



Monday, October 12

Thanksgiving at the Leisure Centre

Leisure Centre **7:30 AM – 12:00 PM**

Fitness Centre **7:30 AM – 12:00 PM**

Please note the following:
Registered programs will not be running on this date.

Drop-in Programs

Fitness

- Cycle Fit 9:30 AM – 10:20 AM
- Forever Fit 9:30 AM – 10:20 AM
- Muscle Matters 10:30 AM – 11:20 AM

Aquatics

- Lane Swim 7:35 AM – 9:30 AM
- Family Swim 9:30 AM – 10:30 AM
- Aquafit 9:35 AM – 10:25 AM
- Leisure Swim 10:30 AM – 12:00 PM

Gymnasium

- Parent & Tot 8:30 AM – 10:00 AM
5 yrs & under
- Family Basketball 10:30 AM – 12:00 PM
6-12 yrs + adult

For more information, visit townofws.ca/dropin