30 PM - 3:00 PM	36794

### **Afternoon Book Club 4**

Dates	Day	Time	Code
Jul 4	Fri	1:30 PM - 3:00 PM	36795
Aug 1	Fri	1:30 PM - 3:00 PM	36806

### **Evening Book Club 1**

Dates	Day	Time	Code
Jul 23	Wed	7:00 PM - 9:30 PM	36796
Aug 27	Wed	7:00 PM - 9:30 PM	36797

### **Evening Book Club 2**

Dates	Day	Time	Code
Jul 16	Wed	7:00 PM - 9:30 PM	36798
Aug 20	Wed	7:00 PM - 9:30 PM	36799

### **Line Dancing**

Ages 55+ \$55 members 6240 Main Street \$62.50 non-members

Join in for a toe-tapping, boot-scootin' good time as you learn classic line dances set to country music you love. Whether you're new to the floor for our beginner class or ready for the next level in intermediate, our welcoming atmosphere and easy-to-follow instruction will have you dancing in no time.

### **Beginner**

Dates	Day	Time	Code
Jul 2 - Jul 30	Wed	12:00 PM - 1:00 PM	36831

### Intermediate

Dates	Day	Time	Code
Jul 2 - Jul 30	Wed	1:00 PM - 2:00 PM	36822





### **Practice Bridge**

Ages 55+ 6240 Main Street Free for members

This program is suitable for those who know some basics of contract bridge but want to brush up on bidding and playing skills and learn what is new in bridge. Participants may join at any time and are encouraged to register to aid in class planning. Activity fee is supported by Stouffville 55+ Club membership.

Dates	Day	Time	Code
Jul 3 - Aug 28	Thu	10:00 AM - 11:30 AM	36833

### **Writing Club**

**Ages 55+** 6240 Main Street **Free for members** 

Enjoy discussion, learning and sharing around topics of literary interest to help inspire and create written work. Activity is supported by 55+ Club Membership. Registration is required by emailing **55plus@townofws.ca** or visiting the front desk of 6240 Main Street.

Dates	Day	Time	Code
Jul 22	Tue	7:00 PM - 9:30 PM	36834
Aug 26	Tue	7:00 PM - 9:30 PM	36835

### **Cooking & Baking**

### Cooking Workshop: Seasonal Salads

Ages 55+ \$30 members 6240 Main Street \$35 non-members

Gone are the days of boring salads. Create zesty, seasonal salads that eat like a meal and please your palate and your BBQ guests.

Dates	Day	Time	Code
Jul 13	Sun	1:00 PM - 4:00 PM	36819
Jul 14	Mon	9:30 AM - 12:30 PM	36820



### **Cooking Workshop: Summer Picnics**

Ages 55+ \$30 members
6240 Main Street \$35 non-members

Summer days are perfect for outdoor meals. Get creative with portable foods which will travel well in your picnic basket to the park, beach or beyond.

Dates	Day	Time	Code
Jul 27	Sun	1:00 PM - 4:00 PM	36821
Jul 28	Mon	9:30 AM - 12:30 PM	36822

### Cooking Workshop: Quiches & Frittatas

Ages 55+ \$30 members 6240 Main Street \$35 non-members

What could be better than a light, but protein-rich meal on a hot summer day? Enter the humble quiches and frittata, guaranteed to be full of the nutrition you need and the taste you crave.

Dates	Day	Time	Code
Aug 10	Sun	1:00 PM - 4:00 PM	36823
Aug 11	Mon	9:30 AM - 12:30 PM	36824

### Baking Workshop: Seasonal Desserts

Ages 55+	\$30 member
6240 Main Street	\$35 non-member

The summer fruit is ripe and these desserts are sure to satisfy your sweet tooth and make best use of the season's harvest.

Dates	Day	Time	Code
Aug 24	Sun	1:00 PM - 4:00 PM	36825
Aug 25	Mon	9:30 AM - 12:30 PM	36826



### **Arts & Crafts**

### Art Workshop: Group of Seven Inspiration

Ages 55+ \$35 members 6240 Main Street \$40 non-members

Get inspired to create your own Canadian landscape with a nod to the work of the Group of Seven. All supplies will be provided.

Dates	Day	Time	Code
Jul 18	Fri	1:00 PM - 3:30 PM	36830

### Art Workshop: Georgia O'Keeffe

Ages 55+	\$35 members
6240 Main Street	\$40 non-members

Make stunning flowers based on the work of Georgia O'Keeffe. All supplies will be provided.

Dates	Day	Time	Code
Aug 22	Fri	1:00 PM - 3:30 PM	36829





### **Introduction to Painting**

Ages 55+	\$72 members
6240 Main Street	\$86 non-members

Learn basics of painting in this introductory class.

### Acrylic

Dates	Day	Time	Code
Jul 8 - Jul 29	Tue	9:30 AM - 12:00 PM	36827

### Watercolour

Dates	Day	Time	Code
Aug 5 - Aug 26	Tue	9:30 AM - 12:00 PM	36828

# Save big by signing up for a FREE membership!

Members receive exclusive discounts on many 55+ programs. By joining, you also gain complimentary access to our Stouffville 55+ Club dropin programs where you can try something new or come and make new friends.

Visit us at **townofws.ca/55plus** for more details.

### **Fitness**

### **Forever Fit**

Ages 55+	\$37 members
6240 Main Street	\$44 non-members

Cardio components will enhance heart and lung function while strengthening components improve balance, flexibility, bone density and coordination. Great for those that wish to improve and maintain health and wellness.

Dates	Day	Time	Code
Jul 8 - Jul 29	Tue	6:00 PM - 7:00 PM	36836
Aug 5 - Aug 26	Tue	6:00 PM - 7:00 PM	36837
July 4 - Jul 25	Fri	9:30 AM - 10:30 AM	36838
Aug 8 - Aug 29	Fri	9:30 AM - 10:30 AM	36839

### **Osteo Fit**

Ages 55+	\$37 members
6240 Main Street	\$44 non-members

If you have been diagnosed with bone degeneration, this class has been developed with your needs in mind. This low impact cardio class includes weight bearing exercises and resistance conditioning to help support your bone mass and density.

Dates	Day	Time	Code
Jul 7 - Jul 28	Mon	11:10 AM - 12:10 PM	36840
Aug 11 - Aug 25*	Mon	11:10 AM - 12:10 PM	36841
Jul 8 - Jul 29	Tue	9:30 AM - 10:30 AM	36842
Aug 5 - Aug 26	Tue	9:30 AM - 10:30 AM	36843

\*shorter session | \$27.75 members, \$33 non-members



Please note that HST applies to all adult and family programs.

### Note

## There's more to discover at the Stouffville 55+ Club!

From engaging drop-in activities like table tennis, painting, and card games, to specialized clinics for hearing, foot care, and tech support, there's something for everyone.

With free membership for residents aged 55+, it's the perfect opportunity to stay active, learn new skills, and connect with others in a welcoming space.



For the full schedule and to register for select programs, visit **townofws.ca/dropin**. Join us at 6240 Main Street and make the most of this dynamic community!

### Pilates: Gentle

Ages 55+\$37 members6240 Main Street\$44 non-members

This beginners Pilates class focuses on core strength to establish balance and create mobility.

Dates	Day	Time	Code
July 4 - Jul 25	Fri	11:00 AM - 12:00 PM	36846
Aug 8 - Aug 29	Fri	11:00 AM - 12:00 PM	36847

### **Seated Fitness: Strength & Balance**

Ages 55+	\$27.75 members
6240 Main Street	\$33 non-members

Build strength and muscle tone while also working towards improving balance and stability, all from a seated position. This class is appropriate for individuals who may require assistive devices for mobility.

Dates	Day	Time	Code
Jul 17 - Jul 31	Thu	11:00 AM - 12:00 PM	36844
Aug 7 - Aug 21	Thu	11:00 AM - 12:00 PM	36845

### Stretch 'n' Core

Ages 55+	\$37 members
6240 Main Street	\$44 non-members

This gentle class offers weight bearing and resistance exercises that stretch and strengthen the whole body. Participants will see improvements in their balance, efficiency of movement, and mobility while building strong, lean muscles.

Dates	Day	Time	Code
Jul 9 - Jul 30	Wed	11:00 AM - 12:00 PM	36848
Aug 6 - Aug 27	Wed	11:00 AM - 12:00 PM	36849

### Yoga

### Yoga: Gentle

Ages 55+	\$37 members
6240 Main Street	\$44 non-members

A gentle class for those who can get up and down from the floor. All are welcome - beginners through to intermediate. Modifications are offered for each posture, based on your level of yoga experience, mobility and flexibility. Participants should bring a mat with them to each class.

Dates	Day	Time	Code
Jul 10 - Jul 31	Thu	8:30 AM - 9:30 AM	36852
Aug 7 - Aug 28	Thu	8:30 AM - 9:30 AM	36853



### 55+ Drop-in Programs



Become a member for free and join us for a variety of drop-in activities that suit your interests and lifestyle.

View the full drop-in schedule by scanning the QR code provided or **townofws.ca/dropin** 



### Yoga: Relaxation

Ages 55+	\$37 members
6240 Main Street	\$44 non-members

A restorative class with a focus slow movement.

Emphasis will be placed on relaxation and stress relief.

All are welcome - beginners through to intermediate.

Modifications are offered for each posture, based on your level of yoga experience, mobility and flexibility.

Dates	Day	Time	Code
Jul 8 - Jul 29	Tue	7:00 PM – 8:00 PM	36854
Aug 5 - Aug 26	Tue	7:00 PM – 8:00 PM	36855

### Yoga: Seated

Ages 55+	\$37 members
6240 Main Street	\$44 non-members

Gentle yoga adapted to be done while seated. Chair yoga can improve flexibility, circulation, strength, and concentration while boosting your mood, reducing stress, joint strain and chronic pain. Everyone is welcome and modifications are offered for individual levels of flexibility and mobility.

Dates	Day	Time	Code
Jul 10 - Jul 31	Thu	9:45 AM - 10:45 AM	36856
Aug 7 - Aug 28	Thu	9:45 AM – 10:45 AM	36857

### Yoga: Seated, Strength & Stretch

Ages 55+ \$37 members 6240 Main Street \$44 non-members

Use your breath to work towards a sense of calm.

Participants will engage in a variety of seated and standing postures that improve stability, strength and length of muscles. Stay steady on your feet, strengthen your core and improve balance. This class will use breath-work to enhance mobility and strength for improved mental, physical and spiritual well-being.

Dates	Day	Time	Code
Jul 9 - Jul 30	Wed	9:30 AM - 10:30 AM	36850
Aug 6 - Aug 27	Wed	9:30 AM - 10:30 AM	36851

### **Yoga: Tamil Language Supported**

Ages 55+	\$33 members
5240 Main Street	\$39 non-members

All are welcome for this traditional yoga class - beginners through to intermediate. Modifications are offered for each posture based on your level of yoga experience, mobility and flexibility. Instructor will provide teaching support in Tamil and English.

Dates	Day	Time	Code
Jul 6 - Aug 24	Sun	9:45 AM - 10:45 AM	36858



### fitness club

Whitchurch-Stouffville Leisure Centre 2 Park Drive, Stouffville, L4A 4K1 905-642-PLAY (7529)

# 

### **Hours of Operation**

 Monday – Thursday
 6:00 AM – 10:00 PM

 Friday
 6:00 AM – 9:00 PM

 Saturday & Sunday
 7:30 AM – 5:00 PM

1

Please note, the Fitness Centre will be closed from **Tuesday August 26 - Friday August 29** for annual maintenance and equipment replacement.

leisure.services@townofws.ca

Quality programming by certified fitness professionals

# A membership lets you customize a wellness plan that best meets your needs.

Drop in for a day, sign up for a month, or commit to fit for the year! Our plans include access to all fitness classes, the training area and all swim drop-in classes.

Membership	Single Visit	10 Visits	Monthly	3 Month	1 Year
Youth (12-17 years) / F-T Student (valid ID required)	\$8.50	\$76.50	\$42.50	\$119.00	\$446.25
Adult (18+)	\$11.00	\$99.00	\$55.50	\$155.40	\$582.75
Senior (60+)	\$8.50	\$76.50	\$42.50	\$119.00	\$446.25

<sup>\*</sup>Prices include tax

### **Certified Personal Training**

- Enhances the quality and effectiveness of workouts
- Increases motivation and streamlines time efficiency
- Appointments scheduled at your convenience
- Group training available, contact fitness centre for rate details

# of sessions	30 Minute	60 Minute
1	\$40.50	\$64.00
5	\$192.40	\$304.00
10	\$343.50	\$576.00

<sup>\*</sup>Prices include tax





### Group Fitness, Cycle Fit & Aquafit Classes

- Classes for all levels, led by certified instructors
- Monthly, 3-month, annual, and pay-as-you-go options are available
- Seasonal schedule with no pre-booking required
- Discounts on fitness programs

### fitness programs

### **Child & Family**

### **Boot Camp: Moms & Babies**

Ages 18+	Leisure Centre	\$42

This is an active program for Mom and baby. For Mom, the class includes a cardiovascular aerobic workout and muscle conditioning segment that can use the baby as resistance; for baby, the class is followed by an interactive play program.

Dates	Day	Time	Code
Jul 8 - 22	Tue	11:30 AM - 12:20 PM	36603
Jul 29 - Aug 19	Tue	11:30 AM - 12:20 PM	36604

<sup>\*</sup>shorter session | \$31.50

### Stroller Fit

Ages 18+ Leisure Centre	\$42
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Classes led by an instructor will include brisk walking or jogging with your stroller as well as muscle conditioning activities using tubing or your body weight. Class is for all fitness levels.

Dates	Day	Time	Code
Jul 4 - 25	Fri	10:30 AM - 11:20 AM	36605
Aug 1 - 22	Fri	10:30 AM - 11:20 AM	36606

### Are you a new parent?

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New parents should check with their physician to get permission to resume activity post pregnancy.



Ages 18+ Leisure Centre \$42

This active program is designed to strengthen your postnatal body by using classic movements from Yoga. Baby can be incorporated into the movements of the workout or can sleep/lay beside mom.

Dates	Day	Time	Code
Jul 2 - 23	Wed	11:30 AM - 12:20 PM	36177
Jul 30 - Aug 20	Wed	11:30 AM – 12:20 PM	36178



### Yoga: Prenatal

Ages 18+	Leisure Centre	\$42
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This Yoga is a form of exercise and mediation where breath and specific body positions are used to help connect the mind and body. In addition to modifying positions for pregnancy, prenatal yoga also emphasizes breathing stretches and strengthening moves that help your body prepare for labour. *Participants should check with their physician before enrolling.* 

Dates	Day	Time	Code
Jul 2 - 23	Wed	12:30 PM - 1:20 PM	36865
Jul 30 - Aug 20	Wed	12:30 PM - 1:20 PM	36866

### Youth

### **Intro to Free Weights**

Ages 12-17 Leisure Centre \$42

Interested in using the free weights but not sure where to start? Learn proper technique using free weights for different exercises and different muscle groups (squat, bench press, deadlift). Gain strength and confidence in a fun, safe, small group atmosphere.

Dates	Day	Time	Code
Jul 2 - 23	Wed	5:00 PM - 6:00 PM	36867
Jul 30 - Aug 20	Wed	5:00 PM - 6:00 PM	36868

### **TeenFit for Life**

Ages 10-15	Leisure Centre	\$42
_		

This program is designed as an introduction to fitness in a non-competitive environment. Led by qualified exercise professionals, participants will learn how to work out safely and effectively inspiring body awareness and self-confidence. Each week there will be a short lesson followed by exercise instruction and free workout time where participants can work on what they have been taught.

Dates	Day	Time	Code
Jul 3 - 24	Thu	5:20 PM - 6:20 PM	36741
Jul 5 - 26	Sat	10:30 AM - 11:30 AM	36739
Jul 31 - Aug 21	Thu	5:20 PM - 6:20 PM	36742
Aug 2 - 23	Sat	10:30 AM - 11:30 AM	36740





### **Youth Fitness Orientation**

Ages 12-15	Leisure Centre	\$31
Ages 12-13	Leisure Cerrire	43

Whether your goal is to increase fitness, increase energy, lessen stress or train for sport, this provides a foundation for success. Certified exercise professionals will provide support in a small, group training atmosphere.

Dates	Day	Time	Code
Jul 3 - 10	Thu	7:00 PM - 8:30 PM	36744
Jul 5 - 12	Sat	1:30 PM - 3:00 PM	36746
Jul 6 - 13	Sun	1:30 PM - 3:00 PM	36752
Jul 17 - 24	Thu	7:00 PM - 8:30 PM	36745
Jul 19 - 26	Sat	1:30 PM - 3:00 PM	36749
Jul 20 - 27	Sun	1:30 PM - 3:00 PM	36753
Jul 31 - Aug 7	Thu	7:00 PM - 8:30 PM	36747
Aug 2 - 9	Sat	1:30 PM - 3:00 PM	36750
Aug 3 - 10	Sun	1:30 PM - 3:00 PM	36754
Aug 14 - 21	Thu	7:00 PM - 8:30 PM	36748
Aug 16 - 23	Sat	1:30 PM - 3:00 PM	36751
Aug 17 - 24	Sun	1:30 PM - 3:00 PM	36755

### **Zumba: Kids**

Ages 7-11 Leisure Centre \$42

Zumba® Kids classes feature youth-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, cultural awareness.

Dates	Day	Time	Code
Jul 4 - 25	Fri	5:00 PM - 5:50 PM	36869
Aug 1 - 22	Fri	5:00 PM - 5:50 PM	36870



### **Holiday Closures**

Programs will not run on **July 1** for Canada Day, and **August 4** for the Civic Holiday.





### Off the Barre

Ages 12+	Ballantrae Fie	eld House	\$42
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No Props? No Problem! This class incorporates movements derived from ballet and combines these classical dance movements and positions with those drawn from yoga and Pilates. Off the Barre classes focus on small, pulsing movements with emphasis on form, alignment and core engagement. Bands, yoga straps, exercise balls and light hand weights may be used, making this a great workout for all.

Dates	Day	Time	Code
Jun 30 - Jul 21	Mon	5:30 PM - 6:20 PM	36179
Jul 28 - Aug 25	Mon	5:30 PM - 6:20 PM	36180

### **Together In Movement & Exercise**

Ages 18+	Leisure Centre	\$84
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Having difficulty with balance, coordination or mobility caused by a medical condition? This community-based program was developed by the Toronto Rehabilitation Institute, for those living with, or recovering from, neurological conditions such as stroke, MS, Parkinson's or acquired brain injury. Led by trained instructors, in a safe supportive environment, the program will help participants reclaim their bodies to be able to perform daily tasks.

Dates	Day	Time	Code
Jul 3 - Aug 21	Thu	1:00 PM - 2:00 PM	36743

### Got spare time on your hands?

# Top 4 reasons to start volunteering with us



1 It's rewarding.

Volunteering not only provides an opportunity to discover new things about yourself but also allows you to become more familiar with your community and its resources by getting involved locally.



2 Giving back feels good.

As a volunteer you get to be a part of something bigger and work together with other like-minded people in your community towards a common goal and that feels amazing.



3 It's good for your health.

Volunteering provides both physical and mental incentives from reduced stress to the mood enhancement you get from seeking out opportunities to help.



It can boost your career.

You can test the waters for different careers you might be interested in while gaining experience to boost your resume.

Visit townofws.ca/volunteer for more information.

### aquatic centre

Whitchurch-Stouffville Leisure Centre 2 Park Drive, Stouffville, L4A 4K1 905-642-PLAY (7529)

# 

### **Hours of Operation**

Monday – Thursday Friday Saturday & Sunday

6:00 AM - 10:00 PM 6:00 AM - 9:00 PM 7:30 AM - 7:00 PM

Please note, the pool will be closed from **Monday September 1 - Thursday September 18** for annual maintenance.

### **Aquatic Membership Fees**

Membership	Single Visit	10 Visits	Monthly	3 Month	1 Year
Tot (5 years and under)	\$2.50	\$22.50	\$12.50	\$35.00	\$131.25
Youth (6-17 years) / F-T Student (valid ID required)	\$4.50	\$40.50	\$24.50	\$68.60	\$257.25
Adult (18+)	\$6.50	\$58.50	\$36.00	\$100.80	\$378.00
Senior (60+)	\$4.50	\$40.50	\$24.50	\$68.60	\$257.25
Family	\$12.75	\$114.75	\$68.00	\$190.40	\$714.00

<sup>\*</sup>Prices include tax



### **Summer Sessions Snapshot**

Session Type	Start Date	Parent's Day	End Date	No Lesson
Session 1: Daily Lessons	Mon - June 30	Wed. July 9	Fri. July 11	July 1 - Canada Day
Session 2: Daily Lessons	Mon. July 14	Wed. July 23	Fri. July 25	
Session 3: Daily Lessons	Mon. July 28	Wed. Aug. 6	Fri. Aug. 8	Aug. 4 - Civic Holiday
Session 4: Daily Lessons	Mon. Aug. 11	Mon. Aug. 18	Fri. Aug. 22	
Fridays	Fri. July 4	Fri. Aug. 15	Fri. Aug. 22	
Saturdays	Sat. July 5	Sat. Aug 16	Sat. Aug 23	
Sundays	Sun. July 6	Sun Aug 17	Sun. Aug 24	
Session 1: Mon/Wed Bi-Weekly	Mon. June 30	Mon. July 21	Wed. July 23	
Session 1: Tue/Thu Bi-Weekly	Thurs. July 3	Tues. July 22	Thurs. July 24	
Session 2: Mon/Wed Bi-Weekly	Mon. July 28	Mon. Aug. 18	Wed. Aug. 20	Aug. 4 - Civic Holiday
Session 2: Tue/Thu Bi-Weekly	Tues. July 29	Thurs. Aug. 14	Thurs. Aug. 21	

### Swim for Life: Programming Guide & Checklist

Splish, Splash, Safety:

### Dive into Fun, Swim with Care!

### Here are 5 friendly tips to keep you safe and happy while swimming in the water:

- 1. Learn to Swim: Take some time to learn basic swimming skills and become comfortable in the water. It'll be a lot of fun!
- **2. Stick to Designated Areas:** Swim in places where there are lifeguards or signs saying it's safe. They're there to help you stay safe!
- **3. Buddy Up:** Swimming with a friend is awesome! Having someone to splash around with makes it even more enjoyable.
- **4. Check Water Depths:** Make sure the water is deep enough before diving in.
- **5. Know Your Limits:** Swimming is all about having fun. If you feel tired, take a break and relax. You'll be back to your water adventures in no time!

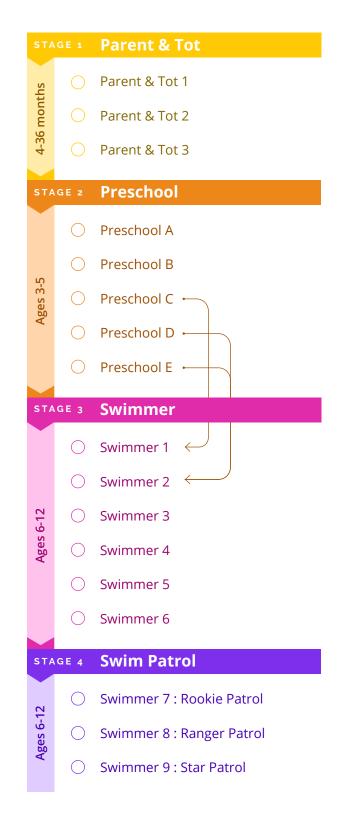
Drop in for a swim!
View our drop-in schedules at townofws.ca/dropin



# Do you want to register your child for swimming lessons, but don't know where to begin?

Stop in during one of our leisure swims and speak to a Deck Supervisor. They will set up a swim assessment, so you can be confident that you are registering your child in the right level.







### **Youth Leadership**

Bronze Star

Junior Lifeguard Beginner & Advanced: Intro (Ages 9-12)

Flip to page 51 to see what other leadership programs we have to offer!

### Adult/Teen

O A

Adult/Teen 1

O Adult/Teen 2

### **Parent's Days**

Note

During the last five minutes of class, the instructor will provide you with your child's progress slip. If you want to take a picture of/with your child, please ask the Deck Supervisor first. See page 33 for dates.

# babies and preschoolers



### Parent & Tot: Level 1 & 2

Ages 4-24 months

Leisure Centre

Assisted by their parents, children will float and kick on their front and back, learn to get their faces wet, and blow bubbles underwater.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$132.75 / 9 Lessons	Mon - Fri	10:30 AM - 11:00 AM	36182
Jul 14 - 25 \$147.50 / 10 Lesson	Mon - Fri	10:30 AM - 11:00 AM	36183
Jul 28 - Aug 8* \$132.75 / 9 Lessons	Mon - Fri	10:30 AM - 11:00 AM	36184
Aug 11 - 22 \$147.50 / 10 Lesson	Mon - Fri s	10:30 AM - 11:00 AM	36185
Jul 5 - Aug 23 \$118 / 8 Lessons	Sat	10:30 AM - 11:00 AM	36181
Jul 6 - Aug 24 \$118 / 8 Lessons	Sun	10:30 AM - 11:00 AM	36186

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

### Parent & Tot: Level 2 & 3

Ages 12-36 months

Leisure Centre

Parents will help their child jump into water and learn to submerge and hold breath underwater. They will also aim to do starfish and pencil floats, as well as kick on both their front and back.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$132.75 / 9 Lessons	Mon - Fri	9:30 AM - 10:00 AM	36188
		5:30 PM - 6:00 PM	
Jul 14 - 25 \$147.50 / 10 Lessons	Mon - Fri	9:30 AM - 10:00 AM	36191
		5:30 PM - 6:00 PM	
Jul 28 - Aug 8* \$132.75 / 9 Lessons	Mon - Fri	9:30 AM - 10:00 AM	36194
		5:30 PM - 6:00 PM	
Aug 11 - 22 \$147.50 / 10 Lessons		9:30 AM - 10:00 AM	36197
		5:30 PM - 6:00 PM	
Jul 5 - Aug 23 \$118 / 8 Lessons	Sat	11:00 AM - 11:30 AM	36187
Jul 6 - Aug 24 \$118 / 8 Lessons	Sun	11:00 AM - 11:30 AM	36200

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday





### **Preschool A**

Ages 3-5

Leisure Centre

Preschoolers will have fun learning to get in and out of the water and start to get comfortable jumping into chest-deep water. They will float and glide on their front and backs, learn to get their faces wet, and blow bubbles underwater.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$132.75 / 9 Lessons	Mon - Fri	10:00 AM - 10:30 AM	36204
\$132.737 5 LESSUIIS		11:00 AM - 11:30 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Jul 14 - 25	Mon - Fri	10:00 AM - 10:30 AM	36209
\$147.50 / 10 Lessons	i	11:00 AM - 11:30 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Jul 28 - Aug 8* \$132.75 / 9 Lessons	Mon - Fri	10:00 AM - 10:30 AM	36214
		11:00 AM - 11:30 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Aug 11 - 22	Mon - Fri	10:00 AM - 10:30 AM	36219
\$147.50 / 10 Lessons		11:00 AM - 11:30 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
 Jul 5 - Aug 23	Sat	11:30 AM - 12:00 PM	36201
\$118 / 8 Lessons		12:00 PM - 12:30 PM	
 Jul 6 - Aug 24	Sun	11:30 AM - 12:00 PM	36224
\$118 / 8 Lessons		12:00 PM - 12:30 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

### **Preschool B**

Ages 3-5

Leisure Centre

Preschoolers learn to jump into chest-deep water by themselves and get in and get out wearing a lifejacket.

They also begin to submerge and exhale underwater.

Wearing a lifejacket, kids will glide both front and back, and learn to kick while on their backs.

Dates	Day	Time	Code
Jun 30 - Jul 11*	Mon - Fri	10:00 AM - 10:30 AM	36230
\$132.75 / 9 Lessons		11:00 AM - 11:30 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Jul 14 - 25	Mon - Fri	10:00 AM - 10:30 AM	36235
\$147.50 / 10 Lessons		11:00 AM - 11:30 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Jul 28 - Aug 8*	Mon - Fri	10:00 AM - 10:30 AM	36240
\$132.75 / 9 Lessons		11:00 AM - 11:30 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Aug 11 - 22	Mon - Fri	10:00 AM - 10:30 AM	36245
\$147.50 / 10 Lessons		11:00 AM - 11:30 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
 Jul 5 - Aug 23	Sat	11:30 AM - 12:00 PM	36227
\$118 / 8 Lessons		12:00 PM - 12:30 PM	
 Jul 6 - Aug 24	Sun	11:30 AM - 12:00 PM	36250
\$118 / 8 Lessons		12:00 PM - 12:30 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday



### **Holiday Closures**

Programs will not run on **July 1** for Canada Day, and **August 4** for the Civic Holiday.





### **Preschool C**

Ages 3-5

Leisure Centre

Preschoolers will try both jumping and sideways entries into deep water while wearing a lifejacket, retrieving objects from the bottom of the pool in waist-deep water, and work on kicking and gliding through the water on both their front and backs.

Dates	Day	Time	Code
Jun 30 - Jul 11* M \$132.75 / 9 Lessons	Mon - Fri	9:30 AM - 10:00 AM	36257
		10:30 AM - 11:00 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Jul 14 - 25	Mon - Fri	9:30 AM - 10:00 AM	36262
\$147.50 / 10 Lessons		10:30 AM - 11:00 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Jul 28 - Aug 8*	Mon - Fri	9:30 AM - 10:00 AM	36267
\$132.75 / 9 Lessons		10:30 AM - 11:00 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Aug 11 - 22	Mon - Fri	9:30 AM - 10:00 AM	36272
\$147.50 / 10 Lessons		10:30 AM - 11:00 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

Dates	Day	Time	Code
Jul 5 - Aug 23	Sat	9:30 AM - 10:00 AM	36253
118 / 8 Lessons	10:30 AM - 11:00 AM		
		12:00 PM - 12:30 PM	
 Jul 6 - Aug 24	Sun	9:30 AM - 10:00 AM	36277
\$118 / 8 Lessons		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	







### **Preschool D**

Ages 3-5

Leisure Centre

These advanced preschoolers will learn to do solo jumps into deeper water and get out all by themselves. Kids will complete sideways entries, open their eyes underwater, master a short swim wearing a lifejacket, and gliding and kicking on their side.

Dates	Day	Time	Code
Jun 30 - Jul 11*	Mon - Fri	10:00 AM - 10:30 AM	36285
\$132.75 / 9 Lessons		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Jul 14 - 25	Mon - Fri	10:00 AM - 10:30 AM	36290
\$147.50 / 10 Lessons		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Jul 28 - Aug 8*	Mon - Fri	10:00 AM - 10:30 AM	36295
\$132.75 / 9 Lessons		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Aug 11 - 22	Mon - Fri	10:00 AM - 10:30 AM	36300
\$147.50 / 10 Lessons		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Jul 5 - Aug 23	Sat	10:00 AM - 10:30 AM	36281
\$118 / 8 Lessons		11:00 AM - 11:30 AM	
		12:30 PM - 1:00 PM	
Jul 6 - Aug 24	Sun	10:00 AM - 10:30 AM	36305
\$118 / 8 Lessons		11:00 AM - 11:30 AM	
		12:30 PM - 1:00 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

### Preschool E

Ages 3-5

Leisure Centre

Kids can get more adventurous with a forward roll entry into the pool while wearing a lifejacket and holding their breath underwater for up to 10 seconds. They will practice front and back crawl, interval training, and get a giggle out of whip kick.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$132.75 / 9 Lessons	Mon - Fri	12:00 PM - 12:30 PM	36309
\$132.737 9 Lessons		7:00 PM - 7:30 PM	
Jul 14 - 25	Mon - Fri	12:00 PM - 12:30 PM	36312
\$147.50 / 10 Lessons		7:00 PM - 7:30 PM	
Jul 28 - Aug 8* \$132.75 / 9 Lessons	Mon - Fri	12:00 PM - 12:30 PM	36315
\$132.7579 Lessons		7:00 PM - 7:30 PM	
Aug 11 - 22 \$147.50 / 10 lessons	Mon - Fri	12:00 PM - 12:30 PM	36318
#147.507 TO IESSOIIS		7:00 PM - 7:30 PM	

### \*No lessons on Canada Day or the Civic Holiday



### children and youth



### **Swimmer 1**

Ages 6-12	Leisure Centre
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Kids will become comfortable jumping into water with and without lifejackets, learning to open their eyes, exhale, and hold their breath underwater. Students will work on floats, glides, and kicking through the water on their front and back.

Dates	Day	Time	Code
Jun 30 - Jul 11*	Mon - Fri	9:30 AM - 10:00 AM	36610
\$132.75 / 9 Lessons		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		5:30 PM - 6:00 PM	
		7:00 PM - 7:30 PM	36616
Jul 14 - 25	Mon - Fri	9:30 AM - 10:00 AM	36616
\$147.50 / 10 Lessons	5	10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		5:30 PM - 6:00 PM	
		7:00 PM - 7:30 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

Dates	Day	Time	Code
Jul 28 - Aug 8* \$132.75 / 9 Lessons	Mon - Fri	9:30 AM - 10:00 AM	36622
\$132.7379 Lessons		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		5:30 PM - 6:00 PM	
		7:00 PM - 7:30 PM	
Aug 11 - 22 Mon - Fri \$147.50 / 10 Lessons	9:30 AM - 10:00 AM	36628	
		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		5:30 PM - 6:00 PM	
		7:00 PM - 7:30 PM	
Jul 5 - Aug 23	Sat	10:30 AM - 11:00 AM	36607
\$118 / 8 Lessons		12:00 PM - 12:30 PM	
Jul 6 - Aug 24	Sun	10:30 AM - 11:00 AM	36634
\$118 / 8 Lessons		12:00 PM - 12:30 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday





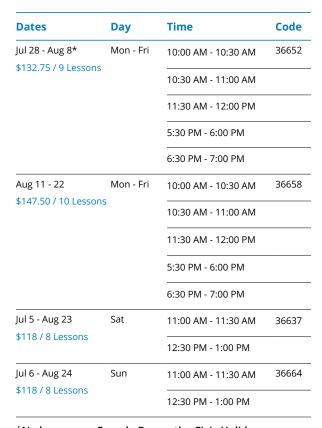
### **Swimmer 2**

### Ages 6-12

Jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. Children will be able to support themselves at the surface without an aid, learn whip kick, swim 10m on their front and backs, and be introduced to flutter kick interval training.

Dates	Day	Time	Code
, j	Mon - Fri	10:00 AM - 10:30 AM	36640
\$132.75 / 9 Lessons	Lessons	10:30 AM - 11:00 AM	
		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Jul 14 - 25	Mon - Fri	10:00 AM - 10:30 AM	36646
\$147.50 / 10 Lessons		10:30 AM - 11:00 AM	
		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday



<sup>\*</sup>No lessons on Canada Day or the Civic Holiday



### **Holiday Closures**

Programs will not run on **July 1** for Canada Day, and **August 4** for the Civic Holiday.



Leisure Centre

### **Swimmer 3**

### Ages 6-12 Leisure Centre

Dive in and do in-water front somersaults and handstands! Kids will work on 15m of front and back crawl and 10m of whip kick. Flutter kick interval training increases to 4 x 15m.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$155.25 / 9 Lessons	Mon - Fri	11:00 AM - 11:45 AM	36667
		6:00 PM - 6:45 PM	
Jul 14 - 25 \$172.50 / 10 Lessons	Mon - Fri	11:00 AM - 11:45 AM	36670
		6:00 PM - 6:45 PM	
Jul 28 - Aug 8* \$155.25 / 9 Lessons	Mon - Fri	11:00 AM - 11:45 AM	36673
		6:00 PM - 6:45 PM	
Aug 11 - 22 \$172.50 / 10 Lessons	Mon - Fri	11:00 AM - 11:45 AM	36676
		6:00 PM - 6:45 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday





### Swimmer 3: Small Group

Dive in and do in-water front somersaults and handstands! Kids will work on 15m of front and back crawl and 10m of whip kick. Flutter kick interval training increases to  $4 \times 15m$ .

Dates	Day	Time	Code
Jun 30 - Jul 11*	Mon - Fri	12:00 PM - 12:30 PM	36534
\$175.50 / 9 Lessons		5:00 PM - 5:30 PM	
Jul 14 - 25	Mon - Fri	12:00 PM - 12:30 PM	36537
\$195 / 10 Lessons		5:00 PM - 5:30 PM	
Jul 28 - Aug 8*	Mon - Fri	12:00 PM - 12:30 PM	36540
\$175.50 / 9 Lessons		5:00 PM - 5:30 PM	
Aug 11 - 22	Mon - Fri	12:00 PM - 12:30 PM	36543
\$195 / 10 Lessons		5:00 PM - 5:30 PM	
Jul 5 - Aug 23	Sat	10:30 AM - 11:00 AM	36531
\$156 / 8 Lessons		11:30 AM - 12:00 PM	
Jul 6 - Aug 24	Sun	10:30 AM - 11:00 AM	36546
\$156 / 8 Lessons		11:30 AM - 12:00 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

### **Swimmer 4**

### Ages 6-12

Leisure Centre

Kids swim 5m underwater, 25m of front and back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. Cap it all off with front crawl sprints over 25m and  $4\times25m$  front or back crawl interval training.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$155.25 / 9 Lessons	Mon - Fri	11:45 PM - 12:30 PM	36679
		6:45 PM - 7:30 PM	
Jul 14 - 25 \$172.50 / 10 Lessons	Mon - Fri	11:45 PM - 12:30 PM	36682
		6:45 PM - 7:30 PM	
Jul 28 - Aug 8* \$155.25 / 9 Lessons	Mon - Fri	11:45 PM - 12:30 PM	36685
		6:45 PM - 7:30 PM	
Aug 11 - 22 \$172.50 / 10 Lessons	Mon - Fri	11:45 PM - 12:30 PM	36688
		6:45 PM - 7:30 PM	

### \*No lessons on Canada Day or the Civic Holiday



Drop in for a swim!
View our drop-in schedules at townofws.ca/dropin





### Swimmer 4: Small Group

### Ages 6-12

Leisure Centre

Kids swim 5m underwater, 25m of front and back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. Cap it all off with front crawl sprints over 25m and 4 x 25m front or back crawl interval training.

Dates	Day	Time	Code
Jun 30 - Jul 11*	Mon - Fri	11:30 AM - 12:00 PM	36552
\$175.50 / 9 Lessons		7:00 PM - 7:30 PM	
Jul 14 - 25	Mon - Fri	11:30 AM - 12:00 PM	36555
\$195 / 10 Lessons		7:00 PM - 7:30 PM	
Jul 28 - Aug 8*	Mon - Fri	11:30 AM - 12:00 PM	36558
\$175.50 / 9 Lessons		7:00 PM - 7:30 PM	
Aug 11 - 22	Mon - Fri	11:30 AM - 12:00 PM	36561
\$195 / 10 Lessons		7:00 PM - 7:30 PM	
Jul 5 - Aug 23	Sat	11:00 AM - 11:30 AM	36549
\$156 / 8 Lessons		12:00 PM - 12:30 PM	
Jul 6 - Aug 24 \$156 / 8 Lessons	Sun	11:00 AM - 11:30 AM	36564
#1307 0 Lessons		12:00 PM - 12:30 PM	

\*No lessons on Canada Day or the Civic Holiday

### Swimmer 5

### Ages 6-12

Leisure Centre

Master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. Refine front and back crawl over 50m swims of each, and breaststroke over 25m. Next, kids will pick up the pace in 25m sprints and two interval training bouts:  $4 \times 50m$  front or back crawl and  $4 \times 15m$  breaststroke.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$155.25 / 9 Lessons	Mon - Fri	10:15 AM - 11:00 AM	36691
		6:15 PM - 7:00 PM	
Jul 14 - 25 \$172.50 / 10 Lessons	Mon - Fri	10:15 AM - 11:00 AM	36694
		6:15 PM - 7:00 PM	
Jul 28 - Aug 8* \$155.25 / 9 Lessons	Mon - Fri	10:15 AM - 11:00 AM	36697
		6:15 PM - 7:00 PM	
Aug 11 - 22 \$172.50 / 10 Lessons	Mon - Fri	10:15 AM - 11:00 AM	36700
		6:15 PM - 7:00 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday



### Holiday Closures

Programs will not run on **July 1** for Canada Day, and **August 4** for the Civic Holiday.



### Swimmer 5: Small Group

### Ages 6-12

Leisure Centre

Master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. Refine front and back crawl over 50m swims of each, and breaststroke over 25m. Next, kids will pick up the pace in 25m sprints and two interval training bouts:  $4 \times 50m$  front or back crawl and  $4 \times 15m$  breaststroke.

Dates	Day	Time	Code
Jun 30 - Jul 11*	Mon - Fri	11:30 AM - 12:00 PM	36570
\$175.50 / 9 Lessons		5:00 PM - 5:30 PM	
Jul 14 - 25	Mon - Fri	11:30 AM - 12:00 PM	36573
\$195 / 10 Lessons		5:00 PM - 5:30 PM	
Jul 28 - Aug 8*	Mon - Fri	11:30 AM - 12:00 PM	36576
\$175.50 / 9 Lessons		5:00 PM - 5:30 PM	
Aug 11 - 22	Mon - Fri	11:30 AM - 12:00 PM	36579
\$195 / 10 Lessons		5:00 PM - 5:30 PM	
Jul 5 - Aug 23	Sat	9:30 AM - 10:00 AM	36567
\$156 / 8 Lessons		11:30 AM - 12:00 PM	
Jul 6 - Aug 24	Sun	9:30 AM - 10:00 AM	36582
\$156 / 8 Lessons		11:30 AM - 12:00 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

### Swimmer 6

### Ages 6-12

Leisure Centre

Rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps, and lifesaving kicks like eggbeater and scissor kick. Kids develop strength and power in head-up breaststroke sprints over 25m.

Learn to easily swim lengths of front crawl, back crawl, and breaststroke!

Dates	Day	Time	Code
Jun 30 - Jul 11* \$155.25 / 9 Lessons	Mon - Fri	9:30 AM - 10:15 AM	36703
		5:30 PM - 6:15 PM	
Jul 14 - 25 \$172.50 / 10 Lessons	Mon - Fri	9:30 AM - 10:15 AM	36706
		5:30 PM - 6:15 PM	
Jul 28 - Aug 8* \$155.25 / 9 Lessons	Mon - Fri	9:30 AM - 10:15 AM	36709
		5:30 PM - 6:15 PM	
Aug 11 - 22 \$172.50 / 10 Lessons	Mon - Fri	9:30 AM - 10:15 AM	36712
		5:30 PM - 6:15 PM	

### \*No lessons on Canada Day or the Civic Holiday





### Swimmer 6: Small Group

Ages 6-12 Leisure Centre

\$195

Rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps, and lifesaving kicks like eggbeater and scissor kick. Kids develop strength and power in head-up breaststroke sprints over 25m.

Learn to easily swim lengths of front crawl, back crawl, and breaststroke!

Dates	Day	Time	Code
Jun 30 - Jul 11*	Mon - Fri	11:30 AM - 12:00 PM	36588
\$175.50 / 9 Lessons		6:30 PM - 7:00 PM	
Jul 14 - 25	Mon - Fri	11:30 AM - 12:00 PM	36591
\$195 / 10 Lessons		6:30 PM - 7:00 PM	
Jul 28 - Aug 8*	Mon - Fri	11:30 AM - 12:00 PM	36594
\$175.50 / 9 Lessons	essons	6:30 PM - 7:00 PM	
Aug 11 - 22	Mon - Fri	11:30 AM - 12:00 PM	36597
\$195 / 10 Lessons		6:30 PM - 7:00 PM	
Jul 5 - Aug 23	Sat	10:00 AM - 10:30 AM	36585
\$156 / 8 Lessons		12:00 PM - 12:30 PM	
Jul 6 - Aug 24	Sun	10:00 AM - 10:30 AM	36600
\$156 / 8 Lessons		12:00 PM - 12:30 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

### Swimmer 7 & 8: Rookie & Ranger Patrol

Ages 6-12 Leisure Centre \$172.50

### **Swimmer 7: Rookie Patrol**

Continue stroke development with 50m swims of front crawl, back crawl, and breaststroke. Lifesaving Sport skills include a 25m obstacle swim and 15m object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness improves in 350m workouts and 100m timed swims.

### **Swimmer 8: Ranger Patrol**

Develop better strokes over 75m swims of each stroke. Tackle Lifesaving Sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$155.25 / 9 Lessons	Mon - Fri	10:00 AM - 10:45 AM	36715
		5:00 PM - 5:45 PM	
Jul 14 - 25 \$172.50 / 10 Lessons	Mon - Fri	10:00 AM - 10:45 AM	36718
		5:00 PM - 5:45 PM	
Jul 28 - Aug 8* \$155.25 / 9 Lessons	Mon - Fri	10:00 AM - 10:45 AM	36721
		5:00 PM - 5:45 PM	
Aug 11 - 22 \$172.50 / 10 Lessons	Mon - Fri	10:00 AM - 10:45 AM	36724
		5:00 PM - 5:45 PM	

\*No lessons on Canada Day or the Civic Holiday





### **Swimmer 9 & Bronze Star**

Ages 6-12 Leisure Centre \$172.50

### **Swimmer 9: Star Patrol**

Swimmers are challenged with 600m workouts; 300m timed swims and a 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defense methods, victim removals and rolling over and supporting a victim face up in shallow water.

### **Bronze Star**

Develops swimming proficiency, lifesaving skill and personal fitness. Candidates refine their stroke mechanics, learn self-rescue skills, and apply fitness principles in training workouts. Bronze Star is excellent preparation for Bronze Medallion and provides a fun introduction to lifesaving sport.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$155.25 / 9 Lessons	Mon - Fri	10:45 AM - 11:30 AM	36727
		5:45 PM - 6:30 PM	
Jul 14 - 25 \$172.50 / 10 Lessons	Mon - Fri	10:45 AM - 11:30 AM	36730
		5:45 PM - 6:30 PM	
Jul 28 - Aug 8* \$155.25 / 9 Lessons	Mon - Fri	10:45 AM - 11:30 AM	36733
		5:45 PM - 6:30 PM	
Aug 11 - 22 \$172.50 / 10 Lessons	Mon - Fri	10:45 AM - 11:30 AM	36736
		5:45 PM - 6:30 PM	

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

### **Private & Semi Private Lessons**

Ages 3+ Leisure Centre

Ideal for children who have struggled with a swim level, kids benefit from focusing on completing specific skills to progress to the next level, one-on-one with an instructor. To turn a private swim lesson into a semi-private lesson, register your first child in a private lesson then contact the aquatic supervisor to add the second child. Both children must be in the same swim level or have similar swim ability. Call (905) 642-PLAY (7529) for registration assistance.



Dates	Price	Day	Time	Code
Jun 30 - Jul 11*	Private: \$288	Mon - Fri	9:30 AM - 7:30 PM	36376
9 Lessons	Semi Private: \$198			
Jul 14 - 25	Private: \$320	Mon - Fri	9:30 AM - 7:30 PM	36408
10 Lessons	Semi Private: \$220			
Jul 28 - Aug 8*	Private: \$288	Mon - Fri	9:30 AM - 7:30 PM	36448
9 Lessons	Semi Private: \$198			
Aug 11 - 22	Private: \$320	Mon - Fri	9:30 AM - 7:30 PM	36481
10 Lessons	Semi Private: \$220			
Jul 4 - Aug 22	Private: \$256	Fri	5:00 PM - 7:30 PM	36859
8 Lessons	Semi Private: \$176			
Jul 5 - Aug 23	Private: \$256	Sat	9:30 AM - 1:00 PM	36359
8 Lessons	Semi Private: \$176			
Jul 6 - Aug 24	Private: \$256	Sun	9:30 AM - 1:00 PM	36514
8 Lessons	Semi Private: \$176			
Jun 30 - Jul 23*	Private: \$256	Mon/Wed	5:00 PM - 8:30 PM	36340
8 Lessons	Semi Private: \$176			
Jul 3 - 24	Private: \$224	Tue/Thu	5:00 PM - 7:30 PM	36352
7 Lessons	Semi Private: \$154			
Jul 28 - Aug 20*	Private: \$224	Mon/Wed	5:00 PM - 8:30 PM	36321
7 Lessons	Semi Private: \$154			
Jul 29 - Aug 21	Private: \$256	Tue/Thu	5:00 PM - 7:30 PM	36333
8 Lessons	Semi Private: \$176			

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

### teen and adult



### Adult/Teen 1

Ages 13+

Leisure Centre

Work towards a 10-15m swim on your front and back. Complete jump entries from the side and recover an object from the bottom of chest-deep water. Improve overall fitness and flutter kicking with  $4 \times 9$ -12m interval training.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$132.75 / 9 Lessons	Mon - Fri	12:00 PM - 12:30 PM	36165
Jul 14 - 25 \$147.50 / 10 Lessons	Mon - Fri	7:00 PM - 7:30 PM	36166
Jul 28 - Aug 8* \$132.75 / 9 Lessons	Mon - Fri	12:00 PM - 12:30 PM	36167
Aug 11 - 22 \$147.50 / 10 Lessons	Mon - Fri	7:00 PM - 7:30 PM	36168

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday

### Adult/Teen 2

Ages 13+

Leisure Centre

Kick it up a notch working on two interval training workouts of  $4 \times 25 \text{m}$  kicking and front or back crawl. Perform dive entries and demonstrate breaststroke arms and breathing over 10-15m. Participants support themselves at the surface for 1-2 minutes and complete handstands in shallow water.

Dates	Day	Time	Code
Jun 30 - Jul 11* \$132.75 / 9 Lessons	Mon - Fri	7:00 PM - 7:30 PM	36169
Jul 14 - 25 \$147.50 / 10 Lessons		12:00 PM - 12:30 PM	36170
Jul 28 - Aug 8* \$132.75 / 9 Lessons	Mon - Fri	7:00 PM - 7:30 PM	36171
Aug 11 - 22 \$147.50 / 10 Lessons	Mon - Fri	12:00 PM - 12:30 PM	36172

<sup>\*</sup>No lessons on Canada Day or the Civic Holiday









### It's a fun way to get experience working in the industry.

Volunteers help us with swim lessons and camp programs, including:

- Practicing skills with swimmers
- Playing games and singing songs
- Organizing equipment

- Tidying the pool deck
- Reporting safety issues
- Assisting with participant supervision

Visit townofws.ca/volunteer for more information.

### Interested in becoming a lifeguard or swim instructor?

This fun, rewarding part-time or summer job provides opportunities to develop personally and professionally.

Visit townofws.ca/careers to see open positions on our aquatics team.

### **Bronze Star**

**Develops swimming** proficiency, lifesaving skill and personal fitness.



### **Bronze Medallion & Emergency First Aid CPR B**

Must be minimum 13 years old or have Bronze Star





### **Bronze Cross**

Must have Bronze Medallion & Emergency First Aid CPR B





### Standard First Aid & CPR C

In order to become a swim instructor or lifeguard, you must first earn this certification

### First Aid & CPR Certified

Lifeguarding





### **Assistant Instructor**

Must be 14 years old and have Bronze Cross. This award is required for employment as a Deck Attendant, however it is not required for the Town's Instructor course





### Tri Instructor

Must be 15+ years old and have Bronze Cross





**Instructor Qualified** 



### Volunteer with us!

Must be at least 14+ years old and have **Bronze Medallion** 



### **National Lifeguard**

Must be 15 years old, have Bronze Cross, and Standard First Aid & CPR



Lifeguard Qualified



### leadership

### **Become a Lifeguard or Swim Instructor!**

Take your first steps into the exciting world of aquatics with our Aquatic Leadership Courses. All Leadership Courses are recognized by the Lifesaving Society of Canada.



### **Bronze Medallion & Emergency** First Aid CPR B

Ages 13+

Leisure Centre

\$240

This course challenges the candidate both mentally and physically. Judgment, knowledge, skill, and fitness - the four components of water rescue - form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross.

Dates	Days	Time	Code
Jun 30 - Jul 11	Mon - Fri	5:00 PM - 7:45 PM	36881
Jul 28 - Aug 8	Mon - Fri	5:00 PM - 7:45 PM	36882
Jul 5 - Aug 23	Sat	10:15 AM - 1:15 PM	36885

### **Bronze Cross**

Ages 13+ Leisure Centre \$195

Swimmers begin transitioning from lifesaving to lifeguarding and prepare for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies; it is a prerequisite for advanced training in the National Lifeguard and leadership certification programs.

Dates	Days	Time	Code
Jul 14 - 25	Mon - Fri	5:00 PM - 7:30 PM	36883
Aug 11 - 22	Mon - Fri	5:00 PM - 7:30 PM	36884
Jul 6 - Aug 24	Sun	10:15 AM - 1:15 PM	36886

### Standard First Aid & CPR C

Ages 12+ Leisure Centre

Comprehensive training covering all aspects of first aid and CPR. Standard First Aid incorporates all of Emergency First Aid and is designed for those who require a more in-depth understanding of first aid including, legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical emergencies.

Dates	Days	Time	Code
Jul 5 - 6	Sat	11:30 AM - 8:00 PM	36872
	Sun	9:30 AM - 6:00 PM	
Aug 16 - 17	Sat	11:30 AM - 8:00 PM	36873
	Sun	9:30 AM - 6:00 PM	

Join our team once you are certified! View our job openings at townofws.ca/careers

### Standard First Aid & CPR C Recertification

\$93 Ages 12+ Leisure Centre

This course reviews a candidate's existing Standard First Aid and CPR skills. Successful completion renews the award for three years.

Date	Day	Time	Code
Jul 26	Sat	10:30 AM - 7:00 PM	36874

### **Assistant Instructor**

Ages 14+ Leisure Centre \$134

Through classroom learning and in-water practice, this Lifesaving Society course prepares candidates to help instructors with swimming and lifesaving classes. Candidates learn roles and responsibilities of instructors and are introduced to key principles of learning and teaching while mastering basic progressions.

Dates	Days	Time	Code
Aug 9 - 10	Sat	11:30 AM - 9:00 PM	36875
	Sun	9:30 AM - 7:00 PM	_





### Instructors: Swim, Lifesaving & Emergency First Aid

Ages 15+ Leisure Centre \$350

Prepares the instructors to teach and evaluate swim strokes and lifesaving skills. Through classroom learning and in-water practice, candidates explore teaching methods, learning strategies and activities, a variety of stroke and skill drills, correction techniques, and evaluation criteria. Practice teaching is emphasized throughout. Please not that class will not be held on Friday, June 13.

Dates	Days	Time	Code
Aug 22 - 29	Fri	5:00 PM - 8:00 PM	36876
Aug 23 - 30	Sat	9:30 AM - 7:00 PM	
Aug 24 - 31	Sun	9:30 AM - 7:00 PM	

Have a friend who might want to explore a swim leadership program with you?



Take the plunge together and dive into training with your friend by your side. Encourage them to sign up with you!

### **National Lifequard**

Ages 15+ Leisure Centre \$270

This course is designed to develop a sound understanding of lifeguarding principles, good judgement, and a mature, responsible attitude toward the role of the lifeguard. The program emphasizes teamwork, leadership, communications, prevention of accidents and treatment of medical emergencies. Participants are taught advanced lifeguarding skills in a lecture format and are required to demonstrate competency in managing various emergency situations within an aquatic environment. Successful completion of this course will certify the candidate in Canada's only recognized lifeguarding award. Please not that class will not be held on Friday, June 13.

Dates	Days	Time	Code
Aug 22 - 29	Fri	5:30 PM - 8:30 PM	36877
Aug 23 - 30	Sat	9:30 AM - 7:00 PM	
Aug 24 - 31	Sun	9:30 AM - 7:00 PM	



### **Aquatic Supervisor Training**

Ages 15+ Leisure Centre \$160

For deck-level supervisory staff, this 10-hour course provides the knowledge and skills beyond National Lifeguard certification to manage a safe environment.

Dates	Day	Time	Code
Aug 1 - 2	Fri	5:45 PM - 9:45 PM	36879
	Sat	9:00 AM - 6:30 PM	

### **Examiners**

Ages 15+ Leisure Centre \$85

The first in a 3-step process, preparing candidates to successfully apprentice as an Examiner on the exam of their choice. This course builds on the evaluation experience that candidates have attained in the instructorevaluated content. Examiners are experienced instructors with teaching experience: they must have taught or cotaught at least one course in the stream(s) in which they seek certification as an examiner.

Dates	Day	Time	Code
Aug 3	Sun	10:00 AM - 5:00 PM	36880

### **SEE (Supervision Evaluation** and Enhancement) Auditor

Ages 15+ Leisure Centre

Designed to give participants the knowledge, training, and tools required to evaluate the effectiveness of lifeguard and instructor supervision using Lifesaving Society SEE checklists.

Date	Day	Time	Code
July 31	Thu	5:45 PM - 9:45 PM	36878

# **BONDE**

# Whitchurch-Stouffville Museum & Community Centre

14732 Woodbine Avenue, Stouffville, L4A 2K9 905-727-8954



With engaging exhibits, interactive programs, and a collection of over 18,000 artifacts, the Whitchurch-Stouffville Museum is a must-visit destination. Admission is FREE! Visit wsmuseum.ca for upcoming events, exhibits, and more!

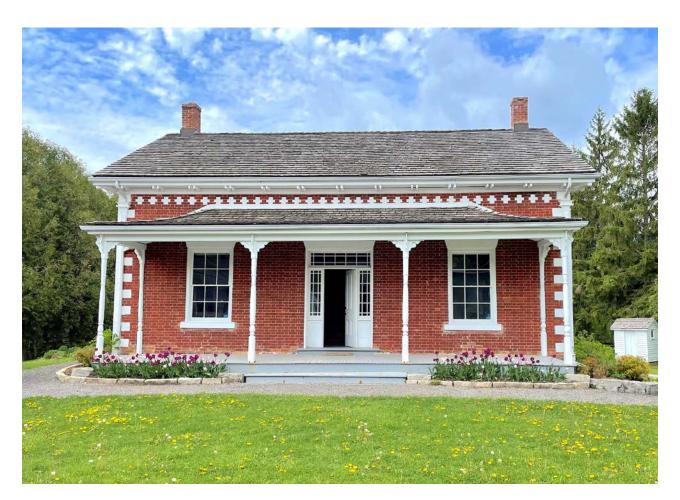
### **Hours of Operation:**

Wednesday – Saturday

10:00 AM - 4:00 PM

### **Questions?**

Contact us by email at **wsmuseum@townofws.ca** or by phone at 905-727-8954 or 1-888-290-0337.



The Whitchurch-Stouffville Museum and Community Centre provides programs and services that showcase our community's history.

Since opening in 1971, the site has grown from the original museum building – the Bogarttown Schoolhouse (1857) – and now includes six historic buildings, exhibition galleries, and modern amenities.

### **Local Research**

If you are interested in researching your family history or the history of a heritage home in our Town, staff would be happy to provide access to the historic documents and photographs in our archives. The Research Room is available by appointment only. Contact staff at wsmuseum@townofws.ca to book your appointment.

**FREE** 

### museum

### **Programs & Events**

### **Doors Open Whitchurch-Stouffville**

All Ages WS Museum/Various Locations FREE

Take part in Doors Open Whitchurch-Stouffville by exploring the community for FREE. Each attraction will offer a unique experience. Participate in behind-the-scenes tours, activities, and more. For more information including a complete list of this year's sites, visit doorsopenontario.on.ca.

Date	Day	Time
Jun 7	Sat	10:00 AM - 4:00 PM



### NEW

### Unreconciled: Healing, Truth, and Making Meaningful Change

A II A ====	10 am tha Davil	EDEE
All Ages	19 on the Park	FREE

Join Jesse Wente – writer, broadcaster, speaker, and arts leader – as he discusses his national bestseller, "Unreconciled: Family, Truth, and Indigenous Resistance." Wente's debut book was picked as one of 2021's best books by Chapters-Indigo, Apple Books, and The Globe and Mail. Using stories from his life and his family's history, Wente takes stock of the current state of truth and reconciliation in Canada, the challenges that exist to achieving both truth and reconciliation, and what can be done to further the process. This talk will be followed by a live Q&A and book signing. Registration available now.

Date	Day	Time	Registration
Jun 10	Tue	7:00 PM - 8:30 PM	Eventbrite



### 52nd Annual Antique & Classic Car Show

All Ages Whitchurch-Stouffville Museum FREE

Join us as Exhibitors from across southern Ontario display their prized antique & classic cars at the Museum's 52nd Annual Antique & Classic Car Show! This award-winning long-running family favourite includes a feature car, food vendors, demonstrations, and more.

Dates	Day	Time
Aug 10	Sun	11:00 AM - 4:00 PM



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### Host your event or book a tour!

We accept bookings for education programs, group tours, and all types of rentals (including corporate rentals and weddings).

### **Exhibits**

### NEW

### Worthy: The History of the Royal Canadian Armoured Corps

All Ages Whitchurch-Stouffville Museum FREE

This exhibit, presented by the Canadian Tank Museum, explores the history of one of Canada's most storied fighting forces, the Royal Canadian Armoured Corps (RCAC), and its founder, Major-General Frederic Franklin Worthington. In this exhibit, visitors will discover how Canada's tank and armoured vehicle units have evolved from cavalry and armoured cars in the First World War to some of the world's most advanced main battle tanks and fighting vehicles that protected Canadian troops in Afghanistan. They also will learn how "Worthy," as his troops knew him, had a massive impact on the fighting prowess and professional skills of the Canadian Army's armoured units and why he remains at the centre of their history, identity, and culture.

Dates	Day	Time
Jun 28 - Sep 27	Wed - Sat	10:00 AM - 4:00 PM



### Killing the Indian in the Child: Generations Lost

Youth/Adult Whitchurch-Stouffville Museum

Presented by the Legacy of Hope Foundation and
Department of Canadian Heritage, this exhibit describes
the impact of the residential school system on Indigenous
children and their families. This exhibition contains difficult
subject matter that may be disturbing to some visitors.

Dates	Day	Time
Until Jun 28	Wed - Sat	10:00 AM - 4:00 PM



### NEW

### Fighting in Flanders: Gas. Mud. Memory.

All Ages Whitchurch-Stouffville Museum

This exhibition explores the Canadian experience in Belgium during the First World War. It is presented in a series of four panels using photographs, personal testimonials and reproductions of art. The exhibition covers the invasion of Belgium in 1914, the Battle of Ypres in 1915 and the Battle of Passchendaele in 1917. The final panel highlights how memory of the First World War remains an integral part of life in Flanders.

Dates	Day	Time
Aug 2 - Dec 20	Wed - Sat	10:00 AM - 4:00 PM

### 19 on the Park

19 Civic Avenue, Stouffville, L4A 1G5 905-640-2322

Beautifully-restored heritage theatre in the heart of downtown Stouffville, 19 on the Park is home to live music, programs, community events and more!



### Looking to purchase tickets?

Visit 19onthepark.ca or call (888) 655-9090 to purchase tickets today!

### Host your special event!

We accept bookings for all types of rentals including family events, corporate meetings, recitals, live shows and more.

### For rentals or other inquiries:

Please email us at 19onthepark@townofws.ca

### **Theatre Events**

19 on the Park offers an incredible Summer Patio Series which includes three exciting experience-driven musical performances.

### **FREE Summer Concerts**

Join us for our upcoming Patio Series this summer at 19 on the Park! Patio Shows are FREE to attend, and no registration is required. Reserved seating is on a first-come, first-served basis. Gates open one hour prior to each performance – arrive early to secure your seat!

### Country on the Patio featuring The Band Caves

### Thursday, June 26

Patio opens at 7:00 pm, music starts at 8:00 pm

Grab your favourite western hats and kick the mud off your boots for an unforgettable night of country music! Plus, we'll be announcing our 2025–2026 Concert Series lineup. Don't miss the big reveal!





### '80s on the Patio featuring UK Calling

### Thursday, July 17

Patio opens at 7:00 pm, music starts at 8:00 pm

Break out the neon and tease that hair—it's time to rock out to the biggest hits of the 80s!

### Best of British on the Patio featuring British Invasion

### Thursday, August 14

Patio opens at 7:00 pm, music starts at 8:00 pm

From The Beatles to The Rolling Stones, we're bringing the best of British rock & pop to the patio!



### The show must go on!

Performances will be moved indoors in the case of inclement weather.



### Parks & parkettes

### **Amenities**



**Parking** 



Basketball



**Cricket Pitch** 



Picnic/Rest



**Tennis Court** 





**Ball Diamond** 



Fitness Equipment







**Oval Track** 





Toboggan Hill



**Skating Trail** 

\*Skating Rink

Pickle Ball

Court





\*Open in winter months, subject to weather conditions. If you'd like to volunteer help maintain your local rink, contact leisure.services@townofws.ca

### **Neighbourhood Parks**

Byer's Pond Park Byer's Pond Way (South of Hoover Park Dr) Lehman's Pond Willow Way St (East of Millard St)

**Greenwood Park** Greenwood Rd & Alderwood St

Wheler's Mill Park Hoover Park Dr

& Mostar Dr

Gar Lehman Park Reeves Way & Joseph Todd

Madori Park Millard St & Winlane Dr

Sunnyridge Park Sunnyridge Ave & Hoover Park Dr



**Our Neighbourhood Parks & Parkettes** also have a wide variety of amenities!

Visit **townofws.ca/parks** for more details.

### **Community Parks**

### **Ballantrae Park** Aurora Rd (East of Hwy 48)





### **Bethesda Sport Fields** Bethesda Rd (East of Ninth Line)









### **Coultice Park** Mussleman's Lake East side of Ninth Line











### Dog Park

Rougeview Ave (Behind Staples)







### Memorial Park & Wayne **Emmerson Skatepark** Burkholder St & Park Dr













### Rupert Park Rupert Ave & West Lawn Cres



### Stouffville Arena & Connell-Franklin Track Ninth Line (North of Main St)











### **Vandorf Park**

Vandorf Sideroad & Woodbine Ave













### **Parkettes**

### **Aspen Crescent** Aspen Cres

Baker Hill Baker Hill Ave & Millard St

Bayberry West of Stouffville Reservoir

**Boadway** Boadway Dr

**Bramble Crescent** Bramble Cres

Dougherty Dougherty Rd

### **Dannor** Sandiford Dr & Dannor Ave

Fairlee

Fairlee Circle

**Felcher Park** Felcher Blvd & Iroquois Dr

Greenforest Reeves Way & Joseph Todd

Loretta Katherine Cres

### Lemonville

McCowan Rd (South of Bloomington Rd)

### Miltrose

Miltrose Crt (South of Sunset Blvd & East of Ninth Line)

### **Reeves Way** Reeves Way

Savoia Grayfield Dr

**Shane Court** Shane Ct

### **Stouffer Street** (accessible)

Stouffer St & Hawthorne St

### Summerfield Summerfield Ave

Summitview Thicketwood Blvd & Stuart Dr

### Tresstown

Sunnyridge Ave & Filbert Ct

Waite Crescent Waite Cres



### **Outdoor** recreation



# Hiking & walking trails

Our extensive trail network is popular among avid cyclists, joggers, and families out for leisurely dog walks. There are many options just outside your door, including local trails and more expansive tracts that connect to the larger forested areas in York Region and Rouge Park.

### Off-leash dog park

The Town of Stouffville offers one off-leash dog park. Rougeview Dog Park is a permanent fenced-in facility, providing a safe, off-leash environment for dogs, large and small, to interact, socialize, and play. The leash-free dog park is located at 300 Rougeview Avenue just east of the SmartCentre Walmart Plaza.

### Skateboard park

Located at the south end of Memorial Park, adjacent to Hoover Park Drive, the Wayne Emmerson Skate Park is approximately 5000 sq. ft. and offers features suitable for varying age groups and skill levels. It has been named after former Mayor, Wayne Emmerson.

### Spray pads

Spray pads are interactive water play areas (with continuous draining and no standing water) that are open June through mid-September from  $9:00~\mathrm{AM}-8:00~\mathrm{PM}$ 

- Coultice Park
- Sunnyridge Park
- Greenwood Park

- Madori Park
- Byer's Pond Park
- Wheler's Mill Park
- Gar Lehman Park

### Outdoor rinks

Outdoor winter ice rinks in Stouffville operate as the winter weather allows. When weather conditions permit, volunteers and Town staff will build and maintain ice rinks at the following locations:

- Greenwood Park
- Wheler's Mill Park
- Gar Lehman Park
- Vandorf Park
- Sunnyridge Park

### Tennis & pickleball

- Ballantrae Park: 4 lit tennis courts
- Memorial Park: 2 tennis courts / 8 pickleball
- Stouffville Arena: 4 lit tennis courts / 8 pickleball
- Sunnyridge Park: 2 tennis courts
- Vandorf Park: 2 tennis courts / 4 pickleball



### **Multi-Purpose Trail**

The Memorial Park Multi-Purpose Trail is now open for the summer season! Come enjoy this exciting new family-favourite.



### **Disc Golf**

Complete with five holes, the new Disc Golf Course is now open at Greenwood Park!

### Soccer fields & cricket pitches

- Stouffville Arena: 2 lit regulation pitches and 1 unlit secondary field (east of lit pitches)
- Bethesda Park: 1 lit regulation, 2 lit mini and 4 unlit mini soccer fields

# Baseball & softball diamonds

- Bethesda Park: 3 adult diamonds
- Memorial Park: 1 adult (with bleachers), 1 junior diamond
- · Rupert Park: 1 junior diamond
- Vandorf Park: 1 adult diamond
- Whelers Mill: 1 junior diamond
- Byers Pond: 1 junior diamond



### Learn more!

Get more info about our outdoor recreation opportunities at **townofws.ca/openspaces** 

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### Spring/Summer Events

A wide range of family-friendly events are available to residents, from festive celebrations to live music, performances, and large multi-day festivals.













• Memorial Park







Want to stay up to date on event details? Visit townofws.ca/events and also find out how to sponsor or volunteer!

### **Stay Connected** with Stouffville!

Join us on social media to stay up to date, get involved, and celebrate our vibrant community!

### **G** Facebook

@TownofStouffville

@StouffvillePlay

@wsfes

@wsplibrary

@wstownhall

### in LinkedIn Whitchurch-Stouffville

**O** Instagram @TownofStouffville

@StouffvillePlay

XX

@TownofWS

@ws\_townhall

### Follow us and stay in the loop - there's always something going on in Stouffville!





### Talk of the Town Podcast

Our weekly podcast, Talk of the Town, is your best way to stay up to date on everything that goes on in Stouffville. Released every Tuesday, the podcast is chock-full of news, event happenings, upcoming projects, job announcements, and Council updates. Listen on Soundcloud.com or right on our website, townofws.ca

### Talk of the Town eNewsletter

The Talk of Town eNewsletter compliments the podcast of the same name and is distributed every other week. It is full of news, events, and other important information you need to know. Sign up to get Stouffville news right in your inbox at townofws.ca/enews

### Visit our News Feed

Everything you need to know is posted on the townofws.ca news feed. We have six categories of news you can subscribe to, or just visit the website on a regular basis to see what is new. Recreation, entertainment, fire services, museum, and Council-related items are posted on a regular basis. Don't miss a single story!





### Register for programs by scanning, or at townofws.ca/active

\*Memberships, activities, and programs are subject to HST. Non-residents are subject to a 20% surcharge to register in Town of Whitchurch-Stouffville programs.

### Whitchurch-Stouffville Leisure Centre

2 Park Dr Stouffville, ON L4A 4K1 leisure.services@townofws.ca 905-642-PLAY (7529) townofws.ca

**Hours** (Summer – June 30 – Sept 1)

Monday – Thursday Friday Saturday & Sunday 6:00 AM - 10:00 PM 6:00 AM - 9:00 PM 7:30 AM - 7:00 PM

Registration for residents opens June 3, 2025. **See page 3 for details.** 

