



Monday, October 14, 2024

# Thanksgiving at the Leisure Centre

**Leisure Centre**                      **7:30 AM – 12:00 PM**

**Fitness Centre**                      **7:30 AM – 12:00 PM**

**Please note the following:**  
Registered programs will not be running on this date.

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## Drop-in Programs

### Fitness

- Cycle Fit ..... 9:30 AM – 10:20 AM
- Forever Fit ..... 9:30 AM – 10:20 AM
- Muscle Matters ..... 10:30 AM – 11:20 AM

### Aquatics

- Lane Swim ..... 7:35 AM – 9:30 AM
- Family Swim ..... 9:30 AM – 10:30 AM
- Aquafit ..... 9:35 AM – 10:25 AM
- Leisure Swim ..... 10:30 AM – 12:00 PM

### Gymnasium

- Parent & Tot ..... 8:00 AM – 10:00 AM  
5 yrs & under
- Family Basketball ..... 10:30 AM – 12:00 PM  
6-12 yrs + adult

For more information, visit [townofws.ca/dropin](https://townofws.ca/dropin)