

# STOUFFVILLE 55+ CLUB

## NEWSLETTER

### LOOKING AHEAD



**Registration for spring programs is now open.** There are several new registered programs available and an addition of new evening programs to discover this season. Members are encouraged to register to secure their spot in classes and to avoid cancellations due to low enrollment. The Spring Playbook is available online at <https://www.townofws.ca/play/recreation/programs/play-book/> Physical copies of the Playbook are available at the Stouffville 55+ Club.

Thursday afternoons are full of fun and meaningful connection with **CHATS** programming running from 1:30pm-3:30pm. Games, music, exercises, guided discussion and meeting new friends round out this dynamic afternoon of activity. CHATS is drop-in based and carries a fee of \$5, paid cash to CHATS representative upon



arrival. New faces are always welcome.



Our **free, monthly hearing clinic** sponsored by HEAR Canada operates from 9:30am-12:00pm the first Thursday of each month and provides battery checks and help with replacement, cleaning, initial hearing screening, and the opportunity to ask questions of an audiologist. Spaces book quickly. Register at the front desk of 6240 Main Street for your appointment time.

The **monthly foot care clinic** facilitated by Memories Plus Group Home Healthcare Services operates from 9:30am-11:00am the third Thursday of each month and provides diabetic foot care, and treatment for dry, cracked heels, calluses, corns, ingrown, or fungal toenails. Spaces are limited. Register by visiting the front desk of 6240 Main Street or emailing [nora.jones@townofws.ca](mailto:nora.jones@townofws.ca) Your appointment time will be confirmed by phone one week in advance of appointment. \$60 cost for services will be paid at time of appointment, directly to the nurse.



Unsure of whether you need care at the monthly foot clinic? Come out for a **free education session on the importance of foot care for overall health**. Hosted by Memories Plus Group Home Healthcare Services on **Tuesday, March 12<sup>th</sup> at 1:30pm**. Register at the front desk of 6240 Main Street, online via Activenet (barcode 33205) or by emailing Nora Jones.

The Stouffville 55+ Club **monthly Town Hall** meeting will be held on **Wednesday, March 13<sup>th</sup> at 10:30am**. All members are invited to attend this informational meeting to hear about upcoming programs, special events, receive operational updates and discuss items of interest during the open forum. No registration is required. Meetings are held on the second Wednesday of the month. Alternating daytime and evening meeting times will resume in the late spring. \*Billiards will end at 10:30 on March 13<sup>th</sup> to accommodate the Town Hall.

Meal planning can be a time consuming and stressful tasks, especially when you are looking for healthy options. Register for the **free, Heart to Home meal kit, food tasting and lunch, Monday, March 18<sup>th</sup> at 11:30am**. See flyer below for more information. Register via Activenet (barcode 33238) at the front desk of 6240 Main Street or by emailing Nora Jones. \*Table Tennis will be cancelled on March 18<sup>th</sup> to accommodate the lunch.



**Interested in trying the game of cornhole?** Come out on Monday, March 25<sup>th</sup> at 1pm to 6240 Main Street. No registration required. Start warming up your throwing arm now...

## Service Canada

Do you need assistance accessing information for tax season from your **My Service Canada Account**? Would you like help applying for the **Canadian Dental Care Plan**? Register for a free clinic appointment with a Service Canada representative in March. Appointment times available **Tuesday, March 19<sup>th</sup> from 10am-12pm** and **Tuesday, March 26<sup>th</sup> from 2pm-4pm**. Register at the front desk of 6240 Main Street or by emailing Nora Jones.

In the interim, Service Canada has provided helpful links to get started on your own:

- [Canadian Dental Care Plan - Canada.ca](#) – Canadian Dental Care Plan
- [eServiceCanada - Service Request Form](#) - Service Request form online
- [Request a PAC - Canada.ca](#) -To create a My Service Canada Account
- <https://benefitsfinder.services.gc.ca/hm?cl=true&GoCTemplateCulture=en-CA> - Benefits Finder Tool

**A reminder that 6240 Main Street will be closed on Friday, March 29<sup>th</sup> for Good Friday and Sunday, March 31<sup>st</sup> for Easter Sunday.**

Pat M is curating a “guessing game” theme for our display box. If you have an antique item which may leave folks scratching their heads, contact Nora Jones or the front desk to arrange drop off.

**Looking for a volunteer opportunity? Interested in giving old stamps, new life?** Join Stouffville 55+ Club member Diane W in collecting and preparing old stamps for donation to the Canadian Leprosy Foundation. All members are encouraged to donate old, used stamps to this cause (a donation box will be available in the lounge) Thank you for the donations which have already come in. For more information on volunteering, please email [nora.jones@townofws.ca](mailto:nora.jones@townofws.ca)

## AND THE WINNERS ARE...

### SCORES FEBRUARY 2024

#### DUPLICATE BRIDGE

February 6: N/S, Marg & Donna; E/W, Norma & Daphne. February 13: N/S, Cathy & David; E/W, Norma & Daphne. February 20: N/S, David & Cathy; E/W, Ron & Mary.

#### CONTRACT BRIDGE

February 2: Peg, 3,600. February 7: Dot, 4,530 edging out Angelo (4,130). February 9: Doris, 3,820. February 14: Barry, 4,110. February 16: Barry, 5,070. February 21: Jane, 4,790. February 23: Kelly, 5,400. February 28: Nick, 5,060.

#### MAH JONG

February 1: Judy, 3,026 edging Fanny 2,958. February 8: Judy, 6,190 (4,864 in one hand!). February 15: Donna, a fantastic 19,968! February 22: Evelyn, 2,812, edging out Anna (2,790). February 29: Donna, 2,912.

#### BID EUCHRE

February 2: 1<sup>st</sup>, Peg, 309; 2<sup>nd</sup>, George, 291; 3<sup>rd</sup>, Alvin, 281; 4<sup>th</sup>, Lamont, 268. February 9: 1<sup>st</sup>, Jane, 287; 2<sup>nd</sup>, Fanny, 275; 3<sup>rd</sup>, Denise, 273; 4<sup>th</sup>, Alvin & Carol, 270; moonshots, Jane (2). February 16: 1<sup>st</sup>, Dorothy, 303; 2<sup>nd</sup>, Adam, 291; 3<sup>rd</sup>, Clark, 268; 4<sup>th</sup>, Dina, 256; moonshots, Dina & Peg. February 23: 1<sup>st</sup>, Keith, 258; 2<sup>nd</sup>, Marilyn, 253; 3<sup>rd</sup>, Marg, 250.

#### Donna’s Fantastic Hand of 19,968 points, from a base count of 78!

2 points and 1 double for off-the-wall, 1 double for all pongs, 1 double for all one suit, 2 doubles for two #1 flowers, 1 double for East Wind, 1 double for South Wind, 1 double for the Green Dragon

**A reminder that official scoring for all games starts at 1pm.**

For information about our Drop-In card games, visit the front desk of 6240 Main Street or email Nora Jones at [nora.jones@townofws.ca](mailto:nora.jones@townofws.ca)

Continued thanks to Carol Morin for helping us to celebrate our game-playing communities’ wins through gathering and organizing score information.



## BOOK CLUB INFORMATION

**Afternoon Book Club 1** , **2**, and **Evening Book Club** are all close to full registration. If you have interest in joining a book club, please visit the front desk of 6240 Main Street or contact Nora Jones as **Afternoon Book Club 3** will be meeting the second Friday of each month.

**Afternoon Book Club 1** meets on the 4<sup>th</sup> Friday of the month at 1:30pm. **Afternoon Book Club 2** meets on the 3<sup>rd</sup> Friday of the month at 1:30pm. **Evening Book Club** meets monthly on the 4<sup>th</sup> Wednesday of each month at 7:00pm. All book clubs meet at 6240 Main Street.

## LUNCH REMINDER

There will be no, regular 55+ Club Lunch in March. We are grateful our volunteer team and their fearless leader Mary are allowing themselves to take a well-deserved reprieve.

**April's Club Lunch will take place on Friday, April 12<sup>th</sup>.** The menu will feature Moussaka (with ground beef in it) green beans, salad, bread & butter, and cake & ice cream. Registration cost for the lunch is \$21, HST included. **Registration for the April lunch will open at 9:30am on Friday, March 15<sup>th</sup>.** You can register on Activenet (barcode 33241) in-person at 6240 Main Street or by emailing [nora.jones@townofws.ca](mailto:nora.jones@townofws.ca) Early registration requests will not be processed.

If you have food sensitivities or wish to reserve a table of 6 or more email: [maryedavidson@gmail.com](mailto:maryedavidson@gmail.com)  
Drop-in programs will be cancelled on April 12<sup>th</sup>.





# VOLUNTEERS Needed



*We're celebrating 40 years  
of bringing our community together.  
Be a part of the tradition.*

Join the festival family  
by emailing  
[info@strawberryfestival.ca](mailto:info@strawberryfestival.ca)



**STOUFFVILLE 55+ CLUB**

## MONTHLY TOWN HALL MEETING

- HEAR ABOUT PROGRAM UPDATES
- SHARE FEEDBACK ON ACTIVITIES
- CONNECT WITH STAFF & OTHER MEMBERS

THE SECOND WEDNESDAY OF THE MONTH | 10:30 AM  
6240 MAIN STREET | LOUNGE

**STOUFFVILLE  
55+ CLUB  
PRESENTS...**



# Heart to Home

## Food Tasting and Lunch

Enjoy a tasting of the  
Heart to Home meal  
offerings and a  
complimentary lunch

**Monday  
March 18 at  
11:30am**

Register at the front  
desk of 6240 Main Street  
or by emailing  
[nora.jones@townofws.ca](mailto:nora.jones@townofws.ca)



 **Stouffville**



Winter 2024 Drop-in Schedule

# 55+ Club Schedule

January 2 – March 31, 2024

**Note** Occasional cancellations may occur due to special events and holidays. Schedule subject to change. Please check the website for cancellations.

6240 Main Street

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>A.M. PROGRAMS</b>						
Chinese Public Square Dancing 9:30am – 11:00am	Tap Dancing (Seated)* 11:00am – 11:30am	Chinese Public Square Dancing 9:30am – 11:00am	Practice Bridge* 10:00am – 11:30am	Chinese Public Square Dancing 9:30am – 11:00am		Open Lounge 11:00am – 1:00pm
Billiards, Snooker and Table Tennis 9:30am – 4:00pm	Tap Dancing (Standing)* 11:30am – 12:00pm	Billiards, Snooker and Table Tennis 9:30am – 11:00am		Billiards and Table Tennis 9:30am – 11:00am		
<b>P.M. PROGRAMS</b>						
Art – Painting, Colouring Circle 1:00pm – 4:00pm BYO Materials	Canasta/Hand & Foot 1:00pm – 4:00pm	Contract Bridge 1:00pm – 4:00pm	CHATS Program (\$5) 1:30pm – 3:00pm	Contract Bridge and Euchre 1:00pm – 4:00pm		
	Duplicate Bridge 1:00pm – 4:00pm	Knitting/Crochet/Needlework Circle 1:00pm – 4:00pm BYO Materials	Cribbage 1:00pm – 4:00pm	Evening Bid Euchre 6:30pm – 10:00pm		
			Mahjong 1:00pm – 4:00pm			

**Note** \*Program requires registration. Please call 905-642-7529 ext. 5332 or email 55plus@townofws.ca to register. | Please see the other side of this page for important information.